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Nov. - Dec. 2016

building a better tomorrow....

UNIVERSAL CHILDREN'S DAY



وہ سب معصوم سے چہرے تلاشِ رزق میں گم ہیں
جنہیں تتلی پکڑنا تھی ، جنہیں باغوں میں ہونا تھا

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From the Editor's Desk!

Assalamu Alaikum,

Greeting and warm welcome to our November/ December 2016 issue. We know that Universal Children's Day celebrate on every year on 20th November and its aims to promote international togetherness, awareness among children worldwide, and improving children's welfare.

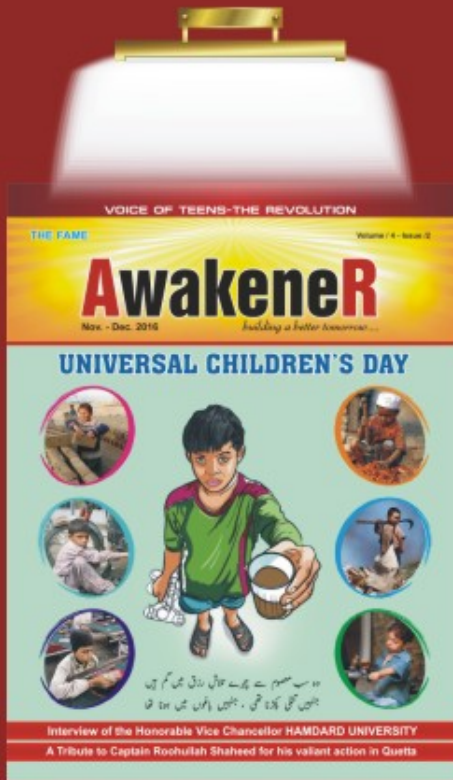
According to UNICEF, every year millions of children around the world become victims of untold violence. Children in every country, every culture and at every social level face various forms of abuse, neglect, exploitation and violence. The abuse takes place at home, in school, in institutions and at work.

As a Pakistani, it is our national responsibility to work on identifying children's creativity and build their confidence to present our country image in the competitive world.

Please read the November issue to know child labor in Pakistan.

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سمیر ایلیج
شاہدہ کراچی

نظم

جو قوم رہی ہے مغرور ہمیشہ سے.....

اس قوم کے لیے،

احساس کیسا، احترام کیسا، احتجاج کیسا،

کہ ہم امت ہیں رسول ﷺ کی،

اگر چلیں سیدھی راہ پر تو،

گناہ کیسا، گمان کیسا، شبہ کیسا!

نہ مٹا خود کو ان انسانوں پر.....

اے مسلمان.....

کہ تم پیدا تو ہوئے تھے فقط خدا کی عبادت کے لیے.....

جھانکتا رہتا ہے ہر وقت دوسروں کے گریبانوں میں.....

جاننا نہیں کہ تیرے خود کے اندر نقص کے چھالے ہیں کتنے.....

کرو، اگر کر سکتے ہونیکیاں بھر پور.....

کہ قیامت میں اب اور دن باقی ہیں کتنے؟؟



سونے کے آداب

سنت نبوی ﷺ اور جدید سائنس

Salutation of Sleeping: Sunnah or Muhammad (PBUH) & Modern Science

حضور ﷺ دائیں جانب رو قبلہ ہو کر آرام فرماتے تھے۔ (اسوۃ رسول ﷺ)

”حضرت عن میمونہؓ سے روایت ہے کہ آپ ﷺ بیدار ہو کر آنکھوں کو ملتے تھے، بستر پر کچھ دیر بیٹھتے۔“

رحمۃ اللعالمین ﷺ کا اُسوہ تھا کہ آپ ﷺ کھانے کے فوراً بعد قیلولہ (آرام) فرماتے۔ (انہجہ) (انہجہ میں دس آیات پڑھتے ہیں)

Benefits of Sleeping According to Sunnah in the Light of Medical Science

- دائیں کروٹ لیٹنے سے معدے اور آنتوں کا بوجھ دل پر نہیں پڑتا ہے جس کی وجہ سے دوران خون متاثر نہیں ہوتا۔
- دائیں کروٹ سونے سے دل مطلق رہتا ہے اور شدید گہری نیند نہیں آتی یعنی ذرا سی آہٹ پر آنکھ کھل جاتی ہے اور کسی بھی ناگہانی صورت میں انسان اپنی حفاظت کر سکتا ہے اور صبح سویرے عادت کا بھی سبب بنتا ہے۔
- بیداری کے بعد بستر پر چند لمحوں کے لئے بیٹھنے سے اور دونوں ہاتھوں سے آنکھیں ملنے سے دل کی دھڑکن کو جسم کی نئی پوزیشن کے مطابق درست حالت میں لانے میں مدد ملتی ہے۔ جس سے دل پر مثبت اثرات مرتب ہوتے ہیں۔
- دوپہر کھانا کھانے کے بعد قیلولہ کرنے سے دل کی شریان پر بوجھ نہیں پڑتا ہے۔
- ماہرین امراض قلب کے مطابق دوپہر کھانا کھانے کے بعد کچھ آرام کرنے سے دل پر مثبت اثرات مرتب ہوتے ہیں۔



Rabiah Asif
Tabani's School Accountancy
Karachi.

GIVE THEM

Toys and Books,

not work!!

"Chotu, clean this quickly.", "Chotu, why the work is not done properly?" are the familiar dialogues we hear at restaurants and small stores. This is where we find the ill-tempered restaurant manager or the shopkeeper frequently berating a young pale-faced boy working under him. Little do these bosses know that these "chotus" are actually the heads and breadwinners of their needy families despite being the youngest in the family. Similarly, "Ruqaiyya, quickly mop the floor now", "Suraiyya, go look after my baby properly" are the words of every other housewife, yelling at a young immature poor girl working in different houses to earn a meagre income for her family. Dear readers, such is the plight of small children of many families in the developing countries that they are forced by poverty to work at such a young age. They have to provide for themselves and their

families. This is called 'child labour'. Under this, innocent children are compelled to work and earn money instead of gaining education. These children are deprived of their age of study and play. These children are employed to work in homes, wholesale, manufacturing and service industries.

Root causes of child labour comprise of poverty, high inflation rates, low cost of child labour, low literacy rates and lack of job prospects. Needy parents find it extremely expensive to supply education to their children. Skyrocketing prices of necessary edibles like milk, flour, vegetables, meat etc. Force these parents to make their children work. They fail to understand the long-term benefits for themselves and their children by providing education to them.

Unfortunately, over millions of children are

working laboriously day in day out in Pakistan and other Third World countries. The pallid faces and scruffy clothes of these young boys and girls demand mercy from the world. They are made to toil under harsh working conditions with an enormous work load being put on their weak shoulders by cruel masters. Consequently, child labour is actually child abuse because these scraggy little creatures face mental, physical, moral and social harm at the hands of child labour. Many Organizations around the world are working towards curbing child labour. At extremes, some countries even ban imports from countries with prevalent child labour to discourage this bad practice.

My dear friends, on an individual level, we all, as responsible citizens, must raise awareness among ourselves regarding eliminating child labour. For this, we may start from our own homes and try to discourage the children from working on our own homes by helping them to study. We must help them and their parents understand the great

importance of education and learning for the bright future of oneself and one's family. We must explain to them how together we all are the future of this nation. We may sponsor the education of these children as much as we can afford, or we may donate funds to smaller organizations which are providing free education to these young ones. We must take out some time and mentor them while asking them about their life and problems in order to make them feel valued. We must be kind and merciful towards these little children. We must act generously and try to donate some food and clothes to them.

My beautiful readers, note that the only toys these children have seen are the ones they have made for us. They should be raised in homes and schools, not factories and workshops. As all children deserve to be happy, healthy and safe, I would like to request all of you to kindly contribute to eradicating child labour from our society by implementing ways I have discussed above.



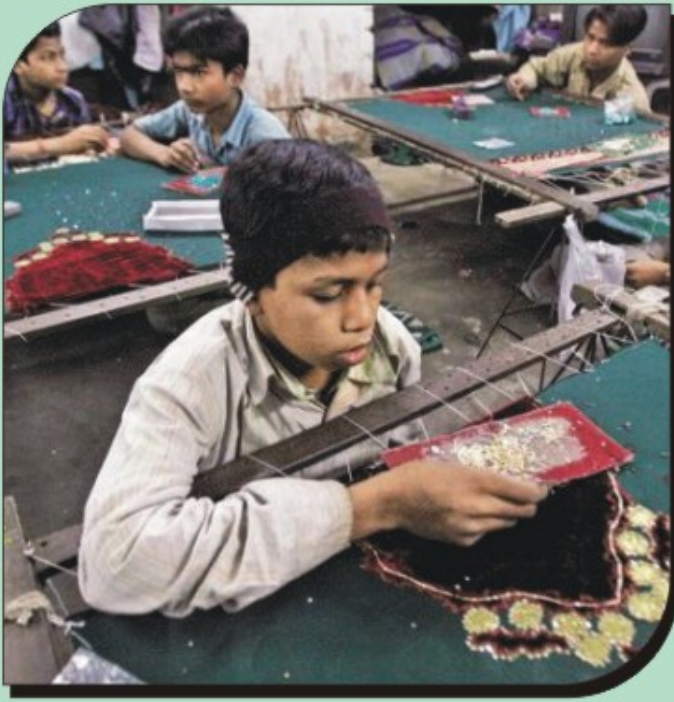
UNIVERSAL CHILDREN'S DAY



میرے چمن کے پھول

آخر یہ تینوں حضرات بارگاہ نبوی ﷺ میں پہنچے تو اپنی اپنی عرضداشت پیش کیں۔ آنحضرت ﷺ نے فیصلہ کیا کہ چونکہ حضرت جعفرؓ کا بیان ٹھیک ہے کہ خالہ ماں کی عدم موجودگی میں ماں جیسی ہوتی ہے اس لئے پرورش کا حق بھی حضرت جعفرؓ کو ہی ہے۔ ایک طرف تو یہ فیصلہ ہو رہا تھا اور دوسری طرف تاریخ دم بخود ان حضرات کو دیکھ رہی تھی جو اسلام سے پہلے عرب کے بدو کہلاتے تھے جن کے لیے بیٹی کی پیدائش صرف ایک جرم تھا اور وہ زمین میں زندہ دبا دی جاتی تھی۔ لیکن وہی عرب کے بدو اب ایک لڑکی کی پرورش کی خاطر لڑ رہے تھے۔ یہی اسلام کی عظمت تھی۔ لیکن آج نہ تو اسلام کی عظمت برقرار ہے اور نہ ہی بچوں کی پرورش کی خاطر کوئی جھگڑ رہا ہے۔

حضرت امیر حمزہؓ کی شہادت کا واقعہ پیش آیا تو آنحضرت ﷺ نے حکم دیا کہ انکی کم سن بیٹی کو مدینہ لایا جائے۔ اسکے لیے حضرت زید بن حارثہ تیار ہو گئے۔ اور مدینہ سے ڈھونڈ کر بچی کو واپس لے آئے۔ ابھی وہ مدینہ سے کچھ دور تھے کہ حضرت علیؓ اور حضرت جعفرؓ اس بچی کو لینے آ گئے۔ دونوں کا اس بات پر جھگڑا ہو گیا کہ بچی کی پرورش وہ کریگا۔ حضرت جعفرؓ کا کہنا تھا کہ چونکہ خالہ ماں کے برابر ہوتی ہے اور اس وقت اس بچی کی خالہ میرے نکاح میں ہیں لہذا اس بچی کی پرورش کا حق میرا ہے۔ حضرت علیؓ کا کہنا تھا کہ چونکہ حضرت حمزہؓ میرے چچا ہیں تو اس رشتے سے یہ حق میرا بنتا ہے۔ دونوں کے اس جھگڑے میں حضرت زید بن حارثہؓ بھی شامل ہو گئے اور کہنے لگے کہ چونکہ اس بچی کو ڈھونڈ کر میں لایا ہوں لہذا اسکی پرورش کا حق دار بھی میں ہوں۔



بیمار رہتے ہیں ہم چھ بہن بھائی ہیں ہم تین بھائی فیکٹری میں کام کرتے ہیں۔ امی اور بڑی بہن ایک گھر میں ملازمہ ہیں روزانہ دس گھنٹے کام کرتا ہوں فیکٹری میں کپڑوں کے ساتھ منہ بھی کالا ہو جاتا ہے میں پڑھنا چاہتا تھا لیکن حالات نے پڑھنے نہ دیا۔

مہنگائی اتنی زیادہ ہے کہ گزارہ نہیں ہوتا۔ یہی وجہ ہے کہ ہم سب بہن بھائی اسکول نہیں جاسکتے۔ مجھے اسکول کی وردی بہت اچھی لگتی ہے کاش میں بھی کبھی اسکول جاسکوں۔

پیارے بچو! یہ ان لاکھوں بچوں میں سے چند کے واقعات ہیں جو اپنا اور اپنے گھر والوں کا پیٹ بھرنے کے لئے سارا دن محنت مزدوری کرتے ہیں۔ پیارے بچو! اگر آپ اسکول جاتے ہیں تو اس کو اللہ تعالیٰ کا اپنے اوپر خاص انعام سمجھ کر پوری دلچسپی اور لگن سے تعلیم حاصل کریں کیونکہ آپ کے ابو آپ کو پڑھانے کے لئے خود محنت کرتے ہیں۔ اور آپ کی امی آپ کے کپڑوں، کتابوں، بستوں اور دوسری ضروریات کا خیال رکھتی ہیں پیارے بچو! آپ کو چاہیے کہ ورکشاپوں، دوکانوں، فیکٹریوں اور مارکیٹوں میں کام کرنے والے دوسرے بچوں کو بھی عزت کی نگاہ سے دیکھیں ان کو برا بھلا نہ کہیں۔ ہو سکے تو وقت نکال کر ان کو بھی اپنی کتابوں کے ذریعے پڑھانے کی کوشش کریں۔ حکومت کو بھی ان بچوں کے لئے کوئی ٹھوس پالیسی بنانی چاہیے کیونکہ تعلیم حاصل کرنا قوم کے ہر بچے کا بنیادی حق ہے۔

پیارے بچو! آج ہم آپ کو ان بچوں کے بارے میں بتاتے ہیں جو غربت لاچارگی اور بے بسی کی وجہ سے اسکولوں میں جانے کی بجائے مختلف ورکشاپوں، ہوٹلوں، دوکانوں، ٹھیلوں، مارکیٹوں، فیکٹریوں اور کارخانوں میں کام کرنے پر مجبور ہوتے ہیں۔ ایک رپورٹ کے مطابق پاکستان میں سولہ سال سے کم عمر ایسے بچوں کی تعداد ایک کروڑ سے زائد ہے جو اپنا اپنا گھر والوں کا خرچہ پورا کرنے کے لئے اسکول جانے کے بجائے کسی نہ کسی طور پر کام کر رہے ہیں۔

جس عمر میں عمومی طور پر والدین بچوں کو نہلا کر اور نیا یونیفارم پہنا کر اسکول بھیجتے ہیں اس عمر میں بعض بچے ورکشاپوں اور کارخانوں میں گندے اور میلے کپڑے پہن کر سخت نوعیت کے کام کر رہے ہوتے ہیں۔ کام کرنے والے بعض بچوں کو فیکٹریوں، ورکشاپوں اور ہوٹلوں میں اکثر افراد ”اڈے چھوٹے، کالو، پپو، ٹڈی کہہ کر بلاتے ہیں ان کے استاد اور فیکٹری مالکان چھوٹی چھوٹی غلطیوں پر ان معصوم بچوں کو تھپڑ مارنا، کان پکڑنا اور ٹھٹھے مارنا اپنا حق سمجھتے ہیں۔

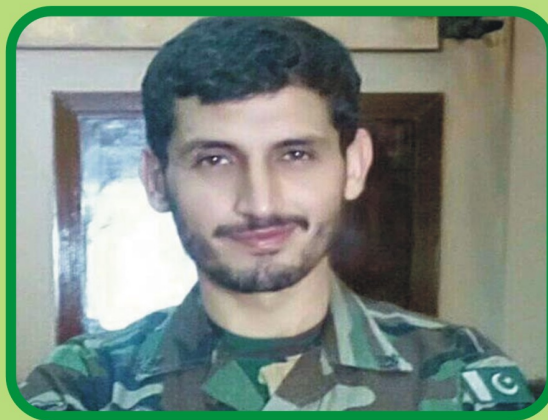
پیارے بچو! ہم نے کام کرنے والے بعض بچوں کے انٹرویوز بھی کئے۔ ایک چائے کے کھوکھے پر کام کرنے والے بارہ سالہ بچے نے بتایا ”میرا والد فوت ہو چکا ہے میں اور میرا چھوٹا بھائی کھوکھے پر کام کر کے گھر کا خرچہ چلاتے ہیں ”لوہا پگھلانے کی فیکٹری میں کام کرنے والے چودہ سالہ بچے نے بتایا ”ابو

A Tribute to

CAPTAIN ROOHULLAH SHAHEED

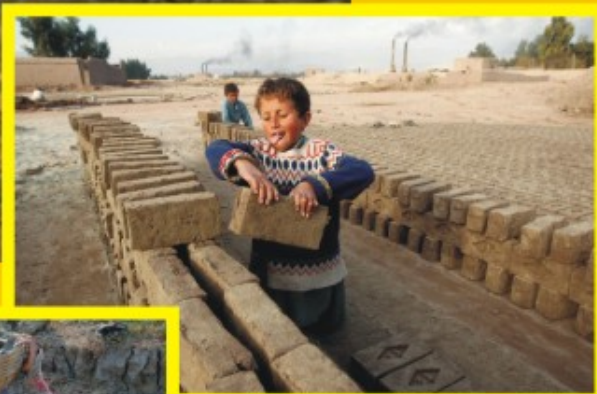
for his valiant action in Quetta

Awarded
TAMGHA-E-JURAT



PAK ARMY

We see our country's courageous knights,
Fighting for its sovereignty day and night.
No one dares to stand in front of them,
As they never let the enemy touches their motherland,
They face terrorism brave heartedly
We pay salute to our country's brave knights.
As they are guarding us perfectly day and nights.
When these knights are patrolling at the border.
We sleep sweetly in our homes without any bother.
We pray for our country's knights.
May Allah Almighty bless them with
Great victory day and night!



CAUSES OF CHILD LABOUR MAY BE FOLLOWING

•POORTY:

Parents are too poor to educate their children. And even these children have to work day and night with their parents to overcome their family needs.

•BAD PARENTS:

some parents take drugs or play cards.They lose every thing they have in bets or buying drugs. Such parents force their children to work.

•CHILD SMUGGLERS:

child smugglers kidnap the kids and force them to work or beg.

•OUR EDUCATIONAL SYSTEM:

Our undeveloped educational system is also responsible for illiteracy because if a person is unable to find a job his education seems to be useless even he is post graduate.



Peace

Peace is from disturbance,
It is quit and tranquility'

Peace is journey of a thousand miles
And it must be taken one step at a time

Peace is not something you wish for
It's something you make, something you do
Something you are, and something you give Away

Peace cannot be kept by force,
It can only be achieved by understanding'

If you want peace, stop fighting

If you want peace of mind,
Stop fighting with your thoughts



Ali Sikander
Beaconhouse School System
Rawalpindi

Current Issue Nowadays: **PAK-INDO WAR**

"In time of peace, prepare for war." War (in simple words, known as death) is the spiciest feature of the modern world. Today, in the 21st Century, the world is a battlefield. People try to kill others for a piece of land or just a bundle of money. That is it. But for that, people do the worst sin of the world. Prophet (P.B.U.H) said "Killing one human means killing the whole humanity." War is a state of armed conflict between societies. It is generally characterized by extreme aggression, destruction, and mortality, using regular or irregular military forces. Sir Thomas Mann once said and I quote "War is only a cowardly escape from the problems of peace."

Could Pakistan and India really go to war? Rumors are spreading that Pakistan and India will go to war. Well, let me tell the inner story. It is a law of the world that a country can't attack another country without informing. But Indian border security forces (BSF), resorted to unprovoked firing along the line of control (LOC), in bhimber, kel and lipa sector and Indian forces made a village and its surrounding areas the target of their shelling. Pakistani troops befittingly responded to Indian unprovoked firing on the (LOC). So, that people of India and Pakistan are saying and saying that they will end up at war.

However, I think Pakistan and India are sensible and educated countries and they very well known for being nuclear powers. Both the countries have nuclear bombs. It would only take a second to

finish billions and billions of people to be removed from the world. Like when an atomic bomb was dropped on Hiroshima and Nagasaki (cities of Japan), everything was completely destroyed. Till now, not a single piece of grass has grown in those cities and that atomic bomb has affected the whole of Japan.

War is the conspiracy of both side leaders who themselves don't participate in war. It is the public who has to give sacrifices. If war is really a good idea, why done these leaders themselves come and fight on the front.

John Paul says, War should belong to the tragic past, in the history. It should find no place on humanity's agenda for the future.

War is always a terrible idea to think, this idea should never be put into action. War is never pleasant. Problems should be solved by negotiating. We should never fear to negotiate which is the better solution to every problem. A very well said fact, Mankind must put an end to war or war will put an end to mankind.

War is the greatest plague that can afflict humanity. It destroys religion, it destroys states, it destroys families. It destroys everything, Its horrible, Its terrible, Its condemnable.

In my opinion, Kashmir issue can only be resolved through dialogue, all side to the Kashmir issue need to make efforts for finding a peace solution to the issue. Both countries can talk over this and solve the matter.

HAS **TERRORISM** **NO** RELIGION



Shehryar Awan
Beaconhouse School System
Rawalpindi

Islam and the World

Islam is the world's second largest religion by the number of followers, with more than 1 billion Muslims around the globe. However, recent events have turned the tide against Muslims and Islam, with people who acknowledge Islam being depicted as 'Islamic Terrorists'. Although that hasn't hindered the religion's growth, it has had a significant impact on most followers, as they find themselves entangled in a social dilemma; follow the ultra-Islamic route and be labeled as a backward terrorist by society, or follow the 'liberal' path and be labeled as a heathen by Muslims.

Post-9/11, many terrorist groups emerged pledging allegiance to Islam and claiming to be carrying out Jihad. Although most Muslims have denounced any ties to them and have clearly stated they harbour no sympathy for these extremists, the image portrayed by the media is the stark opposite. It's due to this stereotyped image of Muslims, that other religions and cultures view Islam as a religion of violence, and Muslims as violent people.

While, regrettably, many peoples are view of Muslims is negative, I, as a British-Pakistani who's lived in many European countries, understand where this hate is coming from. Corporate media

in Europe and the USA have made it their prime target to only broadcast one side of the story: the negative side. While nations like Syria, Iraq, Afghanistan, Jordan and Pakistan (all Muslim-majority nations) also suffer terribly at the hands of terrorists, the general idea fed to the west is that this was brought upon us due to our own deeds, while the 'civilized world', as they refer to themselves, is innocent and doesn't deserve the misery it endures. At the same time, certain Pakistani media outlets, religious constitutions and prominent religious leaders are responsible for inciting violence and abhorrence against the west.

It's due to this barrier that one side of the world perceives Muslims to be hateful people, while Muslims are being forced to believe the West wants only the worst for them. The day we stop buying into the mainstream media's propaganda, and realize for ourselves that all innocent lives are precious, no matter what race, culture or religion, and the day we stop labeling 'The West' as our enemies and the west stops labeling Muslims as terrorists, and realize Islam prohibits any such act of violence is the day we will be able to unite and fight against this disease that's plagued the world - ISIS, and world peace will finally ensue.

OWN PAKISTAN BEFORE SHE DISOWNS YOU

Pakistan. A beautifully thought-out name for a land meant for 'Unity, Faith and Discipline', well-quoted by the father of our nation, Muhammad Ali Jinnah. We were sanctioned this freedom, this liberty, on the condition of enjoining ourselves for the greater cause, for the love and peace to perpetuate in our society. Well, congratulations "hum-watanon". We are all failing with flying colors.

This generation is remarkably unaware of what passion for one's country and pride in one's identity stands for. SO readily and unwaveringly, we blame our country for things we are responsible for real. Not sure where you went wrong? Let me piece it all to you one by one. The first foundation we violate is unity. The instigators of disunity are majorly city wars, political party representations and looking-down upon Urdu-speaking Pakistanis. The way Lahore-Karachi tyrannies ignite hatred amongst each other as if these are not two cities in the same country but two countries on different planets; the way people quarrel amongst themselves over which political group is more proficient; and how Urdu-speakers are degraded and trampled upon, by other language speakers, by the banner of "Muhajirs" not being as loyal to the motherland and not the children of the soil are just vile, atrocious and inexplicably mortifying. And trust me, this is an extreme understatement.

Up comes the second foundation: faith. I've seen and heard numerous people rant and rave about how corruption and the disorganized paradigm of things in Pakistan are everlasting. And when I ask them to change it themselves, they are all like "We can't help it" and "We are helpless" etc. Well, you can firstly teach your children and young ones to sing the national anthem with pride that they wave off in morning assemblies at school as something childish and "uncool". You can stop littering blissfully and start taking responsibility for your own garbage and not just throwing it off either on roads or on your neighbors' doors. Do you have any idea how disgusting and unethical that is?

Last but not the least: discipline. How do you expect to have a peaceful, tamed and a pleasant society when you can't even wait for your turns at the queue and traffic signals? When you are so dignified with protocols and judge each other by how rich and good-looking they are, you will never have an equalized society.

The thing is, Pakistan doesn't litter, quarrel or misbehave. It's you. Pakistan can't change because she doesn't have to. It's you who needs to change. Stop hiding behind the veil of lifelong excuses. Start owning your country. Take pride in your nationality. Pakistan deserves it. Don't let the chances run out. Own Pakistan, before she disowns you.

Beauty in Unity

No wonder they are different from each one,
In size, in color and yet there's none;
Difference in them when they combine.
They look as one when they join.

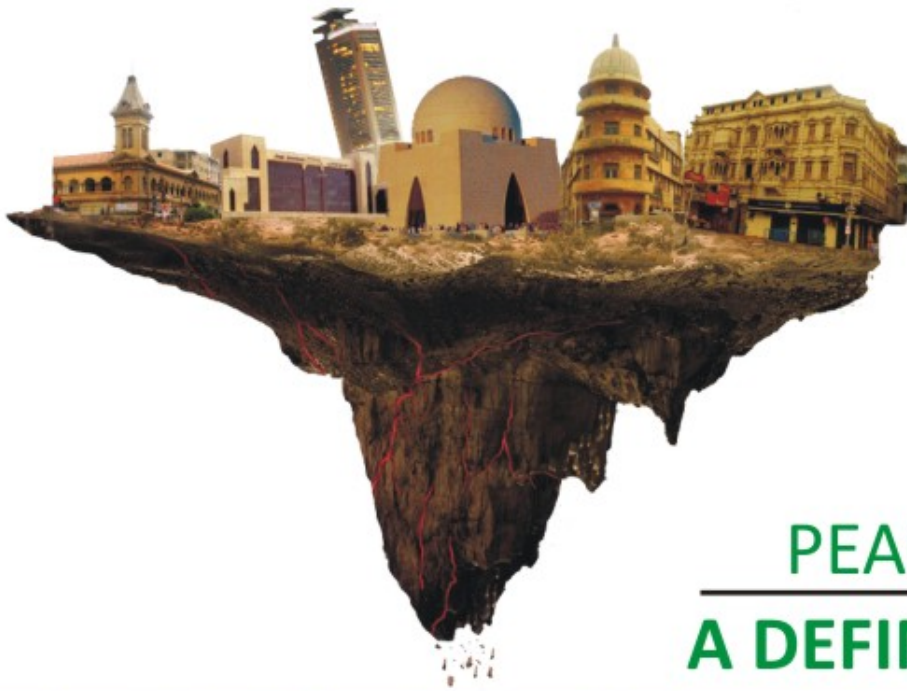
They increase their beauty when they unite,
And for the viewers they are such a sight;
They give color and joy to one and all,
A new season, they are a call.

To pluck them off, no one dares,
As for their beauty and color everyone cares;
Everyone likes the place where they bloom,
And with their scent they fill the room.

They are like as if they are one,
You will find hatred in them none;
Then my friends why don't you try?
To be like the flowers in the dry.

Why don't you become a call?
Of a new season where all,
Are happy, glad and there's no grief?
And everyone is living with relief!

My friends if you too unite,
Then believe me, there'll be no night.
Which will bring a disaster for you,
And like others you'll progress too!



PEACE IN KARACHI IS A DEFINITE POSSIBILITY

Peace in Karachi? If everything is possible then definitely so it is. Some people's expressions would be, like really peace in Karachi are you joking? Or some would say, do you know what you are really talking about? These people are entirely wrong and I will prove it.

Despite of all the bombs blasting, killing and all the incidents, have you seen the unity, the strength, and the dedication which people show whenever circumstances occur, hurt one innocent human and all the people will be out there in order to support that person or to quarrel for that person. Let's just take the example of the neighborhood, if something goes defective mostly people will be out there to make sure everything is perfectly fine. This is a minute example which highlights that peace is really a possibility, if mostly people can fight for legal purpose, surely they can fight for peace as well.

Peace begins from the heart, this has already been justified by mostly citizens living in Karachi through their actions. Living in Karachi, I have seen people scolding/fighting in the streets due to some specific reasons but the bright side is that in the end they shake hands and sort out the riots rather than taking them on a bigger platform/scale and ending it up as a disastrous one. I have noticed

when the scuffle is going on there are more than one folks who are there trying to resolve or conclude that matter between them. If we think deeply about this, it's just a realistic example for a few but this generates the idea that pacifism is still in the hearts of Karachites and makes us jump to the conclusion that people are willing to make peace.

Surely, hard work is required in every aspect of life whether it is required in small or greater amount, hard work is also essential here. If we encourage the citizens or create schemes to stand out and make amity in various ways that would help in the enhancement of peace.

For instance the communities should be setup in which different unrevealed topics/problems would be considered and the unraveling would be done, public should be encouraged to respect other's point of view, hopeless people should be given hope that it's not the end, they should be influenced to take a step for something which is working and resolve it by legal means, there are more various ways which can help upbringing "PEACEFUL KARACHI" for sure.



Zerish Rehman
Beaconhouse School System
Rawalpindi

The Winter Sky



AT SUNRISE I AM YELLOW
CLOUDS ARE TOASTED LIKE MARSHMALLOWS
AT 4PM I AM BLUE EVERY ONE CATCHES FLU
AT SUNSET I AM MAKING IT DARK
THE CHILDREN RUN HOME FROM THE TREE BARKS
AT NIGHT I AM BLACK
AND THE MOON IS BACK
THE STARS ARE SHINING
OUTSIDE ITS SNOWING
THE HOUSES ARE WARM
EVERY ONES SLEEPING IN FRONT OF
THE FIRE PLACE IN THE FARM



EXAMINATION

Oh ! Its examination,
Complete exhaustion,
For the young generation,
Must study with concentration,
English and its composition,
Urdu and its explanation,
Math with its calculation,
Geography with its population,
Physics with its definition,
Science with its classification,
Islamiat with its recitation,
Home test and detention,
Preparation, Preparation, Preparation,
Who can survive in this situation,
Alas! No time for RELAXTATION



Maria Khan
Falconhouse Grammar School
Multan Campus



Bad Effects Of

SOCIAL MEDIA AND TECHNOLOGY

This is the era of communication and technology. Different forms of social networks like facebook, viber, yahoo, messengers, twitter, whatsapp etc. are the most effective and efficient means of communication.

Due to these platforms, our relations are badly affected and family ties get weaker day by day. Mostly, it has been observed that children do not want their parents or relatives to be friends on facebook.

So, especially in western countries, parents tend to track the activities of their children by using fake identities on these social networking platforms. The senior citizens at home who are not familiar

with the use of technology, feel lonely and left out at home. We often think about our electronic relations that live with us rather than the people who physically live with us. Another bad effect of technology is the lack of self-confidence because we prefer to message rather than talking face to face. Furthermore, due to technology and social sites, innocent children are developing fake relationships with each other. The tendency of misleading, flirting and decreased human contact is increasing day by day. There are pros and cons to everything. It completely depends on us how we make use of them and keep a balance between the real and virtual life.



Aaiza Kashif
Beaconhouse Senior Girls
Branch Rawalpindi

EFFECTS OF VIDEO GAMES

Are video games good or bad for you? To be honest they can be both.

Some think that these games corrupt the brain. But many scientists and physiologists found out that video games can actually have many benefits the main one is making kids smarter.

“Video games change your brain”. Playing video games change the brain's physical structure the same way as learning to read, playing a piano, or navigating using a map.

POSITIVE EFFECTS

When kids play a game like angry birds or cut the rope he trains his brain to think of creative ways to solve the puzzle.

While playing some games I have noticed that you have to do many things the same time especially in fighting games. That force and encourages the kid to think faster and quicker with logical ways along with making fast analysis and decisions.

Playing video games develop perseverance in the child. Usually at higher levels of games the player loses the first time but he keeps on trying again until he succeeds and moves on to the next level. Video games sometimes make learning fun.

Well that's enough benefits for now. Next are the negative effects.

NEGATIVE EFFECTS

In my view kids who play fighting games are very aggressive all the time.

Most of the bad effects of video games are blamed for the violence they contain.

Too much video game playing makes the child socially isolated.

The child will give less time for other activities like doing homework, reading, sports and spending time with family and friends.

Some video games teach kids the wrong value like violent behaviour.

Games can confuse reality and fantasy.

Video games may also have bad effects on the child's health including obesity, muscular and skeletal disorders.

When playing online your kids can pick up bad language and behaviour, from other people.



Iraj Siddiqui
Beaconhouse School System
Karachi

SchoolLife

Mom says I'm lazy
But getting up at seven is crazy
Jump off the bed as the alarm rings
And the school day begins
We sang when the teacher went out
Running to chairs when the teacher shouts
Oh! Those lectures which we hardly attend
The mistakes which we always defend





SPORTS

VS.

ELECTRONIC GAMES

Now a days, children like to play electronic games and the parents of some of them also encourage them so that they can do their work and their child will not disturb them. But they don't know that electronic games are harmful for their kids because they affect our brain, head and our eyesight can also get weak. The children should play physical games like sports. Exercise is involved

in every game and is very important for us because our heartbeat increases and more blood cells are produced. When we do exercise our muscles work harder and they contract and they get stronger. Most of the people like sports. That is why the people who like sports are fit, strong and healthy. So the children should play physical sports more than electronic games.



Arafat Rauf
Falconhouse Grammar School
Campus-8, Karachi

BENEFITS OF READING

Why should we read every day? Why are we advised to read by a number of our best teachers? Such questions arose in my mind. It was the time when I was not fond of reading books. One of my favorite teachers instructed me to read books. The way she created curiosity for a story, made me want to know about it before anyone knew it. Gradually I started reading and then I realized the benefits of it. It totally changed me as a person and the way I used to perceive things. Some advantages of it are as follows:

MENTAL STIMULATION

Studies have shown that staying mentally stimulated can slow the progress of Alzheimer's disease (a disease, that prevents the brain from functioning normally and causes loss of memory, loss of ability to speak clearly, etc.) and Dementia (a serious mental disorder that affects the ability to think, remember and behave normally). Keeping your brain active and engaged prevents it from losing power. Just like any other muscle in the body, the brain requires exercise to keep it strong and healthy, so the phrase "use it or lose it" is particularly appropriate when it comes to your mind. Doing puzzles and playing games such as chess have also been found helpful with cognitive stimulation.

VOCABULARY EXPANSION

The more you read, the more words you gain exposure to, and they'll inevitably make their way into your everyday vocabulary. Being articulate and well-spoken is of great help in any profession, and knowing that you can speak to

higher-ups with self-confidence can be an enormous boost to your self-esteem. It could even aid in your career, as those who are well-read, well-spoken and knowledgeable on a variety of topics tend to get promotions quicker (and more often) than those with smaller vocabularies and lack of awareness of literature, scientific breakthroughs and global events.

BETTER WRITING SKILLS

This goes hand-in-hand with the expansion of your vocabulary. Exposure to publish, well-written work has a noted effect on one's own writing, as observing the fluidity and writing styles of other authors will invariably influence your own work. Musicians influence one another, and painters use techniques established by previous masters, so do writers learn how to craft prose by reading the works of others.

KNOWLEDGE

Everything you read fills your head with new bits of information and you never know when it might come in handy. The more knowledge you have, the better-equipped you are to tackle any challenge you'll ever face. Additionally, here's a bit of food for thought; if you ever find yourself in dire circumstances, remember that although you might lose everything like your job, your possessions, your money, even your health, knowledge can never be taken from you. Especially the knowledge which has been explored and grasped by you could never be wasted. So read my friends! Read!!!!

Bullying



Neeha Hammad
Beaconhouse School System
Lahore

"When people hurt you over and over, think of them like sand paper. They may scratch and hurt you a bit, but in the end, you end up polished and they end up useless." - Chris Colfer

Bullying is unwanted, aggressive behavior among school aged children (usually teens) where a certain person/group tries to show their dominance on others in a disregarding manner. Both kids who are bullied and who bully others may have serious lasting problems. Bullying normally occurs in or after school hours. It may happen in places like a playground, a bus or even on the internet. Bullying can be through using one's own physical strength, accessing to embarrassing information about others, or gaining allies to make yourselves look more popular than others. Types of bullying include; Physical bullying, Verbal bullying, Social/Relational bullying as well as Cyber bullying.

Physical bullying involves hurting a person's body. It includes:

- * Hitting/kicking/pinching
- * Spitting
- * Tripping/pushing
- * Taking or breaking someone's things
- * Making mean or rude hand gestures

Verbal Bullying (saying mean things) include:

- * Name-calling
- * Taunting
- * Threatening to cause harm



- * Giving homophobic or racist remarks

Social bullying/ relational bullying (eg; hurting someone's reputation) includes:

- * Leaving someone out on purpose
- * Telling other children not to be friends with someone
- * Spreading rumors about someone
- * Embarrassing someone in public
- * Negative facial or physical gestures, menacing or contemptuous looks
- * Playing nasty jokes to embarrass and humiliate
- * Mimicking unkindly

Cyber Bullying (bullying through internet/by using technologies) includes:

- * harassment via texts/emails
- * setting up a fake personal website or account on a social network.

Kids Who Bully:

Mostly, seniors are the ones who bully. They are risk takers and don't bother to follow the rules and regulations of the organization/institute. Bullies

are normally physically strong and rich and have a lot to brag about. This helps them in gaining allies (which some people refer as 'friends'). Bullies may witness physical and verbal violence or aggression at home. They act aggressively towards others, even adults. They probably think that bullying will help them fit in

Kids Who Are Bullied:

They are normally junior/youngest, alone, sad, nervous, unpopular, physically less strong or not as

rich as the bullies. Most of all they don't have the courage to fight back against the wrongdoers.

Kids Who See Bullying:

They might become depressed and worried. They are likely to be absent from school as they feel insecure. They may join in or stay silent so they won't get bullied themselves. They may stand up to the bully. But the best thing to do is get an adult who will stop the bullying on the spot. So, be a buddy, not a bully.



WHY TEENAGERS ARE ALWAYS SPOILT?

When I was a child I learned an English song and whenever somebody would come, my parents basking in pride would encourage me to sing that song. One day I asked my parents for a glancing visit to a singing competition and my mother was like "Singing? Oh my God she is getting so spoilt!" and it went on for a couple of minutes before I decided to be spoilt.

It is believed like a 'cliche' that one's generation teenagers are an I was spoilt. What an irony? The adults who themselves were called spoilt in their youth very casually call us spoilt! Parents pamper their kids to such an extent calling them their prince and princess' and end up crying over their so called lazy bones and bold children. WHY? Are those children in the factory not teenagers who are working and earning for their families? Are those young soldiers not teenagers fighting for their country?

It is the teenager who keeps the adults updated



with the current gadgets in the society. If I ask all adults to throw out their television sets right today, will they be able to do that? No, I am sure. So how can you expect your child to consider things wrong when they have been doing it all their lives?.

Parents put their children in the most renowned and co-educational school saying, I want my child to be confident and when the same child moves around with friends of the opposite gender they call them spoilt..

To put it in a nutshell, I pen down saying that, Parents should treat their children as individuals with minds of their own. They should talk with their kids about thoughts, hopes, ideas and feelings. They should share bits of their own life with them not the bits likely to distress their children but bits that help their children see their parents as human beings.



SOCIAL KIDS CAN REDUCE BULLYING

Schools may have more success curbing incidents of bullying if their most social students take an anti-bullying stance as opposed to teachers and administrators setting blanket rules and regulations against it.

Over the course of the 2012-2013 school years, 56 New Jersey middle schools that armed their most influential students with social media training and various bullying awareness gear, like bright-colored wrist bands, saw a 30 percent reduction in student conflict reports.

To identify the most influential students, the researchers distributed a survey to about 24,000 students enrolled at all schools. The survey asked them to nominate the top 10 students at their school who they chose to spend time with, either in or outside of school, or face to face or online.

Using these data, the researchers then mapped each school's social network. A representative sample of 22 to 30 students in the intervention schools was invited to participate in the anti-bullying program. Throughout the year, the students launched various anti-bullying campaigns.

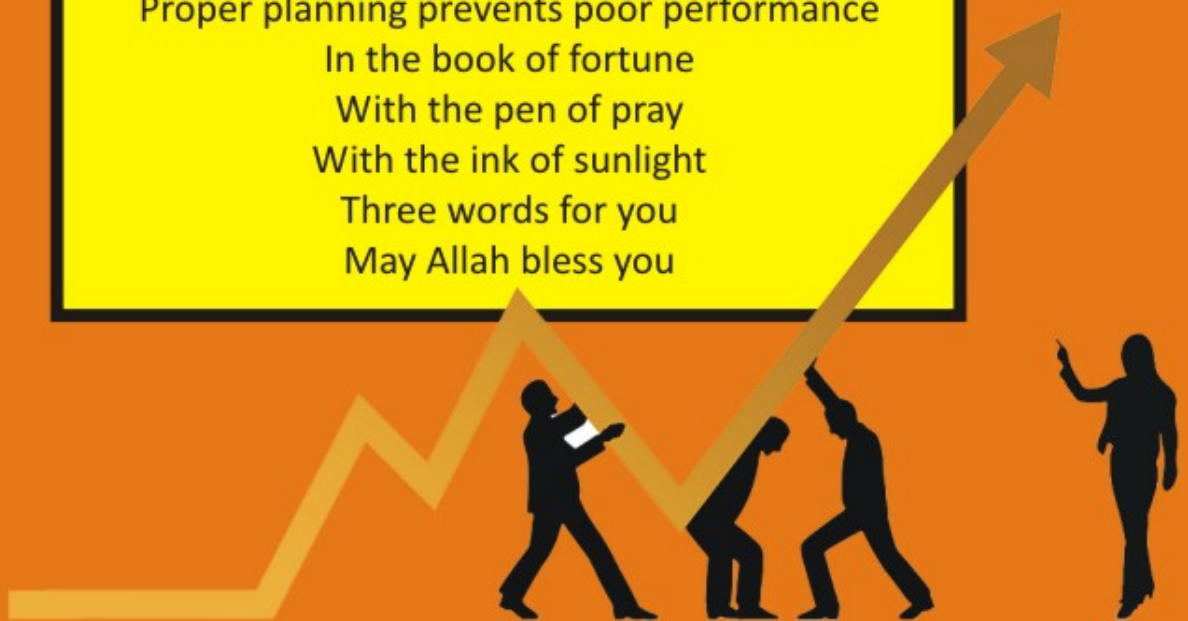
Despite a surge in policy and research attention to conflict and bullying among adolescents, there is little evidence to suggest that current interventions reduce school conflict, the researchers argued. Encouraging a small set of students to take a public stance against bullying can have a significant impact.

"You must stop the bully before the situation swells up like a balloon"

-JESSICA ALBA

EFFORTS NEVER DIE

Plan your castle in the air
Then make a ship to take you there
Everyday starts with some expectations
but ends with some experience
Count your blessings not your troubles
silence is the best answer of all stupid questions
Smile is the best reaction in all critical situations
Plan your work and work your plan
Proper planning prevents poor performance
In the book of fortune
With the pen of pray
With the ink of sunlight
Three words for you
May Allah bless you





STRUGGLE FOR SUCCESS

Struggle is the one of the best deed. If we struggle then we will success. Only the struggle is not the key of success the respect of elders and teachers will give success in life. We should work hard and give 100% of time resources and money for getting success in our life. we can not get success while our family can not support us. If they support us in every field of life we can easily get our goal and destination. We can not see what the others are doing we should work hard and keep doing serious struggle for getting the success. The true secret of success is the refusal to give up the refusal to fail. it

lies in the struggle to win the battle against ones own weakness. i always remember the sentence that my parents used to fell me."to be a better person in life and to get success you have to work hard the result of hard work is fruit full so you have to work hard"

Today's world is a competitive world. Everyone have wants success in his life. Whether he may be a successful boxer, sportsman, actor or writer his position is only due to work hard.

"There is a well known proverb no pain no gain"



Syeda Gul-e-Zehra
Falconhouse Grammar School
Campus-1, Karachi



SUCCESS

When things go wrong, as they sometimes will,
When a road you are walking on, seems like a hill
You are burdened with piles of work,
Keep on moving and struggle hard to fill,
If any time the failure turns about,
Ask your mind to let it out,
Don't quit, even if you are slow,
You might succeed at another go,
Success is failure turned upside down,
Go achieve it, then you will be crowned,
Successful people keep moving,
And the people who quit keep losing!



Mehak Nadeem
The City School,
Karachi

HARD WORK



Hard work is the basis for everything worthwhile you will achieve in life. If work is applying your ability, then hard work is applying your ability with focus and intensity to the exclusion of other possibilities.

I think that there is no substitute for hard work in assuring the total satisfaction of the outcomes of our work.

I can overcome all obstacles to my success through perseverance as said by Thomas Powell Buxton, "With ordinary talent and extraordinary perseverance, all things are attainable.

If a person is desperate and hardworking so he can

go to any extent to achieve his goal. I know that hard work really pays off. The greater your capacity for hard work, the more rewards fall in your grasp. Getting organized, setting goals, making plans to achieve them, and staying on track are all examples of hard work. A person's life will reach a whole new level when you stop avoiding and fearing hard work and simply surrender to it. It's a potent tool to have on your side. "The big secret in life is that there is no big secret. Whatever is your goal, you can get there if you are willing to work"- Oprah Winfrey



زارا شبیر
الائیڈ اسکول پاک کہنہس، لاہور



محنت سے انسان ناممکنات کو ممکنات میں بدل سکتا ہے۔ ہمارا دین
بھی ہمیں محنت کرنے کا درس دیتا ہے محنت ایسی چیز ہے جو کبھی رائیگاں نہیں
جاتی۔

اسی لیے تو ایک شاعر نے کہا ہے:

بن محنت کچھ ہاتھ نہ آئے ہاتھ آئے ناداری
محنت ایسا جادو ہے جس سے ریت بنے پھلواری

محنت ہی وہ چیز ہے جو انسان کو اعلیٰ سے اعلیٰ مقام تک پہنچا سکتی ہے
یہ محنت ہی تھی کہ جس نے بچپن میں جنگل سے لکڑیاں کاٹ کر اپنا پیٹ
بھرنے والے جان ابراہم کو امریکہ کے صدر کے عہدے تک پہنچایا۔

BELIEVE

Whatever you Wish
Whatever you dream
Whatever you hope
To achieve,
Whatever you try for,
Whatever you plan....
It's yours if you only
Believe

She is like a light,
And makes everybody tight.
She always follows the rules,
And is very strict in the school.
She is very beautiful,
And makes everybody dutiful.
She is very kind,
And makes everybody shines.
To sum up, I can say,
She is the one who makes my day.



Arham Aziz
Headstart School System,
Junior Gulshan, Karachi

Where there is a will there is a way...

This proverb "Where there is a will, there is a way" means what is your intention or goal, there is always a way to achieve it. We should work and plan to achieve our destination. We shouldn't lose hope because hard work is the key to success. If you have really tried to work or achieve your goals then you will definitely find what you exactly want. You should not lose hope in what you are trying to achieve.

My wish is to be a great mathematician. I will plan it, work it, do hard work and one day I will complete my dreams and wishes to be a world classic Mathematician. I will focus on Maths, and other subjects as well; because of being a Mathematician I would start working from now. I will be involved and participate on every Math

Quiz. I will also do a Masters in Accounts or Math and will also do CA (Chartered Accountant) from the best University of the world.

I will work hard to get good grades and will train my mind to do great mathematic skills. My desire and concentration and interest in Maths will keep me going on. I will not leave my hope because everything happens for the best for what we are going to achieve. Then one day I will be World's best Mathematician.

Conclusion:

I will achieve what I want and I will get that with my hard work and interest, and concentration will lead me to success. My desire will keep motivating me.

عمدہ باتیں

- لوگوں کے دلوں میں خوشی کا کنول کھلانا بہت سی باتوں سے بہتر ہے۔
- انسان خود بننے یا نہ بننے دوسروں کے آنسو ضرور پونچھے۔
- خود اعتمادی کامیابی کا سب سے بڑا راز ہے۔
- جن لوگوں کے خیالات بہت اچھے ہوں وہ کبھی تنہا نہیں ہوتے۔
- اپنے لیے سہارا مت ڈھونڈو دوسروں کے لیے سہارا بن جاؤ۔
- تم برے ہو اور لوگ تمہیں نیک کہیں اس سے بہتر ہے کہ تم نیک ہو اور لوگ تمہیں برا کہیں۔

استغفار کے فوائد



- پریشانیاں ختم ہو جاتی ہیں۔
- حالات اچھے ہو جاتے ہیں۔
- مشکلات آسان ہو جاتی ہے۔
- مال میں اضافہ ہو جاتا ہے۔



Syed M. Rafay
The City School, Junior Branch
Civil Lines, Faisalabad

ABDUL SATTAR EDHI

Abdul Sattar Edhi was one of the famous and noblemen in Pakistan. He was born in 1 January 1928 in India. He started his life as salesman of cloth in the biggest city of Karachi. He got married with a nurse who worked on his own welfare. Her name is Bilquis who helped him in his work and run a small Maternity home for the adoption of infant babies.

He was a most loyal social activist. He started his Edhi trust center by establishing a small free dispensary. He came up with the idea of a food kitchen for poor and needy people.

Abdul Sattar Edhi's foundation is one of the largest charity centers which run world's the largest ambulance service. It also operates the world's

largest free treatment home, women's accommodation and free treatment for mentally ill persons.

Edhi says that her mother taught him a generosity lesson. He said, his mother gave him two penny for spending and advised him to spend one penny on him and one on others, For his services to humanity, Edhi was honored with many awards like "silver jubilee Shield, Social worker of the Subcontinent, Nishan-e-Imtiiaz.

"He said that his religion neither Islam nor other but humanity".



Ayesha Irfan
K.M.A Girls Secondary
School, Karachi.

Helen Keller

What courage, What bravery,
What a spirit !!!
What an achievement !!!
She's not misfortune !!!
She's one of those
She's one of them
She had no ability
To see or hear...
She's one of them,
She's one of those:
Whom though blind
and deaf...
Their names did arouse
She loved education,
She had determination,
She was an inspiration...
She's not misfortune !!!
And I...
Want to be like her..



CLIMATE CHANGE AND AGRICULTURE

ROLE OF BIOTECHNOLOGY

People used to wake up to welcome the bright sunny days and the lungs breathed in the fresh air. The freshness from this planet vanished as it never existed in the first place. The atmosphere, adulterated by anthropogenic activities, has an increased concentration of injurious gases and chemicals. The excessive emission of carbon dioxide has disturbed the proportion of the climate resulting in the global climate change i.e. global warming.

The mechanism is simple, CO₂ and water vapors trap the unnecessary heat in the atmosphere. This confined heat, warms up the earth and results in the melting of glaciers, floods and droughts, raised temperature of the planet and the rapid change in the weather variables (precipitation, humidity, heat, wind etc.). This change, serious threat to life on earth has made it mandatory for the present-day man to depend on the ways to combat the issue faced at hand.

Marco Rubio, the U.S. senator states that the climate is always evolving and natural disaster

always exists, but the anthropogenic activities and the manipulation of natural cycles have aggravated the situation. As, David Attenborough has assessed it right and states:

"There is no question that the climate change is happening, the only arguable point is what part humans are playing in it".

The impact of climate change is widespread and has affected the agriculture, crop seasons and their production. Pakistan, a developing and agricultural country, had a profound impact of this change. The country earns foreign exchange by exporting a large chunk of its perishable items. The main agricultural products include wheat, cotton, rice, sugarcane, variety of fruits and veggies in addition to the milk, eggs, mutton, beef and fish etc. The products cultivated in Pakistan are usually admired for their unique and delicious taste. Because of climate change, the agriculture sector has received a heavy blow. The changing weather pattern, soil condition, raised sea level and the worst of all, the negligence and lack of proper

management all contribute to the deteriorating sector.

The current scenario certainly doesn't portray a rosy picture and calls for prompt action. As John Wesley Powell is of the view that years of drought and famine come and years of flood and famine come and the climate is not changed with dance liberation or prayer.

The declining life of the agricultural sector can be saved by injecting the knowledge and application of "biotechnology" to it. This technology can play a significant role not only in saving crops but also increasing their shelf life. It deals with the genetic manipulation of micro-organisms (bacteria, yeast, etc.) for the production of various useful products. This technology has done wonders in the human life and there is so much more to unearth yet. As, Lois McMaster Bujold says that he is interested to know the impact of biotechnology on the way people live.

In 1919, the term "biotechnology" was invented by a Hungarian engineer. The applications of biotechnology remained limited in the history of mankind to brewing and fermentation processes but the assiduous efforts of man helped in unveiling the marvels of biotechnology which can be applied to the other fields of medicine, industry, environment and agriculture. This technology has given mankind variety of drugs (antibiotics, vaccines) to combat life threatening diseases, ways to conserve non-renewable energy sources (biofuels) and to increase the productivity of plants and animals (hybrids).

The president Jim Greenwood of BIO institute also marked his point by praising the benefits of biotechnology in modern-life. He stated that he is proud of to recognize and celebrate the innovative products and technologies made by the men and women of biotechnology community that are helping to increase the environment sustainability

of our planet for generations to come. The techniques of tissue culture, genetic engineering, grafting all come under the umbrella of biotechnology, their application in agriculture can prove fateful for the agriculture sector which is currently caught in a whirlpool of crisis and has negative growth of 0.2% in GDP in FY 2015-16 as per Economic Survey of Pakistan. The aforementioned techniques can enhance the yield of crops, generate new seed variants which are resistant to disease and weather changes and require less resources to grow.

It can play an effective role to make the farmers and masses cognizant of biotechnology, certain steps need to be taken.

- "Though Pakistan has biotech centers but they're restricted number and lack of updates equipment is the major obstacle in the way of efficient yield of crops. Their number should be increased these facilities must be made in the country side region.
- "Secondly, the uneducated and unaware peasants are also an impediment in the realization of this goal. This need should be addressed and specialized centers should be established along with biotech institutes which may be responsible for educating farmers about the applications of biotechnology and can guide them about the methods optimal and affordable for their crops.
- "Specialized committees can head these centers and biotech institutes monitor the quarterly progress made by them. These committees may assign biannual goals to the specialized centers which can be decided annually after meetings and discussions with the center heads.
- "Assistance and guidance can also be requested from the friendly neighboring countries and their models of agriculture can be adopted based on the suitability of land conditions in Pakistan.
- "To reinforce timely results, the most productive centers can be awarded with some kind of monetary incentives and those lagging behind

may be encouraged. The centers showing no progress at all can be warned and replaced if they fail to produce desired results.

- "Also, the subject of biotechnology should be taught with devotion and practical work should be encouraged in universities to enable the students to experiment and invent new ways to save crops and livestock.

By following the above mentioned recommendations, the agriculture sector can be rejuvenated. It is the pressing need of today as this sector absorbs around 42% of the Pakistan's labour force.

Pakistan, though a developing country is enriched with resources, possess many valuable resources if

they are exploited timely for common good rather than self-interest motives it can do miracles. The need of hour is to see the handwriting on the wall and expedite the process of action to save the agriculture sector from the approaching perils of climate change. It's definitely not a hard nut to crack, all it needs strong will power and determination.

As UN Secretary General Ban-ki-moon has said, "Saving our planet, lifting our people out of misery, advanced economic growth, these are some of the same fight. We must connect the dots between climate change, water scarcity, energy shortages, global health, food security and women's empowerment. Solution to one problem, should be solution to all."





GLOBAL WARMING

However, these days because of increase in pollution, carbon dioxide levels are increasing rapidly. Smoke emitted from vehicles as well as factories contain high levels of carbon dioxide and methane.

Trees are responsible for absorbing carbon dioxide and maintaining its balance in the atmosphere. However, human beings are cutting down trees for roads, buildings etc leading to deforestation. As a result, carbon dioxide balance is not being maintained and the layer of greenhouse gases is becoming thicker. Due to this, the greenhouse gases trap more heat. This results in an increase in the average temperature of the earth and the

earth become hotter and hotter. This is called global warming.

If we do not take steps to reduce global warming, it will lead to loss of humans, plants, animals and our earth will not be a beautiful place to live in anymore.

If we don't want global warming to increase we should:

- Plant more trees
- Reuse, Reduce and Recycle
- Use less hot water
- Turn off electrical appliances when they are not in use.

”ہمدرد یونیورسٹی“ کراچی

کا Visit اور

وائس چانسلر جناب حکیم عبدالحنان صاحب

سے انٹرویو



نوجوان (چاہے وہ لڑکا ہو یا لڑکی) کے لیے تعلیم ضروری ہے۔ یہی وجہ ہے کہ کراچی میں جہاں ہمدرد پبلک اسکول کا نام آتا ہے وہاں ”ہمدرد لہجہ اسکول“ بھی پہچانا جاتا ہے۔ اپنے قائد نونہال، کے مشن کو آج بھی جناب حکیم عبدالحنان صاحب جاری کیے ہوئے ہیں اور ہمدرد یونیورسٹی کے وائس چانسلر کی حیثیت سے اپنی خدمات انجام دے رہے ہیں۔

ہم نے اپنے میگزین کی جانب سے جناب حکیم صاحب سے ایک انٹرویو کیا۔ جس کی خاص خاص باتیں ہم اپنے قارئین کے لیے پیش کر رہے ہیں۔ اس پینل میں اویکنر میگزین کے چیئر مین سید ندیم عالم صاحب، اسکولوں کے بچے اور اساتذہ شامل تھے۔ جن اسکولوں نے اس میں حصہ لیا وہ یہ ہیں۔

۱۔ عائشہ باوانی ۲۔ اسٹن مور پبلک اسکول

۳۔ ہمدرد پبلک اسکول (بوائز ونگ) ۴۔ ہمدرد پبلک اسکول (گرنڈ ونگ) طلباء: سر! ہم آپ کے تہہ دل سے مشکور ہیں کہ آپ نے اتنی مصروفیت میں

ہم سب اس بات سے بہ خوبی واقف ہیں کہ ہمارے ملک میں تعلیمی میدان میں بہت زیادہ کام کرنے کی ضرورت ہے تاکہ ہم اپنے ملک میں افراد تخلیق کر سکیں۔ اس بات کے پیش نظر کچھ ہستیوں نے اس کام کا بیڑا اٹھایا اور علم کی شمع کو روشن کر کے ملک کے ان تاریک گوشوں میں علم کی روشنی پھیلانے کی کوشش کی جہاں تک پہنچنا کوئی سوچ بھی نہیں سکتا۔ ہمدرد (وقف) پاکستان کے بانی شہید حکیم محمد سعید صاحب نے مدینہ الحکمہ کی بنیاد ڈالی تاکہ علم کی روشنی سے پورے ملک کو روشن کر سکیں۔

حکیم صاحب کے اس مشن میں جو لوگ آپ کی ہمراہی تھے ان میں ایک نام جناب حکیم عبدالحنان صاحب کا بھی ہے جن کو قائد نونہال کا دست راست بھی کہا جاتا ہے، کیونکہ انہوں نے بھی شہید حکیم محمد سعید صاحب کے ساتھ ہمدرد یونیورسٹی کے اطراف میں بسنے والے گوشوں اور گاؤں میں جا کر علم کی اہمیت کو اجاگر کیا اور والدین کو قائل کیا کہ ان کے نونہال اور



و اُس چائلز صاحب! جی بیٹا، اس کے بارے میں، میں یہ کہوں گا کہ ہمدرد جو یونانی میڈیسن کا بنیادی ادارہ ہے جس کی آمدن کو وقف کر کے ہمدرد فاؤنڈیشن بنا دیا انڈیا میں بھی اور پاکستان میں بھی ایک ٹرسٹ بنا دیا گیا۔ صحت و تعلیم جس کے بنیادی مقاصد رہے، جس میں نونہال میگزین نکالا گیا جس کو اب چوتھی نسل پڑھ رہی ہے، صحت کے حوالے سے ہمدرد صحت، ریسرچ کے حوالے سے ہمدرد

سے وقت نکال کر ہمیں دیا تاکہ ہم آپ کے اور شہید قائد نونہال کے اتنے بڑے مقاصد اور مشن کے بارے میں جان سکیں۔
سر! ہمارا آپ سے سوال ہے کہ شہید حکیم محمد سعید صاحب جو کہا کرتے تھے کہ ”قوم کی آمدنی کو لوٹا دینا چاہیے اور ان پر پری انویسٹ کرنا چاہیے ان کا حق ہے“ آپ اس بارے میں کیا کہتے ہیں۔



میڈیکس تاریخ کے حوالے سے میگزین، بچوں میں اعتماد پیدا کرنے کے لیے کہ وہ تقریر کر سکیں، بول سکیں کہ جو وہ سوچتے ہیں اسکو آگے لے جا سکیں اس کے لیے بزم نونہال (جواب نونہال اسمبلی بن چکی ہے) شروع کیا جو ہر ماہ کراچی، لاہور، پشاور اور راولپنڈی میں منعقد ہوتی ہے، بڑوں کے مسائل کے لیے حکیم صاحب نے ہمدرد مجلس شوریٰ کی بنیاد ڈالی۔

حکیم صاحب کے بعد اب ان کی صاحبزادی ”محترمہ سعیدہ راشد“ صاحبہ جو کہ اب پریذیڈنٹ ہیں ہمدرد فاؤنڈیشن کی اور ہمدرد یونیورسٹی کی چانسلر بھی ہیں وہ ان تمام امور کو دیکھتی ہیں۔ ہمدرد جو ایک تجارتی ادارہ ہے اس کی آمدنی وقف کر کے ہمدرد فاؤنڈیشن میں تعلیم و صحت کے کام انجام دیئے جا رہے ہیں۔

”حکیم صاحب نے جو ادارے قائم کیے ان کا مقصد تجارت نہ تھا بلکہ اس کی کمائی سے اچھے امور انجام دینا تھا۔

اسی طرح پرائیویٹ سیکٹر میں یونیورسٹیز کے قیام کا سہرا بھی حکیم صاحب کے سر جاتا ہے کیونکہ نہ صرف یہ کہ حکیم صاحب نے ہمدرد یونیورسٹی قائم کی بلکہ اپنے گورنری کے دور میں مزید پانچ یونیورسٹیز چارٹر کی جس میں ہمدرد یونیورسٹی شامل نہیں تھی۔

طلباء: سر! آپ کا شعبہ تعلیم کی طرف آنا، آپ کا اپنا مقصد تھا یا آپ کے والدین کی طرف سے یا خاندانی پس منظر ایسا تھا جو آپ اس طرف آئے؟
وائس چانسلر صاحب! ہمارے خاندان کا تعلق طب یونانی سے ہے، میرے بڑے بھائی بھی حکیم تھے۔ یہ ان کا فیصلہ ہی تھا اسی لیے علی گڑھ مسلم یونیورسٹی میں مجھے داخلہ دلایا جہاں سے میں نے گریجویشن کیا اور جب میں 1970ء میں پاکستان آیا تو ہمدرد جو اُن کیا۔

حکیم صاحب نے اپنا ایک کالج قائم کر لیا تھا، جہاں طب یونانی کی تعلیم دی جاتی تھی میں نے اسی کالج میں پڑھانا شروع کیا۔

1994ء میں ہمدرد یونیورسٹی میں پڑھائی شروع ہوئی اور اس وقت سے میں تعلیم کے شعبے سے وابستہ رہا ہوں، وائس پرنسپل رہا، پرنسپل رہا، ڈین فیکلٹی رہا اور پھر وائس چانسلر کی ذمہ داریاں مجھے سونپی گئیں۔

طلباء: آپ نے ہمدرد یونیورسٹی میں کتنی جدید فیلڈز کو کور کیا ہے اور کتنی مزید کور

کرنے کا ارادہ ہے؟

وائس چانسلر صاحب: یونیورسٹیز صرف تعلیم دینے کے لیے نہیں ہوتیں بلکہ علم پیدا کرنے کے لیے ہیں۔ شہید حکیم محمد سعید کہتے تھے کہ اسکول اور کالجز میں تعلیم دی جاتی ہے جبکہ یونیورسٹی علم پیدا کرنے کے لیے ہوتی ہیں ریسرچز ہوتی ہیں۔ کیونکہ جب یونیورسٹی میں ریسرچ نہ ہو تو علم پیدا نہیں ہوتا، ان سے نئی معلومات پیدا ہوتی ہیں جو آگے جاتی ہیں اور کہیں جا کر یہ انڈسٹریز کا حصہ بن جاتی ہیں اور نئی نئی چیزیں ایجاد ہو رہی ہیں۔ یہ گاڑیاں، جنگی آلات وغیرہ یہ سب اسی ریسرچز ہی کی وجہ سے ایجاد ہوئیں۔ یونیورسٹیز علم پیدا کر رہی ہیں، جہاں یہ سب ہو رہا ہے وہاں یونیورسٹیز بھی ترقی کرتی رہی ہیں اور ملک بھی لیکن افسوس ان معاملات میں پاکستان اور اس کی یونیورسٹیز بھی بہت پیچھے ہیں کیونکہ یہاں ریسرچ پر کام نہیں ہو رہا۔ اگر یہ سب ہو رہا ہوتا تو یونیورسٹیز اپنا مقصد پورا کر رہی ہوتیں۔

ہمدرد یونیورسٹی کو بھی اس طرف لانے کی کوشش کی جا رہی ہے اس میں بہتری بھی ہوئی ہے اور اضافہ بھی اور ہم سمجھتے ہیں کہ وقت کے ساتھ ساتھ یونیورسٹی کو ایک ایسا مقام بھی حاصل ہوگا کہ جس سے چیزیں آگے بڑھیں گی، ہمدرد یونیورسٹی کو 23-24 سال ہوئے یہ ایک ایسی یونیورسٹی ہے جو بن بھی رہی ہے اور Establish بھی کر رہی ہے۔

طلباء: یہاں مستحق طلبہ کو کوئی پنشن وغیرہ مہیا کیا جاتا ہے؟
حکیم صاحب: بیٹا! ہمدرد یونیورسٹی پرائیویٹ سیکٹر کی وہ واحد یونیورسٹی ہے جو سب سے زیادہ اسکالرشپ دے رہی ہے۔ جیسا کہ پہلے بھی بتایا ہے کہ یہ ایک تجارتی ادارہ نہیں ہے بلکہ اس کا جو منافع ہوتا ہے وہ یہاں ہی انویسٹ کیا جاتا ہے۔

طلباء: کیا موجودہ دور کے تعلیمی نصاب میں یہ اہلیت ہے کہ اس کے ذریعے قائد اعظم، سر سید احمد خان، علامہ اقبال اور شہید حکیم محمد سعید جیسے مایہ ناز کردار کے حامل طلباء تیار کر سکیں؟

وائس چانسلر صاحب: بیٹا! جن کا آپ نے ذکر کیا ہے وہ صرف تعلیم کی بناء پر اس مقام پر نہیں پہنچے بلکہ اس کے لیے مسلسل جدوجہد اور بے پناہ محنت کی ضرورت ہوتی ہے، یہ مقام تعلیم کے ساتھ انتھک محنت، اچھی صفات اور مسلسل



قائد کی طرف سے دیئے گئے تمام احکامات کو پورا کریں اور میں سمجھتا ہوں کہ حکیم صاحب کے بعد آنے والے لوگ اور انتظامیہ ان مقاصد کو حاصل کرنے میں کچھ حد تک کامیاب ہو سکے ہیں لیکن انشاء اللہ ہم حکیم صاحب کے تمام مقاصد اور مشنز کو ایک دن ضرور پورا کر کے دکھائیں گے۔

طلباء: سر! آج کے ترقی یافتہ دور میں طب نبویؐ کی کیا اہمیت ہے؟
وائس چانسلر صاحب: طب نبویؐ، بادشاہوں اور مغلوں کے دور میں بطور علاج استعمال ہوتا تھا، بڑے بڑے حکیم دور دراز سے علاج کی غرض سے بلائے جاتے تھے تاکہ عام بیماریوں کے علاوہ مہلک بیماریوں کا علاج ہو سکے، اللہ تعالیٰ نے طب نبویؐ کو بڑی حکمت اور دانائی کے ساتھ تخلیق کیا ہے اور طب

جدوجہد کے نتیجے میں حاصل ہوتا ہے مگر آپ کے سوال کے مطابق اس میں تعلیم کی اہمیت کو نظر انداز نہیں کیا جاسکتا ہے۔ ہمارے تعلیمی نصاب اور نظام میں کچھ کوتاہیاں ضرور ہیں لیکن اس کی کو بھی محنت کے ذریعے پورا کیا جاسکتا ہے۔

طلباء: سر آپ کیا سمجھتے ہیں کہ حکیم صاحب کے جو مقاصد اور مشن تھے کیا آج وہ مقاصد اور مشن پورے ہو چکے ہیں؟

وائس چانسلر صاحب: بیٹا! آپ کا سوال کافی گہرا ہے۔ اصل میں بات یہ ہے کہ مقاصد حاصل کرنے کے لیے ٹیم ورک اور مسلسل جدوجہد کی ضرورت ہوتی ہے میں سمجھتا ہوں کہ یہ ادارے کی انتظامیہ کا کام بھی ہوتا ہے۔





جیسی اہمیت دے۔ اسی سوچ کو لے کر میں اس جامعہ کی سربراہی کر رہا ہوں۔ روز بروز کچھ ایسی مشکلات بھی سامنے آتی ہیں جن کا کوئی مناسب حل نہیں مل رہا ہوتا ہے تو ایسے وقتوں میں وہی لوگ کام آتے ہیں جن کو ان مشکلات کے بارے میں تجربہ ہو۔ لہذا میرے لیے بہت ضروری ہے کہ میں اپنی فیکلٹی کو اپنے ساتھ لے کر چلوں اور یہ میں ضرور کہوں گا کہ جامعہ کی سربراہی مشکل ضرور ہے لیکن اچھا سلوک اور کام میں پھرتی ہر مشکل کو آسان بنا دیتی ہے۔

طلباء: سر! آخر میں ہمارے لیے کوئی پیغام؟

وائس چانسلر صاحب: بس بیٹا! میں یہ کہنا چاہوں گا کہ اگر آپ چاہتے ہیں کہ آپ کی عمر طویل ہو اور آپ زندگی کے ہر میدان میں کامیاب ہوں تو اپنا ایک ٹائم ٹیبل بنالیں اور اس پر سختی سے عمل کریں کیونکہ جب آپ ہر کام وقت پر کریں گے تو آپ کے پاس جو وقت بچے گا وہ آپ کی عمر اور صلاحیتوں کو بڑھائے گا یعنی مختصر الفاظ میں یہ کہہ سکتا ہوں کہ ٹائم مینجمنٹ بہت ضروری ہے۔

طلباء: سر! بہت بہت شکر یہ آپ کے ساتھ بہت اچھا وقت گزرا اور ہم نے بہت کچھ آپ کے تجربات سے سیکھا۔ آپ ہم سب کے لیے دعا کیجئے کہ ہم وہ نونہال اور نوجوانان پاکستان بنیں جیسا کہ ہمارے قائد نونہال چاہتے تھے۔

نبویؐ بھی قدرت کا ہی ایک شاہکار ہے۔ جو ہمیں، جمادات، پودوں اور جڑی بوٹیوں سے حاصل ہوتا ہے۔

جیسے ہر چمکتی ہوئی چیز سونا نہیں ہوتی لیکن صد افسوس ہماری قوم کو یہ بات کون سمجھائے ایلو پیتھک ادویات کی ایجاد کے بعد لوگ طب نبویؐ اور اس کی اہمیت و افادیت کو بھول گئے ہیں جس کی وجہ سے لوگ اپنی قیمتی جانوں سے کھیل رہے ہیں اور ان ادویات کے مابعد اثرات سے کئی انوکھی بیماریوں میں مبتلا ہو گئے ہیں۔ لیکن مجھے یہ کہتے ہوئے خوشی محسوس ہو رہی ہے کہ لوگوں میں اب طب نبویؐ کی اہمیت اجاگر ہو رہی ہے اور وہ اسے استعمال بھی کر رہے ہیں کیونکہ دور چاہے ترقی پذیر رہا ہو یا ترقی یافتہ طب نبویؐ نے ہمیشہ انسانیت کی خدمت اور مدد کی ہے اس لیے اس کی اہمیت کو جھٹلایا نہیں جاسکتا ہے۔

طلباء: سر! بحیثیت وائس چانسلر آپ نے ہمدردیونیورسٹی میں کیسا وقت گزارا؟
وائس چانسلر صاحب: (ہنستے ہوئے) بھی یہ ایک ایسا عہدہ ہے جو کسی بھی کائناتوں سے بھرے تاج سے کم نہیں ہے۔ یہ میرے لیے بہت ضروری ہے کہ اگر میں ایک ادارے کا سربراہ ہوں تو میں ہر ایک کے ساتھ ایک جیسا ہی رویہ رکھوں چاہے وہ پروفیسر ہو یا کوئی طالب علم مجھے اپنے اس دور میں بہت سی مشکلات کا سامنا ہے لیکن ایک کامیاب انسان اسی وقت اپنی مشکلات پر قابو پاسکتا ہے جب وہ سب کے ساتھ ایک سا سلوک کرنا نہ سیکھ لے۔ انسان کے لیے بہت ضروری ہے کہ وہ کبھی بھی کسی کو اپنے سے کم تر نہ سمجھے بلکہ سب کو ایک

خانہ کعبہ

کے بارے میں کچھ معلومات

- خانہ کعبہ کا نقشہ جبرائیل علیہ السلام نے تیار کیا۔
- خانہ کعبہ میں ہجر اسود مشرق کی سمت ہے۔
- خانہ کعبہ کا طواف ہجر اسود سے شروع ہوتا ہے۔
- خانہ کعبہ کی تعمیر حضرت ابراہیمؑ اور ان کے بیٹے حضرت اسماعیلؑ نے مل کر کی۔
- خانہ کعبہ کی بلندی ۵۴ فٹ ۸ انچ ہے۔
- خانہ کعبہ تعمیر ہوئے تقریباً چار ہزار سال کا عرصہ گزر چکا ہے۔
- خانہ کعبہ پانچ پہاڑوں کے پتھروں سے تعمیر کیا گیا۔
- خانہ کعبہ کی چھت میں ۸۰ قندیلیں ہیں۔
- خانہ کعبہ کے غلاف کی کل لمبائی ۸۰ میٹر ہے اور یہ ہر سال تبدیل کیا جاتا ہے۔
- خانہ کعبہ میں کل ایک من (چالیس کلوگرام) سے زیادہ سونے کی تاروں کا استعمال کیا جاتا ہے۔
- خانہ کعبہ کا غلاف پورے ایک سال میں تیار کیا جاتا ہے۔
- خانہ کعبہ کی چھت کو کھولا نہیں جاتا اس نئے غلاف کو پرانے غلاف پر چڑھا دیا جاتا ہے اور پھر جدید مشینوں سے پرانے غلاف کو کاٹ دیا جاتا ہے۔
- خانہ کعبہ کی چھت کے اوپر سیدھا اللہ کا عرش ہے۔

سبحان اللہ



The purpose of

ELECTIONS

Government in today's generation:
There is selection,
Through an election,
Our leaders require people's attention,
To vote in a session,
To choose their favorite politician.
The one with the most votes, wins the election.
And rules the entire nation.
And has a mission,
To serve the country without any confusion,
To come up with every solution,
And to work with cooperation,
After all, the nation is now his possession!



نورہمدیہ
پارلہاؤس پبلک اسکول، کراچی

چوہا دیکھا پیچھے بھاگی
جیسے اس کی قسمت جاگی

بی مانو

پاس بلاؤ آجاتی ہے
دودھ ملائی کھا جاتی ہے

کرتی ہے یہ میاؤں میاؤں
راستہ دوڑو اندر آؤں

کیسی ہے یہ پیاری بلی
مانو میری پیاری بلی





Muneeb ur Rehman
Beaconhouse School System
Senior (Boys) Rawalpindi

Today's Fashion

As the days begin to get longer and the sunshine starts to peek through the snowy haze, shorts and sandals have begun to make their way onto runways and sales floors. Though winter is still upon us, spring is getting closer every day. It's time to thaw out and get to the mall to start filling your wardrobe with the most essential looks for the upcoming season.

One overarching trend that's visible throughout many of the spring lines is bold contrast. This can be seen in the form of bold stripes and even head-to-toe black and white combinations. The contrast can be reminiscent of '80s color blocking, a carryover from 2012, especially when paired with a denim jacket or retro-wash jean. In navy, it can also be nautical-themed.

Full skirts-on dresses or alone-are also hot for

spring. They look to aim for being slim at the shoulders with an A-line skirt that is a bit on the short side. Bold colors are a hit here as well. A contrasting cardigan makes an excellent partner for this piece, as do flats or low heels, which replace the four-inch stilettos of years past. Pointy-toed shoes will also make a comeback for the first time since the late '90s.

Embellishments are everywhere this spring. From beads to sequins to stitching, the patterns are inspired by a variety of cultures. Asian designs, Indian motifs, and even just a simple trim help the most basic garment transition easily from daytime to evening wear.

Another trend that is emerging on the spring scene is cut-out. From large geometric shapes to small perforated openings, almost like a snowflake, skin

is peeking through in a variety of places. While this trend is generally tastefully done, there may still be some who are hesitant to bare even a little more skin than they're accustomed to.

A suggestion is to pair this look with another popular look, sheer layers. An overlay of gauzy fabric, particularly white, will be seen frequently in combination with the cut-outs.

A few trends that we failed to mention include bra tops, drop waist dresses, and plastic outerwear.

While perhaps not for everyone, even these fads can look great if done right. See our how-to guide that appears later in this issue for more tips on how to wear these and other trends. But always remember that the best look is the one that makes you feel comfortable in your own skin. Don't make yourself a slave to fashion at the sacrifice of what suits you best. As Coco Chanel herself so eloquently stated, "Fashion fades; only style remains the same." And wearing clothes that fit and flatter is always in style.





SELFIE CRAZE

Picture is a flashback the memory can be funny, sad or beautiful evocation but how this memento has replaced by 'Selfie Craze" people take Selfies round the clock. Lester Wisbrod is the inventor of this viral craze he first took selfies after drunken night out, but the word "Selfie" was officially announced in November 2013, and become "the word year" by Oxford English Dictionary.

So the accidentally happened action of a drunken man is followed in form of bathroom Selfie morning selfie, night selfie, college selfie even no reason the free time selfies etc This incorrigible craze is declared to narcissism and addiction by scientist it has become a helpless addiction for what people dress up well, shot 40 to 50 pictures or sometimes for the havoc result this leads to 90

to 100, then after one of them selected picture meliorate by different applications and then posts on Facebook with (unknown) and numbers of others, shares on , Instagram with hashtags # # free # bla # bla # bla # random (ha ha ha), give it as a story on snap chat with dog filter, set it on whatsapp display picture. Isn't it so ridiculous. Why do people love to digging their own grave? Do you know how badly your picture be misused) ? Numerous girls with high dreams & desires prefer to suicide when they got harrase because of their own pictures. Girls you are responsible of your esteem.

Some get harrase & some die by their own foolish actions. Selfie craze is on height of madness I Just to post selfies they can climb up a extreme height they threat their lives just for a SELFIE without

considering what will happen if they would just fall or slipped, what if they die or simply get paralysed for lifetime. JUST last December a young Pakistani guy was killed after being hit by a train as he tried to take a selfie with it. Some died by falling from heights, some died in car crash, many loved ones met their demise in selfie addiction. Youngsters use their exquisite selfie stick in the air which leads to this all. Were selfies not enough that we get another trouble of selfie stick.

And yes, how can I forget that pouting everything is bearable but pouting is seriously a weird expression. What do you want to show by this pose? People

think pouting makes them look attractive but pouting is contagious. It seems against the ethics it shows your background. Actually, pouting was invented by the lady whose cigarette was pulled out by someone while taking a picture. So the termination is, it's OK to walk with people but extraordinary is destruction. Youngsters just follow trends without glancing what is correct & wrong. Girls & boys, please act a bit mature. You have given wisdom to do good for yourself. Take pictures, take selfies, but in a limit & yes, occasional selfies are acceptable but posting a new picture of yourself every day is absolutely not NECESSARY!





Laiba Fauzan
Beaconhouse School System
Karachi

HAPPINESS

Happiness is the best mood
Which makes us a lively person

Happiness is the word for honey
Which makes us an honest person

Happiness is the most friendly mood
Which enables us to make several friends

Happiness is the word to happy environment
Which makes our happy home

Happiness is the word for joy
Which makes our sense of humor more sharp?

Happiness is the word to break fear
Which makes us confident

Happiness is the word to break anger
Which makes us friendly and close to others

Happiness is the word to maintain discipline
Which makes us to be disciplined person

Happiness is the word for unity
Which makes a happy family

Happiness makes a perfect personality
So the person who is happy will make others happy



Araiz Adnan
Beaconhouse School System
Karachi

KHEWRA SALT MINE

I have visited many cities of Pakistan in the past four years. Most of them have natural beauty but in my last summer vacations, I visited Khewra City which is famous for The World's Second Largest Salt Mine. I was very excited to go there. It was my extreme wish to see that famous salt mine. I couldn't sleep all the night. I searched for lots of information about the salt mine before visiting it which now, I want to share with you.

This mine is 945 feet (288 meters) above sea level and a part of mineral rich mountains extending from Beganwala near river Jehlum to Kalabagh near the river Sindh. It is about 300 meters long. The width of salt range varies between 8 to 30 kilometers. Approximately 250,000 tourists visit this place yearly. This mine has an interesting history. The salt reserves at Khewra were discovered when Alexander - The Great crossed the Jehlum - Mainwala region during his India campaign. The mine was not really discovered by Alexander but by his horse because they saw the horse licking the stones. During the Mughal era,

the salt was traded in various markets as far as Central Asia. On the downfall of the Mughal Empire, the mine was taken over by Sikhs and later on by the British.

When we reached the salt mine, we sat in a tourist train which took us into the mine. The mine was very cold. First, we thought there may be some cooling system but no! It is because of salt everywhere. The guide told us that this mine has eleven floors. We were on the 5th floor because this was open for public to visit. There were numerous pools of salty water in which nothing could sink.

There were models of Badshahi Mosque, Minar-e-Pakistan, a clinic and a post office. They were all made of salt bricks and lights were fitted in them which made them beautiful. There were bridges made of salt without any support or pillar. At a time, many people can cross it safely. There was Allama Iqbal's sketch and there was Muhammad wrote in Urdu naturally on the same wall.

معلومات عامہ

حکایات

موبائل فون

دنیا کا پہلا موبائل فون امریکہ کے موجد، ڈاکٹر مارٹن کوپر نے ۱۹۷۳ء میں ایجاد کیا۔ اس کا وزن ایک کلوگرام تھا۔ اس کی تیاری پر لاکھوں ڈالر خرچ ہوئے۔ ۱۹۸۳ء میں اس موبائل کی باقاعدہ فروخت کا آغاز کیا۔ دنیا کا پہلا موبائل فون ڈائناٹیک تھا۔ جو ۱۹۸۳ء میں امریکی کمپنی موٹرو لانے مارکیٹ میں فروخت کے لیے پیش کیا۔

● منزلیں حوصلوں سے ملتی ہیں! حوصلے دوستوں سے ملتے ہیں، اور دوست مقدروں سے ملتے ہیں اور مقدر انسان خود بناتا ہے!

● تمام رشتوں میں سب سے زیادہ کمزور رشتہ تمہارے جسم اور تمہاری روح کا ہے، نہ جانے کب ٹوٹ جائے۔





Anabiah Arif Memon
Beaconhouse School System
Karachi



FAMOUS PHARAOKHS

CLEOPATRA:

Cleopatra was only 19 when she started her reign as the last ruler of Egypt. However, she did not rule as a pharaoh, she dressed like a queen and ruled as a queen. Many people thought she was charming and quite an attractive personality.

Julius Caesar, a Roman general, helped her to become the ruler of Egypt because he fell in love with her. After he was assassinated, Cleopatra married Mark Antony, a leader of Roman Empire, and they had three children.

Cleopatra committed suicide because she was so upset about Mark Antony's death. After her death

Egypt was made part of the Roman Empire. If she had lived longer Egypt would not have been conquered by Rome.

TUTANKHAMEN:

Tutankhamen became pharaoh when he was only nine years old. He was not a good ruler because he was so young. A blow to the head was probably the cause of his death. He got married when he was very young but no children survived. Many famous and fascinating artifacts were found in his tomb. People who worked on his tomb died because of the curse. If one of his children had lived, Egypt would have been very peaceful.



PRETTY LITTLE SOULS

Day to day, in our society, we pass by different kind of people. Some good or bad, beautiful or ugly, strong or weak. We see many types of people around us.

But there is another type that are.....short-heighted Infect very short-heighted.

They are usually called "Dwarves".

These are very special kind of people that are that are tragically bullied and abused in our society.

These short-heighted people are actually very sweet and loving but unfortunately people are not kind to them. They are taken as a joke by people. If

they are seen at public places, people laugh at them and criticize them. People hurt their feelings and make fun of them heart lesly.

We should understand that they are as human as us. They should be accepted as normal human beings. They can be as intelligent and useful as any other human. They should get equal rights like education, jobs, marriage and make their lives useful instead of being miserable, and pathetic. We should encourage and help them to make their lives better. They are also a part of this society and ALLAH has made them for a purpose.



FUN FACTS



- If you pour a handful of salt into a full glass of water, the water level will go up instead of down.
- In ancient Egypt servants were smeared with honey to keep flies away from the pharaoh.
- In every episode of the cartoon "adventure time", there's a hidden little snail waving at you.
- A team of scientists from Edinburgh University found a way to turn peanut butter into diamonds.
- In Japan there are more pets than children.
- There is a travel agency in Tokyo, that you can pay to take your stuffed animal on a tour of Japan, without you.
- Simon Cowell was arrested at the age of 12 for hijacking a bus with a toy gun.
- Einstein's brain was 15% wider than normal.
- A small amount of stress can help you remember things, but a large amount can hinder your memory.
- Ernest Wright wrote a book, "Gadsby", comprising of 500,000 words without using the letter "e"!
- Extremely high doses of caffeine can cause you to hear imaginary voices, & even hallucinate.



Muhammad Qasim
Beaconhouse School System
Rawalpindi

THE OPENED DOOR

A child in darkness
Laying on the floor
Thinking and thinking on stress
Gazing at an opened door

Why am I here
Perhaps I feel saved
I want some help, some care
But I'm caved

Caved in his own mind
Perhaps with an opened door
Wanting some care, someone kind
But won't leave the freezing floor

Get up and go...
His ego frowns
But I can't, won't, no...
Pushing himself down

You have got to leave
Destroying you can't

To face the world
And never to retrieve
People hear and ignore what you want
You, they haven't heard...

He leaves the frown, perhaps, smiles...
And gets up to come back, never
With worn out body, few steps meant miles
And finally leaves, closing the door forever...



Roshanay Ejaz

Army Public School,
SRC, Hyderabad

LAUGHTER

Laughter is a blessing which makes you laugh
Laughter makes your problems half.
Laughter makes pain disappear
And Shatters the glass of tears
Laughter creates a smile on your face.
And makes you forget whatever is the case
Laughter changes your mood,
And makes you relax and feel good



AMAZING FACTS

- A cat has 32 muscles in each ear
- An octopus has 3 hearts
- A chameleon can stretch its tongue more than three times the length of its body.
- There are about 550 hairs on each of your eyebrows.
- An adult toad eats at least 100 bugs every day.

FUNNY RIDDLES

- I'm there once in a minute.
Twice in a moment, but never in a thousand years!
Ans :- The letter M ! (m)
- A person who cuts beard , but has a beard ! ?
Ans :- A barber
- Take off my skin I won't cry but you will .
What am I ?
Ans :- An onion.





FUNNY POEM

Baby baby,	YES MAMA !
Studing 7th,	YES MAMA !
Lots of tention,	YES MAMA !
Too much work	YES MAMA !
Family life,	NO MAMA !
B.P sugar,	HIGH MAMA !
90 %	TAKE MAMA !
Annual result,	LOW MAMA !
Take rest ,	HA HA HA !!!

QUOTATIONS

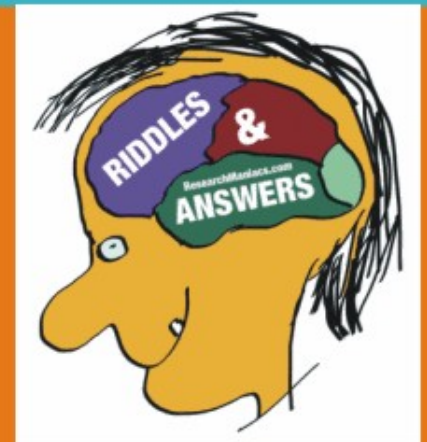
Shanzay Arbab
The City School,
Peshawar

- Anyone who has never made a mistake has never tried anything new.
- A penny saved is a penny earned.
- You must be the change you wish to see in the world.
- The more you give away the more you are happy.
- No one is perfect that's why pencils have erasers.
- There is no short cut to success, shortcuts make you fail.
- Being kind is never wasted.
- Do what you can, with what you have, where you are .

Najahat Abbas
Allied School
Lahore

RIDDLES

- What can run but could not walk?
- What part of London is in France?
- Why do you go to bed ?
- What starts from "T" ends with "T" and is full of "T" ?
- Which eight letter word has one letter in it ?



1 Water
2 The letter "N"
3 Because the bed will not come to you
4 Tea pot 5 Envelope

Word Search

<i>I</i>	<i>T</i>	<i>T</i>	<i>T</i>	<i>L</i>	<i>Y</i>	<i>A</i>	<i>I</i>	<i>Y</i>	<i>A</i>
<i>I</i>	<i>C</i>	<i>M</i>	<i>W</i>	<i>A</i>	<i>A</i>	<i>A</i>	<i>O</i>	<i>Y</i>	<i>L</i>
<i>Y</i>	<i>W</i>	<i>C</i>	<i>T</i>	<i>A</i>	<i>I</i>	<i>P</i>	<i>Y</i>	<i>P</i>	<i>A</i>
<i>A</i>	<i>P</i>	<i>L</i>	<i>A</i>	<i>Y</i>	<i>H</i>	<i>L</i>	<i>M</i>	<i>L</i>	<i>D</i>
<i>Y</i>	<i>A</i>	<i>L</i>	<i>D</i>	<i>A</i>	<i>E</i>	<i>A</i>	<i>L</i>	<i>A</i>	<i>L</i>
<i>L</i>	<i>C</i>	<i>N</i>	<i>P</i>	<i>S</i>	<i>W</i>	<i>N</i>	<i>T</i>	<i>A</i>	<i>P</i>
<i>I</i>	<i>B</i>	<i>A</i>	<i>O</i>	<i>S</i>	<i>L</i>	<i>T</i>	<i>L</i>	<i>C</i>	<i>L</i>
<i>O</i>	<i>L</i>	<i>L</i>	<i>L</i>	<i>I</i>	<i>L</i>	<i>P</i>	<i>S</i>	<i>C</i>	<i>H</i>
<i>W</i>	<i>C</i>	<i>N</i>	<i>E</i>	<i>L</i>	<i>A</i>	<i>Y</i>	<i>E</i>	<i>A</i>	<i>T</i>
<i>A</i>	<i>M</i>	<i>P</i>	<i>H</i>	<i>I</i>	<i>B</i>	<i>I</i>	<i>A</i>	<i>N</i>	<i>O</i>

- Closely
- Tad pole
- Plant
- Lay
- Hatch
- Swamp
- Amphibian
- Tail
- Eat

My Little Baby Brother



My baby brother is fat as fat as a boy
He is so cute i just love him
And he is the sweetest duck that ever did you see
I count the dimples on his hand a dozen times a day
And often wonder when he chose what he would like to say
I comb the down upon his head, He hasn't had any hair
It must be cold without it and he never seems to care
My baby brother is so cute
He loves his mummy, he loves his daddy
And he loves his family all the day
It is so nice to see him KICK, he has such some pretty feet
I think if we eat him up it would be quite treat



Shifa Karim

Headstart School System
Gulshan, Karachi

A Memorable Family Celebration

In the whole world the thing to do i like the most is to meet my cousins and my relatives. I don't enjoy when i play with my brother but when i play with my cousins i enjoy it alot. May be i don't enjoy playing with my brother because he is not my age and i enjoy playing with my cousins because they are of my age. There is one more reason that I'm bored by playing with my brother. But one day I enjoyed alot with both of them. I will tell you this briefly.

One day, our family decided to do a get together and meet with each other. That day the whole family planned to go to 'Do Darya' This is a place where there is a Seaview and hotels too.

We made the plan for the next day 6:00 O'clock in the evening and then we went home. Next day we packed some eatables for the journey. At 5:50 the bus came to our house and then we picked all members from their houses. On the way we saw many high buildings and shopping malls. We ate some eatables like chips and after some time we

reached there. It was a long way and we enjoyed the journey.

First, we went to Seaview and ride the camel, horse and bikes. We went in the deep water. The main thing I liked the most was that we can see the water till there where our eyes goes. The water was in a continuous movement. It was a good view of the sea and I felt fresh and my eyes too. Then we went to the hotel and there were many takhats with pillows and we sat on them. After 10 minutes we ordered Tikka, Karahi and chapati's. Till then I played with my cousins. We played hide and seek. That area was very huge. After some time he brought the food. I ate karahi, Tikka and two chapati's. The we went home and slept with smiles on our faces. This celebration was held because there was a birthday of my cousin and we celebrated it with a different style.

This is my memorable family celebration which I will not forget in my life.



تحفہ

گھروں کے اندر گھس جاتے اور مسلمانوں کو بے دردی سے شہید کرتے۔ جب بھی عید ہوتی یا کوئی اور مسلمانوں کا خاص تہوار ہوتا تھا تو کشمیر میں قتل و غارت کا بازار گرم ہو جاتا بھارتی فوجی مسلمانوں کے گھروں میں گھس جاتے مردوں کو شہید کر دیتے اور عورتوں کو قید کر کے لے جاتے۔ لوگ روتے پینتے چلاتے اپنے بچاؤ کی کوششیں کرتے مگر بھارتی درندوں کے سامنے ان کی ایک نہ چلتی۔

عصر کا وقت تھا احمد گھر جا رہا تھا کہ اس کا گزر بھارتی چوکی کے سامنے سے ہوا۔ اس نے علی کا تحفہ اپنے سینے سے لگایا ہوا تھا اسے اس طرح جاتا دیکھ کر بھارتی فوجی اس کے قریب آئے اور کڑک دار آواز میں بولے، کہاں جا رہے ہو؟ احمد پہلے تو بوکھلا گیا پھر جلد سنبھل گیا اور کہا: میں گھر جا رہا ہوں۔

سالگرہ مبارک ہو، احمد! یہ علی کی آواز تھی جو اپنے دوست احمد کی سالگرہ پر خاص اسے تحفہ دینے آیا، بہت بہت شکر یہ! احمد نے کہا پھر ادھر ادھر کی باتوں کے بعد علی نے کہا ”اچھا خدا حافظ، لیکن میرا تحفہ گھر جا کر کھولنا۔ احمد نے اثبات میں سر ہلایا۔ پھر دونوں گلے ملے اور اپنے اپنے گھروں کی طرف چل پڑے۔

احمد اور علی وادی کشمیر میں رہتے تھے۔ وہ دونوں ہم جماعت تھے اور ان کے گھر بھی پاس پاس تھے۔ اکثر وہ گھر کے قریب پارک میں ملتے لیکن کشمیر کے حالات خراب ہونے کی وجہ سے اب وہ اسکول میں ہی ملتے تھے لیکن آج احمد کی سالگرہ تھی اس لیے علی نے اسے پارک میں آنے کو کہا تھا۔ کشمیر کے حالات بہت خراب تھے۔ وہاں بھارت کا قبضہ تھا۔ بھارتی فوجی گلی گلی پھرتے اور گھروں کی دیواریں اور دروازے پھلانگ کر

سے گولیوں کی آوازیں آرہی تھیں، جب احمد کے ابو نے اسے اس حال میں دیکھا تو وہ تڑپ اٹھے، اور اس کے بعد وہ احمد کے پاس آئے تو اس نے کہا: میں علی کے تحفے کی حفاظت نہ کر سکا۔ یہ کہہ کر وہ دم توڑ گیا، احمد کے ابو نے کانپتے ہاتھوں سے تحفہ کھولا اور جب انہوں نے تحفہ دیکھا تو ان کی آنکھوں سے بے اختیار آنسو بہ گئے۔

پیکٹ کے اندر ایک خوبصورت غلاف کے اندر ایک قرآن مجید تھا، انہوں نے اسے چوما پھر نہایت ادب سے اسے غلاف کے اندر ڈالا اور احمد کو لے کر چلے گئے۔

کی محمد سے وفا تو نے تو ہم تیرے ہیں
یہ جہاں چیز ہے کیا لوح و قلم تیرے ہیں

اور یہ تمہارے ہاتھ میں کیا ہے؟
یہ مجھے میرے دوست علی نے تحفہ دیا ہے کیوں کہ آج میری سالگرہ ہے، احمد بولا:

اچھا تو پھر دکھاؤ اس میں کیا ہے، بھارتی فوجی نے پیکٹ چھینتے ہوئے کہا، تو احمد نے فوراً ہاتھ پیچھے کر لیا اور کہا میں آپ کو یہ پیکٹ نہیں دکھا سکتا کیوں کہ مجھے علی نے کہا ہے کہ گھر جا کر کھولنا۔ سر مجھے تو لگتا ہے کہ یہ کوئی خفیہ پیغام لے کر جا رہا ہے۔ ایک بھارتی فوجی نے اپنے افسر سے کہا۔ اس سے پہلے کہ وہ کچھ کرتے احمد نے گھر کی طرف دوڑ لگا دی۔ پکڑو اسے وہ ضرور کوئی پیغام یا اہم خبر لے کر جا رہا ہے بھارتی افسر چلایا۔

بھارتی فوجی اسے کے پیچھے بھاگے اور فائر کھول دیا، گولیاں احمد کی کمر میں پوسٹ ہو گئیں، اتفاق سے احمد کے چچا اور ابو اسے ڈھونڈنے کیلئے آرہے تھے، انہوں نے جب گولیوں کی آوازیں تو اس طرف آئے جہاں



Respect Your Elders



Once upon a time there was a boy named Mustafa. He was a very naughty boy. He always disobeys his elders. His mother always advises him to leave his naughty habits but he never listened to his mother. He always did opposite what his mother said. His mother has forbidden him not to go near the fire. Once his mother went to market leaving Mustafa and his small brother at home, advising Mustafa not to touch the match box, she lifts home, when his mother had gone, he went to the kitchen and hold the match box. Sitting in front of his brother he started to burn the match stick with carelessness he was lightening the match sticks and was thrown near the wooden table, he took no notice of it and was throwing the match sticks with

same carelessness. Suddenly one match stick falls on the wooden table. After some time the wood table holds the fire and then the fire raised to the curtains. It was covering everything in its circle. Mustafa got worried. Holding his small brother in his hands he ran towards the door. But there was also fire. Suddenly his clothes hold the fire . He threw his brother on one side and got fainted by falling on the ground. When he woke up luckily his brother was saved and his leg was burned. His mother was sitting worried beside his bed. He said sorry to his mother and promised to always obey his mother.

Moral : Respect your elders.



In The Nick of Time

Once upon a time, there was a boy named Sam. One day his parents had to go to the market to buy grocery . They instructed Sam not to leave home and to stay back. It was 1:00 pm and it had been raining since morning. The television and computer weren't working as there was no electricity. He was getting bored and had no one to play with.

Moments later, the telephone rang. It was his friend Joey. He asked him to go gliding, but Sam refused. Then Joey tried to persuade Sam. "Come on, Sam ! We'll have a lot of fun. The view will be great. Come on! Are you afraid? I know you are!" Who would tolerate this much embarrassment ! Sam quickly replied "No! I am not. I'll prove it to you ." He went to his house on his cycle and from there they went to their destination by car. It was a

pleasant cloudy day.

He tied his belt, and left the ground and there in the air he was ! Sam lived in New York so the view of the Great Statue of Liberty from the top left him , flabbergasted. It was a thrilling experience. Even his house was visible!

After a while, Sam suddenly started feeling uncomfortable for he hadn't followed his parents' order. He had never disobeyed them. He turned his glider and flew towards the gliding spot. While his friends were still enjoying, he took a taxi and rushed home. He came back in time, as after a few moments, his parents arrived. They were happy to see Sam home and praised him for his obedience . Sam took a sigh of relief for he did the right thing before it was too late. He was able to figure out his mistake and corrected it 'in the nick of time'.

Puzzle

M	U	L	T	I	P	L	I	C	A	T	I	O	N	T
F	R	P	M	S	T	P	A	C	C	B	F	P	R	M
T	A	D	D	I	T	I	O	N	D	T	O	U	D	S
P	E	R	I	M	E	T	E	R	K	W	T	M	A	U
N	T	R	O	L	A	E	B	D	T	E	S	T	Q	B
S	D	E	C	I	M	A	L	S	C	I	B	F	R	T
M	O	Q	T	L	Y	K	O	X	S	G	F	K	G	R
M	P	F	I	F	T	Y	L	Z	J	H	F	I	C	A
F	T	A	T	M	P	O	K	S	K	T	U	L	G	C
H	O	K	V	O	L	U	M	E	K	D	F	O	T	T
U	P	B	P	R	J	O	K	E	I	H	R	G	S	I
N	J	N	I	N	E	T	E	E	N	E	A	R	V	O
D	I	C	K	O	F	J	L	R	P	T	C	A	K	N
R	F	I	M	O	T	L	E	D	O	R	T	M	A	R
E	D	H	G	H	N	Q	V	X	S	K	I	U	D	C
D	M	L	O	K	L	L	E	R	V	P	O	Y	F	O
G	S	T	E	P	P	O	N	W	T	Z	N	B	J	K
N	C	A	L	C	U	L	A	T	I	O	N	S	Q	O

- Fraction
- Decimal
- Volume
- Perimeter
- Kilogram
- Weight
- Calculations
- Addition
- Subtraction
- Eleven
- Nineteen
- Fifty
- Hundred
- Multiplication



Daniya Imtiaz
Beaconhouse School System
Karachi

FISH & CHIPS

Dalton, Isabelle and Susan loved Fish and Chips. Amanda Christopher and Eugene Christopher (their parents) almost took them to The Foodies every Saturday to eat Fish and Chips. One Saturday evening, Dalton, Isabelle and Susan were getting ready by their mum. "Are you not bored of eating Fish and Chips every time we go to The Foodies?", mum asked while she was brushing Isabelle's hair. "No!" replied Dalton, who was in the room. "She asked me, not you!" Isabelle replied annoyed by her brother. When they reached there, dad walked over to the counter and ordered three bowls of Fish and Chips for the kids and 2 bowls of Spaghetti for the parents. "Sorry! We are out of Fish and Chips these days but don't worry we have Spaghetti", the man at the counter replied. "WHAT IS HE TALKING ABOUT?!" Dalton screamed. "I can't live without Fish and Chips!", Isabelle wailed. "I will eat nothing except for Fish and Chips!", Susan squealed. "We have to get them Fish and Chips from somewhere because I can't look at the children being so miserable," mum said downheartedly as they sat in the car. "Maybe we can cook them at home and then go on a picnic," dad suggested. But they got to know that the reason they did not get to eat Fish and Chips was

that potatoes and fish were out of stock from the market. So the family went home in sorrow. As they reached home, Dalton, Isabelle and Susan went to their room and discussed how to solve this problem or else they will never ever get to eat Fish and Chips again. At this moment, like a thunderbolt of lightning, Susan got an idea. She suggested that they grow their own potatoes and ask their dad to fish for them so that their mother cooks Fish and Chips for them at home. "Cool idea!" Dalton screamed merrily. "You have got a big brain even though you are the smallest!" Isabelle said to Susan who was beaming with happiness. They shared their idea with their parents and from then on instead of going to The Foodies every Saturday for dinner, they started doing their part. Dalton, Isabelle and Susan did the gardening and their father fished for them and their mother cooked Fish and Chips for them. As a result, they had started their own shop in a few days which was called A&Es (named after Amanda and Eugene). And now, their mother cooked Fish and Chips for them every Saturday night and would take the yummy plate of Fish and Chips out for a picnic.



Kulssom Noor
The City School
Peshawar



Bloody Mary

A true legend!!

Once there was a girl living named Mary. She lived in a deep tiny cottage and sold herbal remedies for a living. People living in the town nearby called her bloody Mary, and said that she was a witch. None of the people dared cross the old crone for fear that their cows would stop giving milk, their food gets putrid before winter, their children take sick of fever, or any number of terrible things that an angry witch could do to their neighbors. Suddenly the little girls of the town began to disappear, one by one! No one in the village could find out where are they gone. Grief stricken families searched the woods, local buildings and all the houses but there was no clue where are they gone. A few brave souls even went to bloody Mary's home to ask about the little girls but she denied any knowledge of the girls disappearances. Still, it was noticed that bloody Mary looked younger and more attractive. The people knew

that she took but no one had a proof of it.

The night came when a miller's daughter looks up and walked outside, following and following an enchanted voice. The miller's wife got to know and started screaming. The miller went to save his daughter but disappeared. The people grabbed guns and went to see her. Suddenly they saw bloody Mary under an oak tree, spelling the miller's daughter. When she heard about it she ran back to the woods. The miller aims a shot at her and she was shot in the hip. The people grabbed her and throwing her on fire. When she was getting burned she cursed a spell on the villages.

After that day to this anyone would be mad enough to say bloody Mary 3 times in front of a darkened mirror. Bloody Mary was once burned but will be trapped in a mirror forever!!!



منائل عرفان
دارالم اسول، کراچی



چوزے کی کہانی

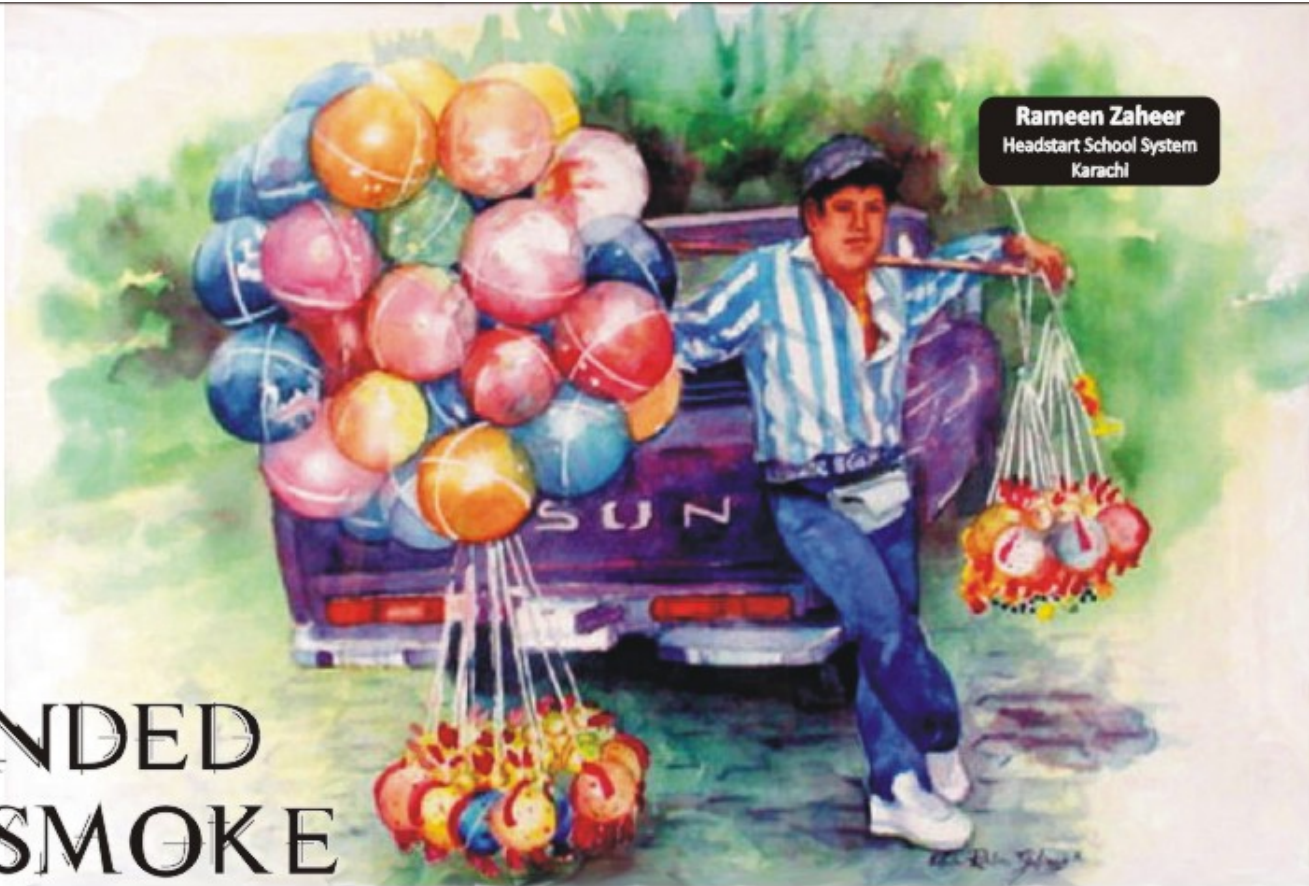
بیٹھک میں بیٹھے ہوئے جو گھر کے ساتھ ہی تھی، ان کے گھر میں آ کر لوگ پانی کی خواہش کرتے، نانا ابو کنویں سے تازہ پانی نکال کر انہیں دیتے اور وہ پی کر، ان کا شکریہ ادا کرتے اور چلے جاتے منی کی امی بھی پانی بھر کر چلی گئیں۔ نانی اماں نے مرغیاں اور چوزے پال رکھے تھے۔ منی کی امی کے جانے کے بعد منی چوزوں کے ساتھ کھیل رہی تھی اور آج اس کے دیکھتے ہی دیکھتے چوزہ کنویں میں گر گیا۔ جانوروں کو بھی اللہ نے عقل دی ہے وہ کٹ کٹ کٹا کے کرنے لگی۔ جب نانی اماں آئی تو انہوں نے دیکھا کہ ایک چوزہ کنویں میں گر گیا ہے وہ اسکو نکالنے کی ترکیب سوچنے لگی۔

آخر نانی اماں کے ذہن میں ایک ترکیب آئی، انہوں نے ایک ٹوکری لی جس میں سوراخ تھے ٹوکری کو رسی سے باندھا اور کنویں میں ڈال دیا، تو چوزہ ٹوکری میں آ گیا، اسے اوپر کھینچ کر نکال لیا۔ اس طرح چوزہ بچ گیا۔

ہائے اللہ! چوزہ منی چلائی اور اگلے ہی لمحے چوزہ کنویں میں گر چکا تھا۔ ننھی سی جان..... پانی سے بھرا ہوا کنواں!

منی کنویں کے پاس کھڑی چوزے کو بے بسی سے دیکھ رہی تھی۔ کنواں کئی سو سال پرانا تھا، آج سے پچاس ساٹھ سال قبل آج کل کی طرح گھروں میں نلکوں اور ٹوٹیوں کا رواج تو تھا نہیں، خصوصاً گاؤں کے کسی گھریا مسجد میں کنواں ہوتا جہاں سے سب لوگ آ کر پانی بھر کرے جاتے۔

نانی اماں کے بڑے سے گھر کے صحن کے وسط میں بھی ایک کنواں تھا۔ گاؤں کی خواتین اس کنویں سے پانی بھر کر لے جاتیں۔ اس کنویں کا پانی اپنی مٹھاس کی وجہ سے مشہور تھا۔ ان دنوں لوگ زیادہ تر پیدل سفر کرتے، دور دراز سے آتے، پیاس لگی ہوتی تو سوچتے کے حکیم صاحب کے گھر سے پانی پیس گے۔ ہمارے نانا ابو کے اپنے علاقے کے مشہور حکیم تھے۔ وہ اپنی



ENDED IN SMOKE

Once upon a time there was a man named Mr. Twiddle, who lived with his wife and two daughters in a small village. They were not so well off, but tried to live a normal life. Mr. Twiddle was very silly. They lived in Greenhill Village. Their home was a very small tumbledown cottage, but Mrs. Twiddle tried to keep it as presentable as possible.

One day they were worrying about money. Actually, Mr. Twiddle had a cobbler's shop, but as he was very silly, no one came to his shop. "Really Mr. Twiddle, why don't you start a new business?" "Ha! I'll think aboouu..., wait a minute. What did you just say? Well! I think that's a great idea." The next day, Mr. Twiddle went to the market. He saw packets of balloon in a shop. "Well! Let's buy this, children love balloons and then I will bathe in money."

So he bought a packet of balloon for ten cents. It had twenty balloons. " I'll sell these one for two cents and I will gain twenty cents as profit on the whole. Great!

So he went home and blew all the balloons and set

out to sell them in the park.

By the evening, he had sold six balloons and earned twelve cents, with two cents as profit. Suddenly, he tripped over a stone, lost balance and all the balloons flew away.

All the children looked at the sky in awe and all those who could grab some, they did and ran away. Mr. Twiddle rushed home and told his wife what had happened. "Well! Mr. Twiddle you should have consulted me and I could have suggested you a better idea. However, all what you had planned for, have not completely ended in smoke. You still have got two cents as profit and there is no loss on your part."

So Mr. Twiddle decided to start a new business of making burgers on his stall with his wife's help. He even became sensible, and his business bloomed. Now he lives in a bigger house with more money than before!

If things are planned out in an organized way with mutual understanding, then it is always fruitful.



Nazra Noor
The Punjab School
Lahore

FRIENDS ARE THE BEST

Each stiff with doh
Never cried as ohh!
Always fall in with each's plans
Every time will be they each's fans.

Happy as they are; trouble they don't have
Cheerful as they are; ache they don't have.

It doesn't dare to kick its butt
They will help if it hurts and cut.

Because of their unity; secure and delighted as they are
The heavens shone its lights on them; intellectual as they are.

Even Have no alteration in trust
Friendship of theirs will not spurt.

Any more they aren't weary
They don't forget their lore.
It's all the lovely companionship's cause
Charming outcomes will never pause.



Friendship



It is a ship that never ends.
It is a path that never bends.
Friendship is as precious as gold.
It brings a lot of happiness , as it gets sold.
It gives happiness, love and joy,
And never forces us to say goodbye.
English starts with ABC,
And Math starts with 123.
Let's start our friendship with you and me.



IMPORTANCE OF FRIENDSHIP

Many things have importances and are very useful like parents, houses, our city, country, stationary, bags, boards and much more as well as friendships.

Friendship is very much important as it helps us alot in our life in schools and our home. Some importance of friendship is that when we have friends they always help us in our works, share things, help in completing our work, share lunch, discuss problems and play with us in school. If we have any friend in the street he/she plays with us in the evening, comes to tea or calls us for tea at their

home and this way we can show them my toys and play with their toys and we can also help each other in our home or school works and then we will not feel lonely at home also.

Friendship makes us feel less lonely, when friends are with us we can solve problems, help in works, play together and then we feel happy when things go well. We would feel comfortable and relaxed because our problems will go away.

Friendship is very important as it helps us in our life in many things and is a very good and easy thing form which some problems go away.



Eshaal Ali

Army Public School
SRC, Hyderabad

LINES FROM MY HEART

My Father

My father's name is Ali
He is really very Jolly
I love his cute dimples
But I have some pimples
My father is so handsome
His height is also awesome
And whatever he's to me
I love him more than me

MY CAT GINGER

I had a cat whose name was Ginger
Who was cute and a bit bigger
He had a fur, fluffy and brown
He liked cities but he lived in a town
He loved to play with a teddy bear
When nobody home he was in fear
But he was ill and he has passed away
I'm so sad that he has gone away

WORD SEARCH

T	K	L	T	O	B	C	D	L	R	F	B	E	F	L	N	W	X
E	L	L	E	B	Y	P	T	E	F	G	H	J	I	K	A	M	L
N	U	O	V	P	W	Q	X	R	Y	S	Z	T	N	O	L	P	A
Q	B	R	C	S	D	N	T	U	L	V	W	E	X	Y	L	Z	F
G	P	H	Q	R	I	I	J	L	K	S	L	T	M	U	E	N	O
V	A	W	B	D	X	Y	E	Z	C	E	D	R	P	E	R	Q	P
J	K	U	D	S	T	B	Z	B	G	F	R	O	Q	O	E	O	N
L	V	A	R	W	R	Y	F	E	G	S	T	B	N	U	D	M	R
M	L	Q	X	E	N	H	O	F	I	I	H	I	V	M	N	S	L
A	O	P	K	L	L	D	E	F	J	W	K	N	L	C	I	J	T
N	S	N	N	O	C	H	D	E	F	X	Y	H	B	E	C	U	I
T	I	I	D	A	B	D	N	I	S	Z	A	O	D	F	G	H	V
T	P	T	T	F	T	Y	M	X	N	Y	Z	O	P	R	U	V	W
Z	C	I	N	E	F	G	H	I	V	W	Z	D	H	I	O	T	G
P	N	I	C	T	W	X	O	Q	P	I	N	O	C	C	H	I	O
Q	E	C	I	L	A	M	P	R	U	X	C	J	I	N	R	X	Z
R	S	U	V	Y	Z	N	S	T	Y	K	M	P	Q	S	W	Y	F

- Aladdin
- Alice
- Cinderella
- Robinhood
- Sindbad
- Belle
- Tinkerbelle
- Pinocchio



Manahil Arfeen
Beaconhouse Senior Girls
Branch, Rawalpindi



6 Facts ABOUT THE HUMAN BODY YOU PROBABLY DIDN'T KNOW

- **THE MOUTH**
Our body produces about one liter of saliva in a day.
- **THE BRAIN**
Your brain is sometimes more active when you are asleep than when you're awake.
- **THE BLOOD VESSELS**
Laid end to end, the blood vessels of an adult could circle the earth's equator four times.
- **THE BELLY BUTTON**
The average person has 67 different species of bacteria in their belly button.
- **THE SKIN**
You lose about 4kg of skin cells every year.
- **THE TEETH**
Human teeth are as strong as shark teeth.



ورزش کے فوائد

فائدہ مند ہوتی ہے۔ ورزش کرنے سے ہم اپنی پریشانیاں تھوڑی دیر کے لیے بھول جاتے ہیں۔ ورزش کرنے سے ہمارے جوڑ بھی کھلتے ہیں۔

جب ہم ورزش کرتے ہیں تو ہم اپنے کاموں سے فراغت پاتے ہیں۔ وہ لوگ جو ورزش کرتے ہیں، ان کی صحت ان لوگوں سے بہتر ہوتی ہے جو سارا دن موبائل اور کمپیوٹر استعمال کرتے ہیں۔

میں بھی ہر روز کرکٹ اور فٹ بال کھیلتا ہوں جو بہت اچھی ورزش ہوتی ہے، شام کو کھیلنے کے بعد میں بہت تروتاز محسوس کرتا ہوں۔

ہمیں ہر روز تھوڑی دیر کے لیے ورزش کرنی چاہیے تاکہ ہم تندرست رہیں۔ اگر ہم ورزش کو اپنی زندگی کا ایک حصہ بنالیں تو ہم انشاء اللہ۔ بیماریوں سے پاک زندگی گزاریں گے۔

ورزش کرنا بہت ضروری ہے، انسان کو چاق و چوبند رہنے کے لیے ہر روز ورزش کرنی چاہیے۔ ہم ورزش بہت سے طریقوں سے کر سکتے ہیں اور یہ سارے طریقے ہمارے، دل و دماغ اور جسم کے لیے مفید ہوتے ہیں۔

ورزش کا مطلب صرف جم جانا نہیں ہے۔ ہم ورزش اپنے گھر میں بھی کر سکتے ہیں۔ لڑکیاں جب اپنے گھروں کی صفائی بھی کرتی ہیں وہ بہت اچھی ورزش ہوتی ہے لیکن باہر کی آب و ہوا میں ورزش کرنا اور بھی مفید ثابت ہوتا ہے۔ ہم باہر جب کوئی ورزش کرتے ہیں تو ہم صرف جسمانی طور پر مضبوط نہیں ہوتے بلکہ ہمارے دل و دماغ کو بھی سکون ملتا ہے۔ ہم باہر واک، جاگنگ، کرکٹ، فٹ بال اور بہت سی اور چیزیں کر سکتے ہیں۔

ورزش ہمارے موٹاپے کو کم کرتی ہے اور ہم زیادہ چست ہو جاتے ہیں۔ ہماری برداشت بھی بڑھتی ہے۔ ورزش ہر بیماری کے مریض کے لیے

Water Colour



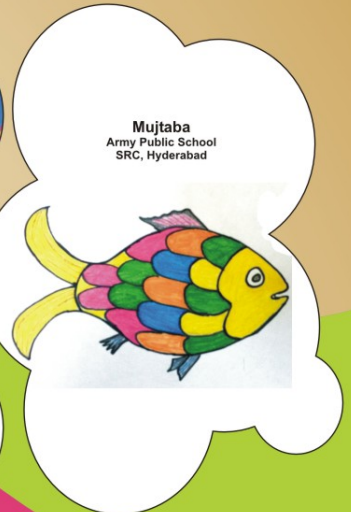
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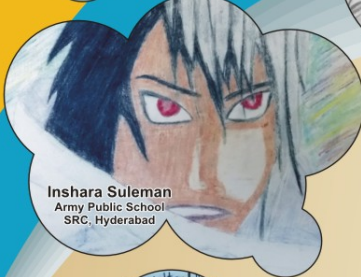
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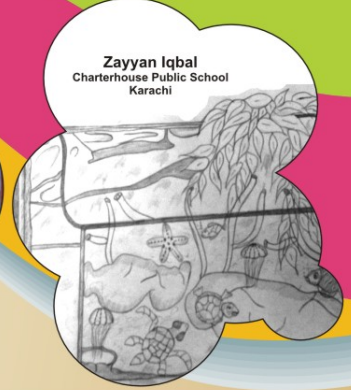
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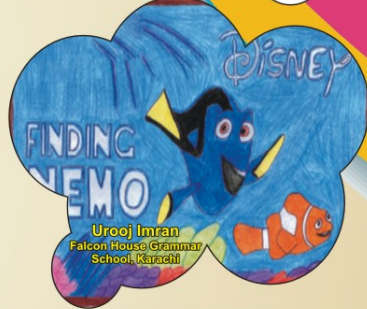
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Karachi



Urooj Imran
Falcon House Grammar
School, Karachi

RECIPES

Glass Noodle With Shrimp Balls

INGREDIENTS

300 grams	Jumbo Prawns.
250 grams	Glass Noodles.
1	Egg.
1	Onion.
1	Spring Onion.
2	Big green chillies.
1/4	Parsley Bunch.
1 Teaspoon	Garlic/ Ginger paste.
	Worcestershire Sauce.
	Refined flour.
½ Teaspoon	Black paper powder.
2 Teaspoon	Corn flour.
To taste	Salt
Oil	for frying.
For decoration	Lemon, Cucumber, Tomato, lettuce.

METHOD:

Blend prawns, spring onions, green chillies, parsley, Onion, Worcestershire sauce, egg, Cornflour, black paper, garlic/ ginger and salt in a blender.

Shape into small balls. Cut glass noodles into small pieces with the help of scissors.

Heat oil in a wok. Coat meatballs with noodles and fry till golden. Decorate with lemon, Cucumber, tomato and lettuce leave and serve.





Alina Khalid
Beaconhouse School Senior
Girls Branch, Rawalpindi



لطفے

Fakes

● اسٹوڈنٹ: سر لوگ اردو اور انگلش میں بات کرتے ہیں، میتھ (Math) میں کیوں نہیں کرتے۔
ٹیچر: زیادہ 3, 5, 11, 2, 9 ہو جاؤ ورنہ 6 کے 36 نظر آئیں گے، اور 32 کے 32 باہر آ جائیں گے۔
اسٹوڈنٹ: سر اردو اور انگلش ہی ٹھیک ہے میتھ تو بولنے میں بھی خوفناک ہے۔

● Where did the music teacher leave her keys?
Ans: In the piano

● What did the pen say to the pencil?
Ans: What's your point?!

● By using a ruler, why did the kid study in the airplane?
Ans: Because he wanted higher education

● What subject in school is easy for a witch?
Ans: Spell-ing!

● What did the paper said to the pencil?
Ans: Write on!

● Why didn't the sun go to the college?
Ans: Because it already had a million degrees!

● Which animal cheats at exam?
Ans: Cheetah

● Why the math book was so sad?
Ans: Because it had many problems!!!

● Why the student did his work on the floor?
Ans: Because the teacher told not to use tables!

● سردار Museum گیا، وہاں اس سے ایک کپ ٹوٹ گیا۔
آفیسر: تم نے 5000 سال پرانا کپ توڑ دیا۔
سردار: خدا دا شکر ہے میں سمجھ یا نواسی۔

● سردار: یہ تم کیسی ماچس لائے ہو ایک بھی تیلی نہیں جل رہی؟
بیٹا: کیا بات کرتے ہو ابا ایک ایک چیک کر کے لایا ہوں سب جل رہی تھیں۔

● ایک سردار دور کھڑی لڑکی کو گھور رہا تھا۔

لڑکی نے تنگ آ کر ہاتھ سے لعنت کا اشارہ دیا۔
سردار دوست سے بولا:

لے لکل فیئر پانچ و بے دانا تم فکس ہو گیا اے۔

● دو پٹھان پانی پینے گئے تو گلاس الٹا پڑا تھا۔

پہلا پٹھان: اس کا منہ ہی بند ہے۔

دوسرا پٹھان: یہ تو نیچے سے بھی ٹوٹا ہوا ہے۔

● ایک پٹھان نماز پڑھ رہا تھا تو دوسرا اس کے بارے میں کسی کو بتا رہا تھا،

یہ بڑا نمازی اور پرہیزگار ہے۔ پٹھان نماز توڑ کر بولا اسکو بولو!

ہم نے حج بھی کیا ہوا ہے۔

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