

FAVORITE MAGAZINE FOR ALL AGE STUDENTS

THE FAME

Volume / 2 - Issue / 1

AwakeneR

Sept. - Oct. 2014

building a better tomorrow....



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From the Editor's Desk!

Assalamu Alaikum,

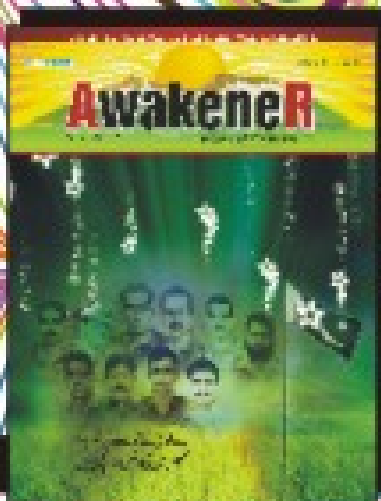
Summer Vacations are now over and most of you are back to classrooms. Greeting and warm welcome to our first issue of the second volume of the Awakener Magazine. A lot of articles were presented in our four issues that appeared in 2013-14.

Now we introduced new segment "Geo to Aisay" for students. It is a big opportunity to show their success story in different categories like Qirat, Sport, Education, Speech, Painting, Marathon and Swimming in national and international level. We will give full page coverage in Awakener Magazine.

September is also the month when our valiant soldiers stamped their authority against the haughty enemy. Read 6th September –Defense Day to intensify your patriotic sentiment,

We invite to all schools from Pakistan to participate in Awakener Magazine and send their materials online.

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CONTENTS

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■ HAJI	09
■ 8TH SEPTEMBER (DEFENSE DAY OF PAKISTAN)	20
■ FIKR SPRING	21
■ MAIN BADE HO KAR KYA BAHON GAY	22
■ PAUN PEHAY K ADAS (LUNAR'S-BAHAY)	23
■ GED TO JULY	24
■ WONDERFUL FACTS OF PAKISTAN	25
■ TERRORISM	26
■ GIVE PEACE A CHANCE	27
■ OUR SOCIETY	28
■ PARENT TEACHER MEETINGS (PTM)	29
■ BALLER	30
■ FOUR BEAUTIFUL THOUGHTS OF LIFE	31
■ LAST DAY OF MY SCHOOL LIFE	32
■ THE BRIGHTER SIDE OF PRIVATE EDUCATION	33-34
■ SCHOOL UNIFORM	35
■ GAVE IN LIFE!	36
■ COOLEST LAPTOPS	37
■ STRAIGHT FROM THE HEART	38
■ WRIT E PIRANDE	39
■ WINNERS & LOSERS	40
■ LIFE A COMPLICATED TRUTH	41
■ LIFE	42-43
■ DIGNITY	44
■ ARE WE TOO RISK-CONSCIOUS THESE DAYS?	45-46
■ BEST WAYS TO SPEND FREE TIME	47
■ TO ME DEAR BROTHER, MUHAMMAD!	48-49
■ WILDMAN	50
■ MY MOTHER'S SWEET KISS	51
■ PAPA MAMA	52
■ I LOVE MY DAD	53
■ AZEEZ MAMA KI TORHAT	54
■ MAMA	55
■ MAMA, THEY AIN'T GOT ANYTHING ON ME, POWER GAME!	56
■ BEING ALONE WITH A THOUSAND OF FRIENDS	57
■ BEACONHOUSE SCHOOL SYSTEM (CANAL SIDE CAMPUS LAHORE)	58-59
■ TRAFFIC SAFETY	60
■ BRAILLE (A LANGUAGE FOR BLIND PEOPLE)	61
■ MARRIED & CLUSTERS	62
■ CAPT'S LOVE	63
■ INFORMATION ABOUT MY LAMKA	64
■ CRICKET FEVER	65
■ LIVING BOYAN	66
■ DO YOU KNOW?	67
■ GOLDEN QUOTES	68
■ FIDDLES	69
■ WHAT IS PAST	70-71
■ HOW TO RECOGNIZE A SNAKE BITE!	72
■ FACTS "SEAS & OCEANS", FACTS OF "CRAB" "TURT" ANIMALS	73
■ ANGEL AND THE WOOD CUTTER	74
■ A LESSON LEARNED	75
■ CORRESPONDENT	76
■ LEARN KHAN CHUGHANI	77-78
■ THE GIANT'S STEW , THE UNHAPPY BIRD	79
■ WORD SEARCH	80
■ THE LUCKY COUPLE	81
■ THE SPARTAN	82-83
■ WHY AM I SAD?	84
■ JUST THE WAY YOU ARE (WORD SEARCH)	85
■ THE DONKEY , THE LITTLE DOG	86
■ STEPHEN JEREMY	87-88
■ MURRAY TURE BHE BHAGINA	89
■ HORROR STORY	90
■ A BEAUTIFUL DAY	91
■ HOPE LEADS TO PERHAP	92
■ MOMENTS	93
■ WATER COOLER	94-95
■ HEALTH : A DEBT FROM ALLAH	96
■ CARTERS	97
■ MY NO TO TOBACCO!	98
■ NAUGHTY CHOCOLATE	99
■ HOW TO MAKE A SANDWICH?	100
■ BEHAT	101
■ JOKES	102
■ GET A DREAM TO MAKE IT COME TRUE	103

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اندھروں میں تم سے روشنی ہوئی عام

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6th SEPTEMBER

DEFENSE DAY OF PAKISTAN

Defense Day is celebrated on 6th September every year in Pakistan. It is celebrated on the memory of martyred people who gave sacrifices of their life for the defense of the country. Pak - India War II was fought in 1965. This was ended on 6th September and both countries stopped damaging each other by using weapons etc. on 6th September, Defense Day of Islamic Republic of Pakistan. This war affected financially both countries but none of them could really dominate. As Pakistan remained saved, Defense Day is celebrated on 6th September.

Pakistan and India, both countries fought that war for the issue of Kashmir but this issue remained unsolved. A lot of people lost their lives from both countries and a lot of weapons were used. At last on 6th September, this war was ended with the support of UN.

Pakistan celebrates this day yet just for telling native of Pakistan that how people were brave at the critical time and were proud of offering sacrifices of their lives for the defense of Pakistan. Everyone must be wise and brave like martyred people at any critical time. No one should feel any kind of hesitation for offering sacrifice of his life at the time of need.

The day of 6th September starts with special prayers for the peace and prosperity of Pakistan. President and Prime Minister and many ministers of Islamic Republic of Pakistan address on 6th September from special functions of Defence Day. Army officers like Captain Sarwar Shaheed, Major

Tufail Shaheed, Major Raja Aziz Bhatti Shaheed, Major Shabbir Sharif Shaheed, Major Muhammad Akram Shaheed, Sawar Muhammad Hussain, Lance Naik Mehfooz Shaheed, Shaheed Pilot Officer Rashid Minhas Shaheed, Captain Karnal Sher Shaheed and Havildar Lalak Jan Shaheed gave sacrifices of their life and were awarded with "Nishan-e-Haider" on 6th September, 1965. Nishan-e-Haider is a special batch which is given to brave martyred people in Pakistan who leave remarkable examples of bravery and sacrifices for nation.

Army of Pakistan displays the latest missiles, tanks, guns, army aviation helicopters and armament being used by Engineers, Electrical and Mechanical Corps, Army Air Defense, Signals, Army Service Corps and Army Medical Corps live on various places. Everyone is allowed to watch such functions live by going to the specific places. These shows are displayed on national channels as well. National songs and special documents about 6th September, 1965 and martyred people of 6th September are displayed on TV. It is told to people how people gave sacrifices for the defence of the country and what is the responsibility of young generation now.

An environment of patriot passion is generated in the whole county on Defense Day. Everyone decides in his mind he will do such works which will be significant for the country and pray for the independence of the country.

پاک سپاہی

پاک سپاہی زخمہ باد
پاک سپاہی زخمہ باد

ہمت اور حوصلے والے
قدم کو بڑھانے والے

پاک سپاہی زخمہ باد

ڈرتے نہیں ہیں بڑھتے ہیں
مشکلوں سے لڑتے ہیں
دشمنوں کو ہراتے ہیں
بہر بننے ہیں شہید یا بہر قادی

پاک سپاہی زخمہ باد

تو لڑتا ہے اپنے وطن کے لئے
تو چیتا ہے اپنے وطن کے لئے
تجے کرتی ہے پوری قوم سلام
حیری ہمت سے راضی ہے پوری قوم جناب

پاک سپاہی زخمہ باد



عظیم قریشی
بانی و مدیر ایڈیٹر



میں بڑا ہو کر کیا بنوں گا!

ہوں پاک فوج دنیا کی سب سے زیادہ طاقت ور فوج ہے فوج میں بہت بہادر لوگ جاتے ہیں۔ میں پاک فوج میں جا کر اپنی امی اور ابراہیم کا نام روشن کروں گا پاک فوج کی لڑائی بہت زیادہ خطرناک اور سخت ہوتی ہے اور وہ ہمیں مضبوط بناتی ہے۔

ہمیں اپنے وطن کی حفاظت کرنی چاہیے اور فوجی بن کر میں یہ عہدہ کتا چاہتا ہوں کہ پاک فوج میں مجھ سے زیادہ بہادر کوئی فوجی نہیں اللہ سے میرے خواب پورا فرمائے۔ (آمین)

میں کل اپنے دوستوں کے ساتھ باہمی کر رہا تھا تو میرے ایک دوست نے ہم سب سے میرا چھاپہ لیا گا کوئی مذکورہ خوب ہوتا ہے ہم سب بڑے ہو کر کیا بنیں گے۔

بچہ دوستوں نے کہا کہ وہ بڑے ہو کر ڈاکٹر بننا چاہتے ہیں اور بچہ نے کہا کہ وہ سائنسدان بننے کی خواہش رکھتے ہیں لیکن میں نے بچہ تلف کیا کہ میں پاک فوج میں جاؤں گا۔ میں یہ بچہ سب سے خوب دیکھتا آ رہا ہوں کہ میں ایک بہادر فوجی امر ہوں اور اپنے وطن کی حفاظت کے لیے ہر دم تیار





پانی پینے کے آداب

سنت نبوی ﷺ اور جدید سائنس

Salutation of Drinking Water : Sunnah or Muhammad (PBUH) & Modern Science

نبی کریم ﷺ کا اسوۂ

جناب محمد ﷺ فرمایا اذیت کی طرح ایک ہی سانس میں پانی سے پوٹ کر ڈھیر ڈھیر کر کے سانس میں لیا کہ وہ پچھلے گلوٹس اور چھڑکے سے فارغ ہوا اور نہ کوہ (پانچ ترقی) حضور انور ﷺ نے کڑے ہو کر پانی پینے سے منع فرمایا۔ نبی کریم ﷺ کی ایک حدیث کا خلاصہ ہے کہ اگر تمہیں چھلک جائے کہ کڑے ہو کر پانی پینے کا اہتمام ہے تو سہانی تم میں اگل لیں اور کربا اور نکال دو۔ (صحیح بخاری)

Salutation of Drinking Water : Sunnah or Muhammad (PBUH) & Modern Science

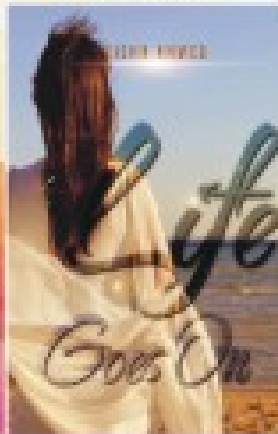
- According to the latest scientific research, drinking water in one gulp and whilst standing, leads toward its rapid absorption, hence it impairs normal functioning of kidneys, and causes general body edema, specially the edema of foot.
- Drinking water immediately after meal, loosens the stomach muscles and can lead to the inflammation of mucous membrane of the stomach. It reduces the alkaline portion and increases the acidity.
- The method of drinking water in intervals is very beneficial for quenching the thirst. When the water enters the hot thirsty stomach in intervals, the last sip left by earlier taken sips. Moreover, this method is better suited for temperature of the stomach, so as not to suddenly invade it with cold substances.

- چھ سانس تھینک کے سہانی کڑے ہو کر ایک سانس میں پانی پینے سے جسم کا پانی جلد جذب ہو جاتا ہے جس کی وجہ سے گردوں پر گرا لڑ چکا ہے اور جسم کے تمام حصوں پر دم کا خطرہ بڑھ جاتا ہے۔ خصوصاً پاؤں پر جسے سائنس اصطلاح میں (Edema) کہتے ہیں۔
- کھانے کے بعد پانی پینا صحت کی منجلیات کو ڈھیلا کرتا ہے صحت کی اہم ترین عملی کے دم کا باعث بنتا ہے اور صحت میں اس (Alkali) کی کمی کم ہو جاتی ہے اور سوز اور جھڑک جاتا ہے۔
- تین سانسوں میں پانی پینے کا عمل صحت کے لئے مفید ہے۔ دیکھوں سے ٹھونڈی ہونے سے آگنی ٹھونڈی پہلے سے لے جانے والے ٹھونڈوں سے نہ جانے والی پاس کر جاتا ہے۔ سوز کو بہ طرح صحت کے سوز جاتے ہوئے صحت کو بھی نہ لگتا ہے۔



EISHA AHMED

The City School (Senior Girls Gulshan Branch)
Karachi



جیو تو ایسے!



Eisha Ahmed recently published novel 'Life Goes On'. The book has been published by WheelMan Press (UK) and is spread over 186 pages.



We congratulate Eisha on this remarkable achievement, especially at such a young age, and pray that she continues to uplift her literary skills. She has surely made all Citizens proud!



Eisha Says My parents had implicit on my ability and my siblings Maria and Farzan always helped me at different stages. The City School also highlighted this achievement and boosted me up through encouragement. Believe on your flair and win the world!" Writing has become my fervor so a lot more to blast!" To find more about the book just Google "Life goes on by".



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Wonderful Facts of Pakistan

- 1st Islamic state with nuclear weapon.
- 1st Islamic state with atomic power.
- ISI, the world's best intelligence agency.
- 5th largest standing force.
- 25% of total land area is under cultivation.
- Pakistan is one of the world's largest producers and suppliers of cotton, wheat, sugarcane and rice.
- 5th largest coal reserve (175 billion coal in Thar)
- 2nd largest salt mine (Khewra mines).
- 5th largest gold deposits.
- 4th largest reserve of natural gas.
- 2nd largest dam (Tarbela Dam).
- World's largest deep sea port (Gawadar sea port).
- 7th largest pool of scientists and engineers.
- 7th most populated country in the world.
- 2nd most populated country in the Muslim world.
- Most populated country in the South Asia.

Pakistan is the only country in the world, blessed with every wonder of the World, so we should be proud of being a Pakistani.



Terrorism is an issue that plagues our world every minute of every day. You never know when or where a terrorist organization is going to strike. All groups reasons are different, some for political or religious reasons, others for hatred.

In my mind, terrorism is, "evil, horror, and violence. It is the cruelty of killing mass numbers of people for illogical reasons." The Encyclopedia of Britannica describes terrorism as, "the systematic use of terror or unpredictable violence against governments, publics, or individuals, to attain a political objective. Terrorism has struck all through history and around the world.

Terrorism is a problem which the country has been continuously facing for more than two-three decades but now has emerged as a global problem against which an internationally united battle has to be fought incessantly. Violent behavior in order to create an atmosphere of fear in the society or a part of it for political ends is generally termed as Terrorism. It is understood in the simplest sense that Terrorism will always include a target group, death and destruction of property through acts of violence and a perverted political purpose. It is also illegal and unlawful in nature with a purpose of creating fear and panic in the minds and psyche of people at large, to make the masses feel impotent and helpless, to discourage rational

thinking and to lead to a reactionary tendency in the people.

Terrorists resort to various ways to accomplish these goals like planting crude home-made bombs, hand-grenades or other explosives in a shopping centre or a crowded place like a railway-station or a bus stand or even a bus, train or an aeroplane, kidnapping, assassination or hijacking. Different terrorist activities all over the world may have different aims, but a few goals, common to all may be underlined. It may be because they want a regime to react or they intend to mobilize a mass support through fear, to eliminate opponents or enemies or to magnify their cause.

Terrorism is one of the major threats to world peace today. Terrorist activities of the Irish Republican Army, terrorism in Sri Lanka spread by the LTTE, Red Army in Japan, Palestinian Guerrillas in Israel, Kurds in Iraq, Basques in Spain, Red Brigade in Italy etc are all instances of terrorism all over the world.

I think, the world has to unite in order to face this growing menace of terrorism. The world cannot survive with bloodshed, violence and fear. Thus strict measures and serious efforts should be made to end all violence and shedding of innocent blood.

Peace commonly understood as the absence of violence, no terrorism and hostility. Although word PEACE is small but it contains many things inside it like supremacy of law, international relationships, equality and justice for everyone.

ALBERT EINSTEIN said that:

"Peace can not be kept by force; it can only be achieved by Understandings"

Our Beloved Country PAKISTAN is facing many terrorist activities. Unfortunately our government and security agencies are failing against them. Most affected cities are Karachi, Peshawar, and Quetta. Day by day many Peoples kill in Target Killings and Bomb Blast. Suicide Bombing is new addition to Terrorist Activities. Peoples aren't safe, they always fear of bomb and think from where the bullet come and hit them. Even religious buildings where peoples go there to worship their GOD and for completion of their wishes, these place aren't safe, every other day we hear the bomb blast news in Mosques and Churches and many other places.

Why you terrorist are killing us! We all are human Aren't you a human?

A Famous Writer Said that:

"Aren't we all humans then why can't we live in peace?"

There are many terrorist forces which are only destroying the peace of world they don't want love, peace, prosperity, they hate it. But one thing terrorist fear of is UNITY. Terrorist think if peoples got unite, they will harm us so UNITY OF PEOPLES is one of their weakness. Because

"Unity Is Strength"

"Let the first act of every morning be to make the following resolve for the day:

- I shall not fear anyone on Earth. - I shall fear only God. - I shall not bear ill will toward anyone. - I shall not submit to injustice from anyone. - I shall conquer untruth by truth. And in resisting untruth, I shall put up with all suffering." -Mahatma Gandhi
If people of PAKISTAN get united and all people have same aim to destroy offspring of terrorist



Emmad M. Ismail
GWA Boys School
Karachi

Give Peace A Chance

then terrorist can't touch our hair, There are many other countries where not any terrorist activity done. And when only one incident of terrorism is happens all peoples came out on the roads and demand PEACE and government take action and in maximum 24 hours the terrorist arrested. These countries have supremacy of law and also some of countries where terrorist fear of doing and activity. So we have to make our country to count in those countries.

Nation never forgets our HEROES who give their life for PEACE and defense of country, and their names written in golden letters in history. Major Aziz Bhatti and Rashid Minhas and others Nishan-e-Haider holders are PROUD OF PAKISTAN. They play and important and vital role in war of 1965. They showed stability, bravery and courage in war. Recently Aitzaaz Hassan from hangu got shahadat. He was stopping a suicide bomber to enter his school and during this, bomb blasted and Aitzaaz gave his life and saved other students life.

This is Pakistani nation's bad days but hopefully we'll see no wars and conflicts for power and domination in future. There would be no human killings for false glory. Everyone will enjoy their rights, freedom and life peacefully. Truth will prevail everywhere. Every men and women to come forward and work together to make those days come earlier, Hope Allah will not vain the blood of MARTYRS and will help PAKISTANI NATION and will give us priceless "Peace"



OUR SOCIETY

Pakistan is a country which was born on the base of basic Islamic orders, 'unity, equality and fraternity' however; it's an utmost grief to say that it is one of the most socially corrupted countries. The people, rather being one and united, are divided into several groups and harmony is disappeared from its roots.

One of the main reasons for society being corrupted is the social discriminations. Although being an Islamic republic, cast system still prevails in the society. The upper class rules over the lower class and peasants are under the extreme oppression of the landlords. People don't enjoy the freedom and rights which are bestowed on them from their Lord.

Pakistan is stuck in most crucial state of disunity, barbarism and violence. People are thirsty of each other's blood. Everyone is trapped in the thick clouds of selfishness and vengeance. Every day, many people get deprived of their precious lives by

being targeted by mentally challenged peace destroyers. Who have forgotten the injunctions laid by their God about protecting one other's life, wealth, health and property.

So, if we wish to live a better life and make Pakistan a place where peace will prevail, we have to forget the differences amongst us and become one and united. We'll have to place our brother's needs over our needs and help them in every difficulty and believe and implement over the phrase 'TOGETHER WE STAND, DEVIDED WE FALL' We'll have to work on the rights of poor and break the caste system and the regime of the cruel landlords. We'll have to work towards the betterment and welfare of our beloved country as one team. So that we raise our heads high and claim that yes, this is the place which our forefathers sacrificed their lives for. This is the land about which Iqbal dreamt, and this is Pakistan, our country which M.Ali Jinnah worked and struggled for!



Abdullah Arshad
The Punjab School System
Lahore



PARENT TEACHER MEETINGS (PTM)

Parent teacher meeting plays a significant role both for the teachers and the parents to collaborate with each other in order to broaden the spectrum of learning of the children . It feels that learning at school takes place in a Triangle, where parents, Teacher and the pupils have to

work together to meet the growing challenges of education. It's the best time to discuss the performance and concerns regarding children. PTM is held once in the month. Parents have a meaningful exchange of views with teachers in the meeting.

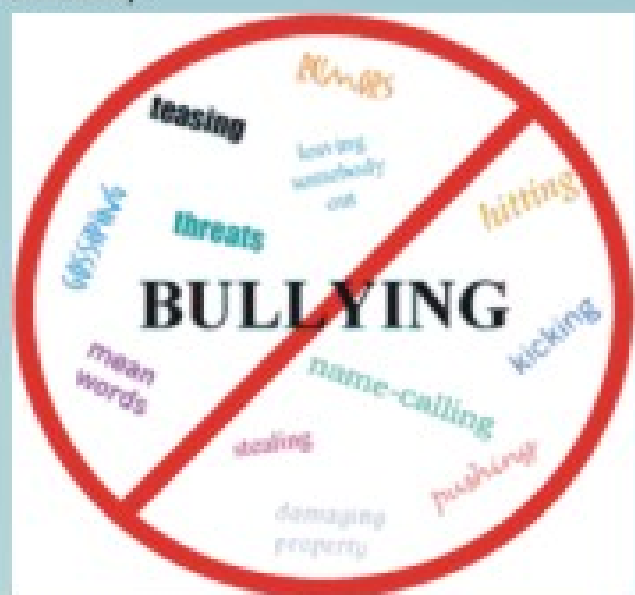


BULLIES

A child undergoes various stages in his life before evolving as an adult. Teasing is also associated but, this is not the matter of concern. The problem is why bullies do such thing?

Bullying behavior is seen all over the world and almost in all sections of society. It might start at an age as early as Pre School and might intensify in the transitional teenagers' years. There can be various reasons behind this kind of aggressive behavior. Often the victim is shy, introvert and weak in built as compared to the bully. On the other hand, bullying is the behavior which does not necessarily demand a great built. A bully tries to seek the attention of others in a negative manner. It can be correlated with attention deficit hyperactivity disorder. Similarly, children coming from aggressive and disturbed family background showcase the bullying behavior. Sometimes bullies give the retaliation of what they have been through. The affected child is most of the time submissive and docile in nature.

These types of children should get serious attention from their parents as these childhood problems can have serious effects on ones personality throughout their life. Bullying is a serious matter so it should be strongly dealt. "I would rather be a little nobody, then to be a evil somebody."



Four Beautiful Thoughts of Life

Look back and get experience.
Look forward and see hope.
Look around and find reality.
Look within and find yourself!

Standing alone doesn't mean;
I am alone
It means I am strong enough to handle
things all by myself

Past is a waste paper
Present is a new paper
Future is a question paper

So,
Read and write carefully
otherwise,
Life will be tissue paper,

Have a nice day
Life is only travelled once,
Today's moment becomes tomorrow's memory,
Enjoy every movement, good or bad,
Enjoy every movement, good or bad,
Because the gift of
life is
Life itself!



Talha Ali
Alpha Dawar's Academy
Karachi



LAST DAY OF MY SCHOOL LIFE

Tears roll down my cheeks the moment I remember my last day at school. It was a moment of painful parting. That day was the last chapter of the most glorious book of my life as a student. I spent 10 years as a student in my school. It was an unforgettable golden period for me. It passed away like a dream. I still remember that day; it was 22 February, 2014. I and my fellow mates had a feeling of mixed joy & sorrow. All of us were happy as we were going to get rid of the strict disciplinary life of school. We were sad & unhappy because we were going to part from our friends and lovable teachers. We were given holidays to study and prepare for our forthcoming board examinations. We did not have any lectures. Still teachers came as usual to the classes. Teachers were focusing over revising the papers. They said that it is easier to impress the examiner with few correctly written words than filling pages full of errors. They advised us to not get panic but face the exams with courage. Our Principal also arranged sessions to discuss our difficulties with the teachers. The 9th class students had organized a farewell party for us on our departure. We all were in a sad mood as it was a day to say good bye. We gathered in our assembly hall. We were welcomed with flowers. Our juniors served us tea & chocolates. The students prepared lots of activities to make that day special for us. They sang songs, danced, prayed

and delivered speeches to show their gratitude towards us. At the end of the program, the Principal addressed us with a such a touching that it filled our eyes with tears. Throughout the year we took efforts to make our school popular & our hard work was appreciated by our teachers. Our teachers and juniors prayed for our success in the coming board exams and the future life. Those words of wisdom and prayers are still ringing in my ears. On that occasion I prepared a speech to thank my juniors, teachers, fellow mates and Principal for their love and support. But I did not go to the stage to read it because it was a very painful moment for me and I was not able to speak at all. I failed to help my shedding tears. After the program was over we took pictures with our teachers and Principal. My throat was totally choked up to utter a single word to thank and bid good bye to all those who made my school life meaningful. I stepped into my class room which seemed to beckon to me. Somehow I managed to console myself saying that life goes on and memories do stay forever. That day I promised with myself that I will pay my debt to my school and teachers by scoring good grades in my Board Examinations & I would not allow the efforts of my teachers go in vain. I can never forget that last day at school.



The Brighter Side Of Private Education

Private schools have been the subject of constant criticism. They are said to be nothing more than money-minting machines. The role of private schools has been questioned time and again, but it's ironic how people who criticize them fail to admit how private schools are giving back to society and the economy.

I personally believe private schools are a blessing. They are giving much more to society and economy than any other business. Sure, education is a business but it is one that is much needed in a country like ours. If it weren't for private schools,

the literacy situation in our country would have been shocking. And thus, I think people who are investing their money in this business should be appreciated and not criticized.

My teacher once said that all individuals work for their own benefit; a doctor isn't a doctor because he wants to just help the sick, a teacher isn't teaching because she only wants to educate society, a banker is not in the banking sector so he could take care of people's money ... At the end of the day, all aim to earn money because it's a human need and it's only natural for a



Education

businessman to aim to strive hard and increase his profits. This might sound harsh but it's true.

So it's a fact that people who invest their money in schools and the education sector expect a return but what the masses fail to realize is the fact that they could invest the same money elsewhere and still earn massive profits. A restaurant would require much less investment than school and be equally profitable.

Private school owners have gone through a lot to build these schools; they've probably sold their property, spent their personal investment, sacrificed on the possible profits that the investment could bring them from other sectors and so on and thus they deserve profit! Moreover, we all know that schools make a moderate return, usually much lower than that made by other organizations yet serving a huge need across the different cities of the nation. Hence it's only fair to appreciate those who think that while the profits, they should give back to the society, too, in one way or the other.

Also, it's not just Pakistan where private schools charge more than others. In the US, Phillips Exeter costs around \$50,000 as much as an Ivy League college yet people go there to study because they think it's worth it. So the crux of the matter is that no one's forcing you to study at a private school and if you're doing so you know it's worth the fee, too, so why pointlessly accuse people who're working hard for the betterment of society.

And it's not just private schools that charge a premium; every business does so. A business-class ticket costs more than an economy seat, a designer lawn suit is much expensive than a simple three-piece suit, a cup of coffee at an upscale cafe will cost a lot more than a simple cup made at home, an iPhone will probably be double the price of a Nokia with the same features and so on. My point of noting these things is that if an iPhone user isn't complaining about the premium he paid for the brand, why do people voice useless accusations against private schools? By doing so, they discourage the many that are probably thinking of investing their money in this sector.

Nowadays, hundreds of students opt for foreign education and spend up to 10 to 12 times more the cost of a degree here yet none of them are heard complaining about the massive fee they pay the universities and colleges abroad. Then why is it that people here create such a big deal? Also, it's ironic how the same people can spend 5,000 on a dinner and even enjoy it but when it comes to paying the fees of a school that they picked in the first place, they criticize it pointlessly.

All in all, private schools should not be criticized aimlessly because they don't force you to pick them. They are just an option that you pick yourself and we're all wise enough to spend our money where it's worth spending.



School Uniform

Some School requires all students to wear school uniforms other high schools permit students to decide what to wear at school. What policy do you think is better? Some school requires students to wear a uniform especially in third world countries. Others require the personal opinion of each individual. As to which is better, different people may have different ideas, yet I agree with both.

As to why I am for the facts that uniform should be worn are many, and my first reason would be for unity. What is unity? Unity is the ability to work in a group with different individuals, thinking and working in the same manner. Many great things have been achieved with unity, and one of the greatest thing itself was the making of our wonderful country, Pakistan. (I may be going to fore!)

Like such, some minor things such as the discipline of a school, may be achieved easily through unity alone.

Another reason why uniform us necessary is to keep 'uniform' between many students, as in many

third world countries (again), poverty is a big issue. Many students may not be able to afford p[roper] or relatively expensive pieces of clothing, and their parents may be working day and night just to be able to pay the school fee. Many students as have seen and witnessed myself, come on bicycle, motor-bike or in an auto-rikshaw every morning to school and yet even more unfortunate are the people who have to come and go by walk. In all the examples, it is hard for the student to come and go to school with ease and yet alone paying to buy new clothes every second day for school would only bring burden upon them. I have heard many students, even my friends say that they think colored clothes will be better and the environment will be more comfortable, yet they forget poverty is a major issue, especially in Pakistan, and that can lead to social humiliation, I have yet to see a school in Pakistan able enough to bring discipline and unity in students while wearing different things and seeing different.



Aims in life!

"It does not matter how to die, but it matters a lot how to live and living depends upon the aims of life."
Life without an aim is just like a ship without destination, sailing and fighting the waves without any reason. The later, ship realizes that it is aimlessly fighting the odds; there are better chances that it would become another wrecked ship settled at the bottom of the deepest ocean.

"The aim, if reached, makes great the life."

Turning the pages of the history, the issues for an illiterate mass were quite simple. They generally inherited their ancestral occupations and were forced to cling to it. Selecting an aim was necessary for them. Aims provide zeal and zest to work hard. While choosing our aim, we must prefer one with the practical value and which has value in the society. It is very important to choose a right aim.

"Not failure but low own is a crime."

Summing it up, an aim is the Skelton which shapes the future of a person. A person without aim is just like a dry yellow leaf which is blown by wind I any direction, willingly or unwillingly. It has neither the power to be connected with trees nor it is able to retain itself s a separate entity.

"Ambition is the final book of every author, the final page of every book, the final word of the final page and final letter of the final word"



Coollest Laptops

TOUCH SCREEN LAPTOPS

Using touch screen gadgets is always fun and almost every gadget now a days has a touch screen, such as, cell phones, cameras, television, portable play stations and now televisions. So the next times you want to buy your laptop try for a touch screen one.

DETACHABLE SCREEN LAPTOP

This very modern gadget's screen can be detached from it's body and it's this quality makes it one of the most cool laptops.

YOGA LAPTOP

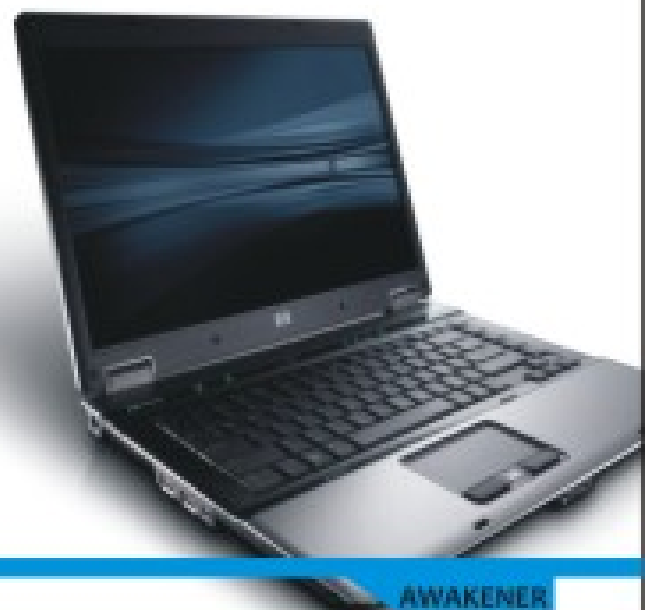
This new gadget has characteristic that it can do yoga. It can turn it's screen to the back of the laptop.

SLIDE SCREEN LAPTOP

The slide screen laptop can do this cool thing that it can slide forward towards the screen and you can

set as you like.

While watching a movie you could set it in a pose this would make you vision more clear.





Bela Qadir
The City School
Karachi

STRAIGHT

from the heart !

I am a nice human being with beautiful dreams, high expectations about myself and plenty of aspirations. There is only one thing that bothers me a lot and doesn't let me achieve my goals - SUCCESS. I know that to some people it's the other way round. Even to me, success is not a bad thing. It's just that I want to remove the superiority complex in our community which occurs when unexpected success is achieved by people.

It's not that success isn't there to be achieved by me, it's just that I am afraid of the "superiority complex" which would grab me the moment I consider myself as Miss-I-know-everything. I just want to be normal but even being normal these days, involve insanity. Normal is everything that makes us forget who we are or what we want. Normal is when we spend years at a university only to find ourselves unemployed in the end. Normal is retiring and discovering that one doesn't have enough energy left to enjoy the life. Normal is to believe that power is important than money and

money is important than happiness.

Normal is to criticize anyone who tries to be different or to believe that all famous people have tons of money saved up. Normal is to control your laughter at a restaurant however good the joke might be. Normal is to stand facing the door in a lift and pretend that you are the only person there, regardless of however crowded it is. But who's complaining? It's good to be this much insane. There is only one thing which makes people feel superior rather than feeling normal and the thing is that people are never satisfied with their life. If they have little they want more. If they have a lot they still want more. Once they have more they wish they could be happy with little but the superiority inside them overpowers their good heart. The best way to change your self is to get close to nature. Wake up early one day and walk bare footed on the wet grass, you come to know what I am talking about.

وقت کی پابندی



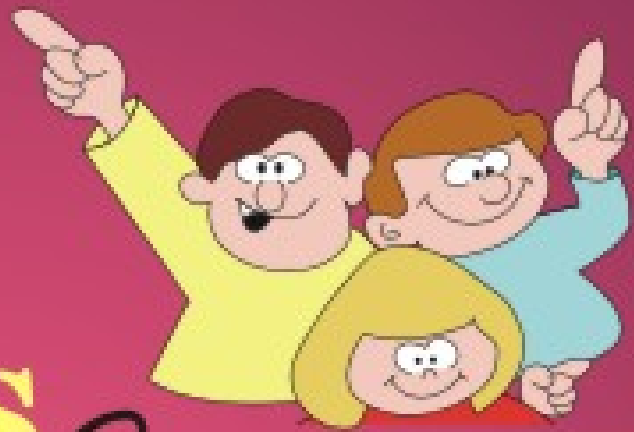
پہلے سے گا اور اس کی دیگر مثال کرے گا اسے اپنی فصل وقت پر طے کی اور اس کا گزارہ آسانی سے ہوجائے گا اگر کوئی مسلمان نماز وقت پر نہیں پڑھے گا تو اس کی نماز نفاذ ہو جائے گی اور تھا نماز پڑھنے کا کم اجر ملتا ہے لیکن جو شخص نماز وقت پڑھے گا اسے بہت اجر ملے گا اسی طرح روزہ رکھنے کے لیے اگر کوئی صومری کے وقت کے بعد بھی کھانا پینے اور انفرادی کے وقت سے کچھ دیر پہلے روزہ کھول لیتا ہے تو اس کا روزہ قبول نہیں ہوگا اور اس کی پورے دن کی محنت ضائع ہوجاتی ہے لیکن مختصر یہ کہ وقت نہایت قیمتی سرمایہ ہے انسان کو چاہیے کہ اپنے قیمتی وقت کو فضول کاموں میں برداشت کرے بلکہ اسے اچھے اور مفید کاموں میں صرف کرے اور اپنا ہر کام وقت پر انجام دے جو لوگ وقت کی قدر کرتے ہیں وہ کامیاب زندگی گزارتے ہیں۔

جولہ شاہ:

سما بیٹل دوساں دکھا نہیں
کیا وقت میرا ہجو آتا نہیں

کسی کام کو اس کے ضروری وقت پر انجام دینا وقت کی پابندی کہلاتا ہے۔ وقت ایک اصول بنو آدم ہے۔ وقت کی پابندی کرنا ہر ایک شخص کے لیے ضروری ہے جو آئی پابندی سے اپنا کام کرتا ہے وہ فائدہ میں رہتا ہے اور کامیاب زندگی گزارتا ہے اور جو آج کا کام کل پر پھول دیتا ہے وہ زندگی میں ناکام رہتا ہے۔

وقت کی پابندی کرنا ہر شعبے سے تعلق رکھنے والوں کے لیے بہت ضروری ہے ایک طالب علم کے لیے بھی اس کی پابندی کرنا بہت ضروری ہے وہ اگر اسکول دہرے پہلے تو اس کو اندر آنے کی اجازت نہیں ملتی اور وہ تعلیم حاصل نہیں کر سکتا جبکہ جو طالب علم وقت پر سب کام کرتا ہے اسے امتحان کی باتوں میں پریشانی الخالی نہیں پڑتی اور وہ کامیاب رہتا ہے اسی طرح اگر ایک کسان بیج وقت پر نہیں بے گا پائی وقت پر نہیں دے گا اور اس کی وقت پر دیکھو مثال نہیں کرے گا تو اسے اپنی فصل وقت پر چرو نہیں ملے گی مگر جو کسان اپنی فصل وقت



WINNERS & LOSERS

What comes in mind, immediately when we think of winners and losers? Winning and losing means competition which has become a part of our daily lives. For some it's just a word but for others it is a life challenge.

Competition is found everywhere whether in education, extracurricular activities, professions or modernization. Nowadays students want to get good grades and want to look intelligent because they are always appreciated. While, the students are not able to achieve their goals are graded low. They enter a never lasting complex as they are always discouraged. Favoritism, being a big problem also lends a hand in winning and losing. However, an individual, in this way stop believing in his potentials so this should be seriously dealt so that the loser can be the next winner. Extra curricular activities include sports, music and other kinds of competitions. They play a very important role in our lives which can alter one's confidence. People of every profession want to be

more successful than others. The one who manages to succeed is known as the winner and a person who fails to do so is degraded every time. Competition in countries is common. They want to be the number one and in order to do that they are developing their homelands. Nobody wants to be someone who is known as a person from third world. To overcome this hurdle of competition people should believe in themselves.

Despite the critics caused by these competitions, it has a good side too. People learn how to achieve their goals. Some lose hope while other gathers more courage to be the next champion. Often, people take them as great experiences and become confident. People also learn to correct their mistakes and get new lessons. At bottom, winners are those who face their failure while loser run away from them. It doesn't matter if we fall down in the first try, we should discover our hidden talent; polish it, until we make it.



Maham Rizwan
The City School
Karachi

Life **A Complicated Truth**

Dreams get broken, new dreams are made
Life's a tangled thread woven it's meant to break
But it doesn't mean you give up,
it doesn't mean you don't try
it doesn't mean you just sit down and
it doesn't mean you should cry
life's a complicated truth that can't be denied
what goes around comes around that's how it passes by
It's a never ending game of fate and
the winner is the one who wait
who patiently drinks all the pain and never
from the right path strays away
Daring is the one who lives it to the fullest,
coward is the one who throws it away
Stupid is the one who takes it for granted,
brave is the one who lives it every day
it's happiness is for the only one who deserve,
the one who never keep its moments in reserve
The ones who understands it's tricks and traps
For them are its treasures preserved
it's beautiful for the ones who don't get
caught in it's conspiracies
and ugly for the ones who runs after it's treasuries
Although I've grasped it only a little
I've lived it enough to be aware of its fiddles.

LIFE



Touqeer Ahmed
School of Excellence
Sakhat

Life is one of the blessing as well as exam given by Allah. Allah has sent us on the earth for many purposes and completion of his commandments. Life is very beautiful but not easy on every walk of life we are bound in some special tasks which needs special concern to handle.

The real aim of this life is to act according to the commandments of Allah and fulfilling of his wishes. Allah bestowed his mercy on those who spend their lives according to him. We've to thankful Allah who granted us this life and make us beautiful. Allah takes exam on every step of life by which his love is being recognized.

Life is full of values and attributions no one can be successful person until he respects others talk politely and serve others. "Allah has described that if you want to see Allah serve the creature of Allah you will find me and see", the real message of life is to serve others, give them relief. life is an magazine and the day which we spend it is the page of

magazine, If we want to make our magazine good than we have to make our life beneficial for others. Life is beautiful but not always easy, it has problems, too, and the challenge lies in facing them with courage, letting the beauty of life act like a balm, which makes the pain bearable, during trying times, by providing hope if there is hope then everything is possible. Hope shows confidence and by hope we become able to achieve.

Happiness, sorrow, victory, defeat, day-night are the two sides of the coin. Similarly life is full of moments of joy, pleasure, success and comfort punctuated by misery, defeat, failures and problems. There is no human being on Earth, strong, powerful, wise or rich, who has not experienced, struggle, suffering or failure. Failure moments make you more experienced and strongest one. No problem if you fail try again and again then you will successful. Difficulties test the

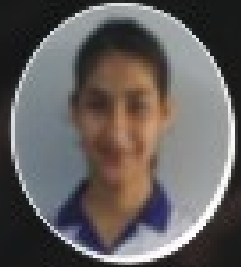
courage, patience, perseverance and true character of a human being. Adversity and hardships make a person strong and ready to face the challenges of life with equanimity. There is no doubt that there can be no gain without pain. It is only when one toils and sweats it out that success is nourished and sustained.

Thus, life is and should not be just a bed of roses; thorns are also a part of it and should be accepted by us just as we accept the beautiful side of life. The thorns remind one of how success and happiness can be evasive and thus not to feel disappointed and disheartened rather remember that the pain of thorns is short-lived, and the beauty of life would soon overcome the prick of thorns. Those, who are under the impression that life is a bed of roses are disillusioned soon and become victims of depression and frustration. One who faces difficulties with courage and accepts

success without letting it go to its head is the one who experience real happiness, contentment and peace in life.

Those, who think, that good times last forever, easily succumb to pressure during difficulties. They do not put in required hard work and efforts because they break down easily. You can take the example of a student, who burns the mid night oil, makes sacrifices and resists temptations so that he can perform well. Similarly, a successful executive has to face the ups and downs of life, not forgetting that life is a mix of success and failure, joy and sorrow. To sum up, life is beautiful just as roses but it has challenges which are like thorns and have to be faced and overcome by all. Those, who accept these, challenges and succeed, are the ones, who know how to live life in its true sense. Thus, enjoy life but also be prepared to bear the pricks of pain.





Eman Fatima
Beaconhouse School System
Rawalpindi

Dignity!

Life can be enjoyed
by earning respect

Which can be earned
by giving respect?

Money and status
doesn't matter

Life will become easier
and successful

If we give other what
we want in return

Give respect earn respect

And enjoy the precious life
from every aspect



Baria Shafiq
Beaconhouse School System
Karachi

ARE WE TOO RISK-CONSCIOUS THESE DAYS?

RISK. This is a word heard quite often but acted upon only by those who seek it. Those who are zealous and enthusiastic to prove themselves worthy enough to take risks in their lives and set examples of bravery and courage for others. Yes, there are also such people around the world who have to risk their lives and their valuable possessions or assets not by choice but because, for them it's destiny. It's what they are bound to do to ensure their SURVIVAL in this bitter world. As we look around in our society in general, be it well-developed and modernized with all the basic amenities of lives within our reach or that where development is only by name and where people have to face critical problems such as those of terrorism and poverty; we'll see that YES, people either rich or poor, educated or illiterate, employed or jobless, have indeed become self-conscious in taking risks and as we explore the reasons behind that, we'll probably come up with quite a long list! So here we go.

There were those prehistoric times of civilization

when people didn't even know that the simple actions they do on regular basis like lending money to their friends or going to the market with a bag full of money and price-less jewellery or spending their life-savings on making their lives luxurious from comfortable, were actually to become risks in today's era of Science and Technology. Even now there must be such people who give little thought to it, mainly because they don't have to care about such things and consider the fact that the societies they dwell, in guarantees the safety and protection of their and their loved ones' lives and assets. But what about those who live in such countries where these small things actually hold a lot of importance as per the current political, social, economic, educational or religious situation in that country which transform these small actions into quite big ones and maybe even into RISKS. Why is that so, if you ask then that's because those people know quite well that if they support a minor, less-supportive yet notable political campaign as compared to a large,

nationwide famous yet unrightfully active political party, then for them it's one big risk of losing their lives or getting their houses burnt down during political riots. These people know that even investing their precious money in some other person's business whom they even trust could also turn out to be a risk they are about to take and similarly if they start educating their children especially girls by sending them off to schools, despite their poverty and the fact that it's going to be opposed by their society having a mind-set which puts a ban on the education of girls, will be a risk. So in all this condition, what do we do? What should I, being a 'Pakistani' by nationality, belonging to a country facing problems not very different as mentioned above, where even this is a RISK to me of losing my life that if I step out of my house and head for a market place or bank and in case God-forbid there's a bomb-blast or I get robbed out of my money-do?? In such a case, if I or even we are quite brave enough or passionate for searching and taking risks would NEVER take risks of this sort. Would we? I reckon not, because we know that this is not just about the thrill or adventure of taking risks in lives...this is about taking the risks at expense of our lives. These are the few circumstances which make us question that "Are we becoming too risk-conscious these days".

If we take a look at the people of the developed countries of the world; surely because of their high and easy standards of life they may not be too conscious in taking risks of minor scale but still the thought of avoiding such risks which aren't that significant in their lives is becoming increasingly common amongst the majority of the people. If we are conscious of taking risks, this doesn't mean that we are cowards or something or dull, boring people but rather it implies how thoughtful and far-sighted we are. If we know that taking some small risks aren't going to be life-changing or even if they turn out to be, then they most probably

won't be in a positive way for us and instead may prove to be harmful then we won't be deciding to take them by thinking that "No worries, nothing could possibly go wrong". NO. Because we know the reality-the bitter truth in the form of the apparent drastic consequences of taking these risks then why would we take them. It wouldn't be less than destroying our future by our own hands, I think. In contrast to that, if we are sensible and mature then we would decide to AVOID them and go for other options in our lives which are not risky at all. That's what I would do. That's what you may do as well. That's what people are doing nowadays. Thanks to the scientific and technological knowledge, we are now able to realize what's good and bad for us in a wider perspective. At least it has changed me. Even if I'm a teenager I know for sure, that taking unnecessary risks in my upcoming practical life would not be of any help to me at all. Yes, opting for a profession which seems interesting for me but I'm not qualified enough in it, would seem quite appealing and if I follow my heart I might end up being a loser but if I follow what my mind says and think for a minute before I take this risk I may also end up avoiding this thought and going for the job I'm not only interested in but it's also my expertise because I'd be aware that this would guarantee a safer and better future for me.

Ray Bradbury once quoted "Living at risk is jumping off the cliff and building your wings on the way down ". I agree. It's never a bad thing to take risks in your lives and then coping with them. Especially if they are to fulfill a bet with a friend or enjoying life, for which we'd never avoid risks now would we? But keeping in view the general living conditions for common man in countries throughout the world and what they do and do not provide us, it's better to remain risk-conscious in our lives if it's in our good interest. "Take risks which are worthy to be taken but to an extent where you could enjoy your life to the fullest", that's what my motto is! :)



Best Ways to Spend Free Time

In present era life has become very busy. Life has become quite mechanical. People work for many hours and have very less free time of their own. Even students have quite less free time to spend. To spend the free time I have some ideas to share. Children of school going age should spend their free time in physical activities because these activities help in their growth and keep them physically and mentally fresh. There are many games like cricket, badminton, basketball, football etc that can be played as a physical activity. Even chasing and running is a good physical activity. So far as indoor activities are concerned children may carry out some mental activities to enhance their brain. A very good activity is reading books.

Watching television is also not bad if watched for very short period of time. People waste hours and hours watching the television which can make them dull and lazy.

As an indoor free time activity, playing games on computer, play station or PSPs is also a good activity as it enhances our brain in some directions and makes our reflexes better. But these games should not be played for longer period of time. The adults should play some physical game or join a gym in their spare time as it will keep them fit and healthy. They should also read news papers or magazines. We can spend some of our free time in social activities as well.


To my dear brother *Muhammad;*

I miss you so much today. I feel like crying loudly. You know all are sleeping this time and I am crying and writing my diary.

I am thinking about the day when you were born. How very much we all were happy. Baba distributed sweets to all. We were so much curious to take you in our lap. But you were in nursery and doctors and nurses did not allow us to enter there. I could not even imagine that you would be ill, and we won't be able to pick you ever.

You were admitted in CMH we always used to come to see you. When you were in nursery, the nurses and doctors didn't let us in. Mama scolded us, "why did you come in?" We could not see you even from the window. We always used to push the nurses and rushed running in. We wanted to take you in our laps, but we were not allowed even to touch you. Whenever we touched your hands I





always felt a beautiful smile on your face, and I felt that you want us to be there with you and play with you. I miss your smile.

After 1 month 3 days you had to shift to CMH, Rawalpindi. At that night and bhaiya came to meet you because the next morning you were going to Pindi. Eishal was going with you. In Pindi CMH they told mama and baba that you have brain hemorrhage. We were not aware of your critical condition. I and bhaiya used to offer prayers and nawafil for your quick recovery and long life. But after 1 week mama and baba came back. I thought you would also come but no, I was very wrong. I was expecting you in the car but you were not there. You passed away I did not know that. My uncle told us that at the last night the angels came and took you on their wings for a good check up, and they will cure you and would return us back once you get very well. When I heard that I stopped crying, then my cousin Umamaapi asked me "why didn't you cry for your brother?" I said why should I cry? At that time she told me that you had passed away. Then I cried a lot; me, bhaiya and eishal went to see mama, she was sitting with a lot of ladies in the lounge with dry eyes but with very painful sorrow face, we three hugged mama and could not stop crying at that time I felt that how strong my mama is, during your stay in all 40 days in hospital I wished to see my mama without tears in her eyes and I wonder if mama ever smiled before, but after your death she did not shed a tear, was reading something silently, and when we hugged her she told us that Allah is very pleased to your mama and baba that's why HE took your little brother to up above the HEAVEN and he will took mama and baba to HEAVEN by requesting Allah on the day of judgment, so we should not cry for

ALLAH's such a big reward for your mama and baba, but no, I was not as much strong as mama is, even baba was also crying hugging us and was crying loudly.

You know Muhammad whenever we go to Islamabad, we visit your grave and clean it,....sit there for hours. Mama visits two or three times. After that whenever we plan to visit, mama refuses and does not come with us. And you know after every visit me, baba, Eishal and bhaiya cannot stop crying till we reach home. I think that's why mama does not come because we leave you alone and coming back home without you is very painful.

You know Muhammad I offered my prayers and pray to my Allah that I could get another brother like you. But mama says no need to pray because Allah might give you another brother but he will not be YOU and your deficiency will be there always.

Muhammad I always think that you would be growing up there in ALLAH's JANNAH, and how would you look like. I wish I could see you now, MISS YOU A LOT. AFTER 7 YEARS I GOT A BABY BROTHER AND HE PASSED AWAY.

Whenever I see a baby I miss you. Then I ask Allah why he made death....it is an unbearable pain for the loved ones.

INSHAHALAH one day we will meet you in JANNAH and that stay will be long-lasting. Mama always tells me so, and this is the only thought which comforts me.

I love you my baby.

OK ALLAH HAFIZ. Say my love to my sweet Allah, and tell ALLAH to reunite us in JANNAH, here after ...Goodnight, ummmmuusaah!



محمد فراز
کیمرین اکیڈمی، لاہور

والدین

انجان راستے پر جب ہم بھٹک گئے تھے
پھر والدین کی آواز سن کر ذرا سنبھل گئے تھے

سمجھ نہیں آتی کیسے شکر ادا کروں اس رب کا
اب تو رب کی اس نعمت کی اہمیت سمجھ گئے تھے

یہ تو بچپن کے یار ہیں نہ لڑتے نہ جھگڑتے ہیں
فرازان والدین کی اصلیت ہم سمجھ گئے ہیں

آتے ہی اس دنیا میں ہم تو الجھ گئے تھے
مگر والدین کو دیکھ کر خوش نصیبی سمجھ گئے تھے

جانتے تھے کہ نہیں آسان ہے یہ زندگی
مگر والدین کا ہاتھ تھام کر اس کو سمجھ گئے تھے

ابھی بھی شاید تو اس نعمت سے ناواقف ہے
ہم تو ان کو دیکھتے ہی سمجھ گئے تھے



My Mother's Sweet Kiss

I have learned my lesson,
and mother said
She would give me a kiss
When i went to bed
I do not want sugar plums,
candy and cake,
They make my mind dull,
And my head to ache.
My mother's sweet Kiss
Is my best reward
To gain her smile
I will study hard
And when i am good
She has always said
She would give me a kiss
When i went to bed.





ماں زندگی کا مرکز میرا قرار ہے
ماں اک چمن ہے جس میں بہار ہے
ماں لطف ہے، سکون ہے، شفقت ہے، پیار ہے
ماں اک عظیم نعمت پروردگار ہے

ایک مدت سے میری ماں نہیں سوئی تھیں
میں نے اک بار کہا تھا، مجھے ڈر لگتا ہے

مجھے بس اسے لے آجھی بہار لگتی ہے
کہ یہ بھی ماں کی طرح خوشگوار لگتی ہے

داستاں میرے لاڈ، پیار کی بس
ایک ہستی کے گرد گھومتی ہے
پیار جنت سے ماں لے ہے مجھے
یہ میری ماں کے پاؤں چومتی ہے

ابھی زندہ ہے ماں میری مجھے کچھ بھی نہیں ہونگا
میں گھر سے چپ لگتا ہوں، ڈکا بھی ساتھ نکلتی ہے

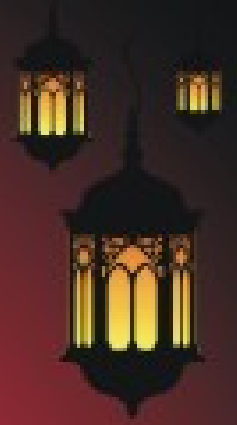




Eraj Ibrahim
Gracehouse School System
Karachi

I Love My Dad

Because he is not bad
He loves to drink water which cold as ice
His favourite type of food is spice
He is my hero
Before every single number he writes zero
His favourite colour is blue
He always speaks true
He has less hair
He always takes my good care
He loves outing
But he hates shouting
Whatever I ask for, he gives me
You can even come and see



عظیم ماں کی تربیت

بچہ کہتا ہے: ”اس لئے کہ میری بھاری ماں ہر رات مجھے سونے سے پہلے کسی صحابی کا قصہ سناتی ہے۔
میں جان گیا ہوں کہ صحابی کیوں ہوا؟ ہے۔ اللہ سے یاد کرنے والا ہوتا ہے، اللہ کے سوا کسی سے نہیں ڈرتا۔
میں بھی اس کے جیسا بنانا چاہتا ہوں۔“
اسٹوری بے غلاب ان کہ قاسمیں ہوا ہے وہ جان چاہا ہے کہ اس بچے کے پیچھے ایک عظیم ماں کی تربیت ہے اس لئے عظیم ہونے چاہا ہے۔
آج کئی نوجوان نوجوان بچوں کو صحابہ کرام اور صحابیات کے سخی آسوز واقعات سنا کر کھاتی ہیں؟؟

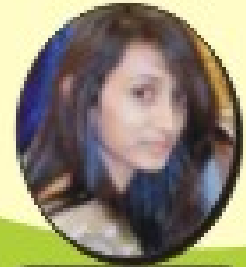
ایک اسکول میں استاد نکلاں مردم میں آ کر بچوں کو حیرت کرتے ہوئے کہتا ہے: ”میں چاہتا ہوں تم میں سے ہر کوئی مجھے اپنے مستقبل کے حزام کے بارے میں بتائے کہ وہ کیا ہو کر کیا ہے؟“
بچوں نے کہا: پائلٹ۔ ڈاکٹر۔ انجینئر۔ پولیس افسر۔ وکیل۔ سب بچوں کے جواب اس اس کے اور اگر کچھ اور ہے مجھے سوائے ایک بچے کے اس کی بات نے سب کو حیرت زدہ کر دیا اور سب بچے اس پر ہنسنے لگے اس نے اپنے استاد سے کہا: ”میرے بھائی اس ہے کہ میں صحابی ہوں“
استاد اس کی اس خواہش سے حیرت ہو کر پوچھتا ہے: ”تم صحابی ہی کیوں بنانا چاہتے ہو؟“



Syeda Sara Ali
The City School
Karachi

ماں

بتاتی ہے تجھ کو زباں میری
کہ کرتی ہوں تجھ سے محبت بڑی
ہوتی ہوں جب سسکیوں اور آہوں میں
چھپالیتی ہے مجھ کو تو اپنی ٹھنڈی چھایوں میں
جاگ جاگ کر راتوں کی حفاظت تو نے
سکھایا چلنا انگلیاں پکڑ پکڑ کر تو نے
میری زندگی کی صبح و شام ہو تم ماں
میرا اوڑھنا ، میرا بچھونا ہو تم ماں
ہوتے ہیں آنسو آنکھوں میں بھرے
ہوتی ہو تم جب نظروں سے پرے
رب نے ہے رکھی جنت تیرے قدموں تلے
آہ سے تیری عرش و فرش بھی ہے ہلے



Zoha Hameed
Beachhouse School System
Lahore

BARID, THERY AIN'T GOT ANYTHING ON HIS POWER GAME

Barid, John Barid became the immortal king of the world when he created the most powerful box known to man the Television. Barid is said to be the mastermind beyond the telly which is the mastermind behind the human behavior.

The television has powers beyond imagination. It is proved that it controls time, once you switch it on you cannot tell sunrise from sunset. The television as the homo-specie experiences has a remote control that enables them to choose from the different kinds of trance it may put them in. Some for example choose the power of sports, in which the telly transports you to the Stadium as you watch Chelsea play, making you completely unaware of the world around you. Another type is the News channel, which brings Obama into your living room as he delivers his Obama Care speech. The Baby TV and other cartoon channels will envelope your little Baby Billy into their mystical and magical animated world. Not to forget the box office of course, I mean the telly posses powers to bring fame and fortune to actors and directors alike.

Then another act of wonder the TV carries out is that it connects to your child's Play station and

activates what is identified as unlimited hours of gaming. I often fear at this phase, my son might marry his GTA XI. There are a total of 150 million GTA players worldwide who enjoy robbing cars and quality stripping that is. Is it just me or does somebody else's nephew also pull out a toy gun out of the back of his trousers when you order them to go to bed. The TV is a mind-control system that moulds the brains of the young. It makes them see through the eyes of the controller. What the man behind the camera wants is exactly what your child is going to see which is quite unpleasant at times. Extensive exposure to drugs and sexual activities has destroyed the youth. Ecstasy is more famous than To Kill a Mockingbird today.

The TV all in all holds powers that control one's mind becoming the control-room of the human thought and behavior. If people start to realize the buried effects of this mystical box, I guarantee a huge difference in the pattern usage and importance.

"If everyone demanded peace instead of a new TV set, there'd be peace"

-Jonh Lennon.

Being Alone

Aysha Mannan Khannari
The City School
Hyderabad



With a Thousand of Friends

In this century we have loads and loads of people surrounding us, being with us, virtually or physically. It is very rare that we find a person being alone, here I mean not physically but involved with a cell phone, laptop, iPad etc. Apparently, best things in life are free.

Many people surround us, when we are sad; they try to cheer us up. Some are curious and some are simply obsessed. But have we ever tried to seek into one's heart and understand that we are actually alone with thousands of friends. As Albert Schweitzer says, "We are all so much together, but we all are dying of loneliness." So, can you slight the biggest typhoon of the social platform? Oh Yes! You are right it is The Facebook! It is regarded as the greatest thing since sliced bread!

This site is not as old as we think but it holds the charisma for our young generation. This can be an invention of Mark Zuckerberg who could have been claimed a millionaire for. Not thousands, not millions, not billions but trillions of people hold the Facebook craze! Here a person has apparently all the pleasures, friends and fun updated on his wall. With hundreds of people commenting, liking and posting.

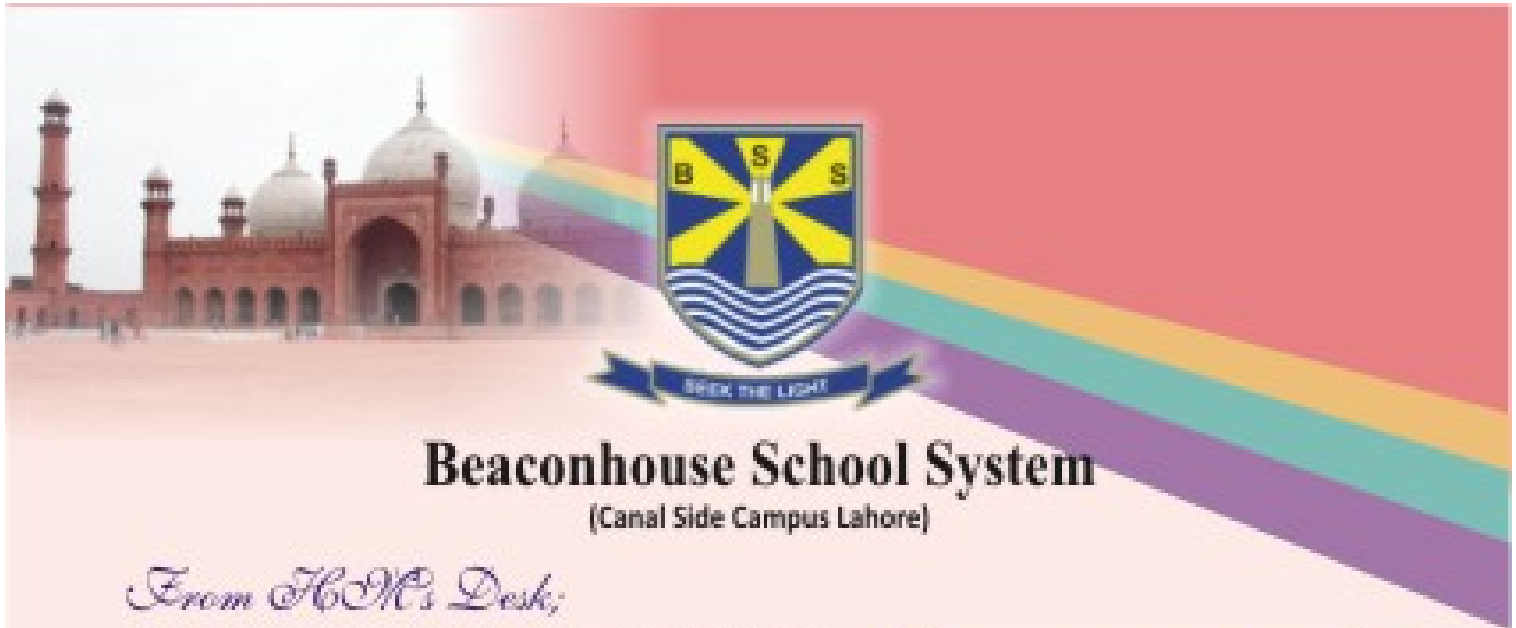
In my perception, Facebook acts as a way of exposure to people who are not that bold in their practical lives. They screech all their desperations, obsessions through this media with an excuse of 'Freedom of Expression!' Moreover, we see that with the people on Facebook, we are showing our

'die-hard love', we even do not call them up when we are facing a milieu. Discussing problems with an 'honest' friend is equivalent to see it next day on the Confession page.

Our life no-more has been just a burning issue of a circle. We have to whistle first and then step up. This vast diversity between real and virtual life is proved here. A person having 450 friends but not even a single one arrives in his rainy days. In fact, I must add my example here, I nearly have 500 friends on Facebook but whenever the door of my room is shut, I say not a word I only hear the knock of my family arriving. This proves that though I have hundreds of friends but I am still alone.

This dubious clash between real and virtual life could lead to many impediments. A person may turn out to be a dupe of either superiority or inferiority complex. Through a survey it has been verified that 85% of the family crumbles and suicides take place due to Facebook. Exposure is acceptable but a thing becomes perilous when it surpasses its limit. Imagine a teenager exploiting his brain by using Facebook round the clock. What else do you anticipate from him/her? And when their requirements, wishes, desire or I must say lusts that they hanker after are not pleased they take up the path of ending up their lives.

Therefore, I recommend limiting Facebook till fun and try to sieve the real charms in life rather than finding non-sense virtually.



Beaconhouse School System (Canal Side Campus Lahore)

From H.O.M's Desk;

Beaconhouse School System Canal Side Campus Senior Girls Branch has always aimed to provide a productive and progressive environment to its students, catering not only to the educational needs but the personal grooming of generations of students. It succeeds in maintaining a nurturing school environment that fulfills the academic requirements and also makes it a priority to recognize and showcase their multiple talents of its students in the field of extra-curricular activities. The school has produced not just effective students but responsible individuals who have come out in the world with polished creative minds, outstanding results and bright futures. Our diligent, expert and skilled teachers possess an effective learning atmosphere, teaching the students discipline, self-development and transferring knowledge in the most constructive manner. The diversity that exist within Canal Side Girls has shown through and brought laurels to the campus. From the unprecedented sports achievements to the introduction of four extra subjects including English Literature, Psychology, Human and Social Biology, Commerce and Additional Maths in O level, our school aspires to excel in every field. As the school head, the immense pride it gives me is beyond words. Our school is reputed for hosting a variety of cultural events, promoting diversity of learning and knowledge, and preparing its students for the world beyond its premises. With all this combined, BSS Canal Side Campus Senior Girls Branch is by all means a beacon of light for its students.
Best Regards,
Danzabehar Tahir

Danzabehar Tahir



Celebrated World Teacher's Day



Celebrated World Teacher's Day 2013



The Global Dignity Day 2013



Cricket Team won the Intra Regional Girls Cricket Tournament 2013 for the 3rd time



Oath Taking Ceremony session 2013-2014



Ramzan Mansoor of XII won 1st position in Skill Life Painting in Abdul Rehman Digital Competition 2013



The Global Dignity Day 2013



One day I was on my way back home from school. At traffic signal our van stopped when I saw a young boy about fourteen riding a bike. He could not control and struck against a moving car. All of sudden he flew into the air for some time and fell down on the road with a big sound. People gathered around him and called rescue. I came to know that his foreleg of right side was fractured.

Thinking of who was responsible for this accident, I put down some points in writing important for the safety of all of us, which are listed down below:

1. Check your vehicle before moving on.
2. Observe traffic rules strictly.
3. Never cross the road by running cross it.
4. Don't drive your vehicle over speeded.
5. Always use zebra crossing as pedestrian to cross the road.
6. Always concentrate on the road and drive defensively.
7. Children should not be allowed to play on the road.
8. Always keep your vehicle under control.
9. Never board or alight from a moving vehicle.
10. Don't drive the vehicle too close to the vehicle moving ahead, maintain safe distance.

By acting upon these precautionary measures, following advantages can be acquired:

1. We will be protected from daily life accidents.
2. Losses of lives and materials would be minimized.
3. We will be able to reach our destination in time.

At the end, I would like to say that proper measures should be taken to avoid such road accidents and traffic rules should be rigorously followed by every citizen.



Aimen Khan
National Grammar School
Lahore

BRAILLE

A LANGUAGE FOR BLIND PEOPLE

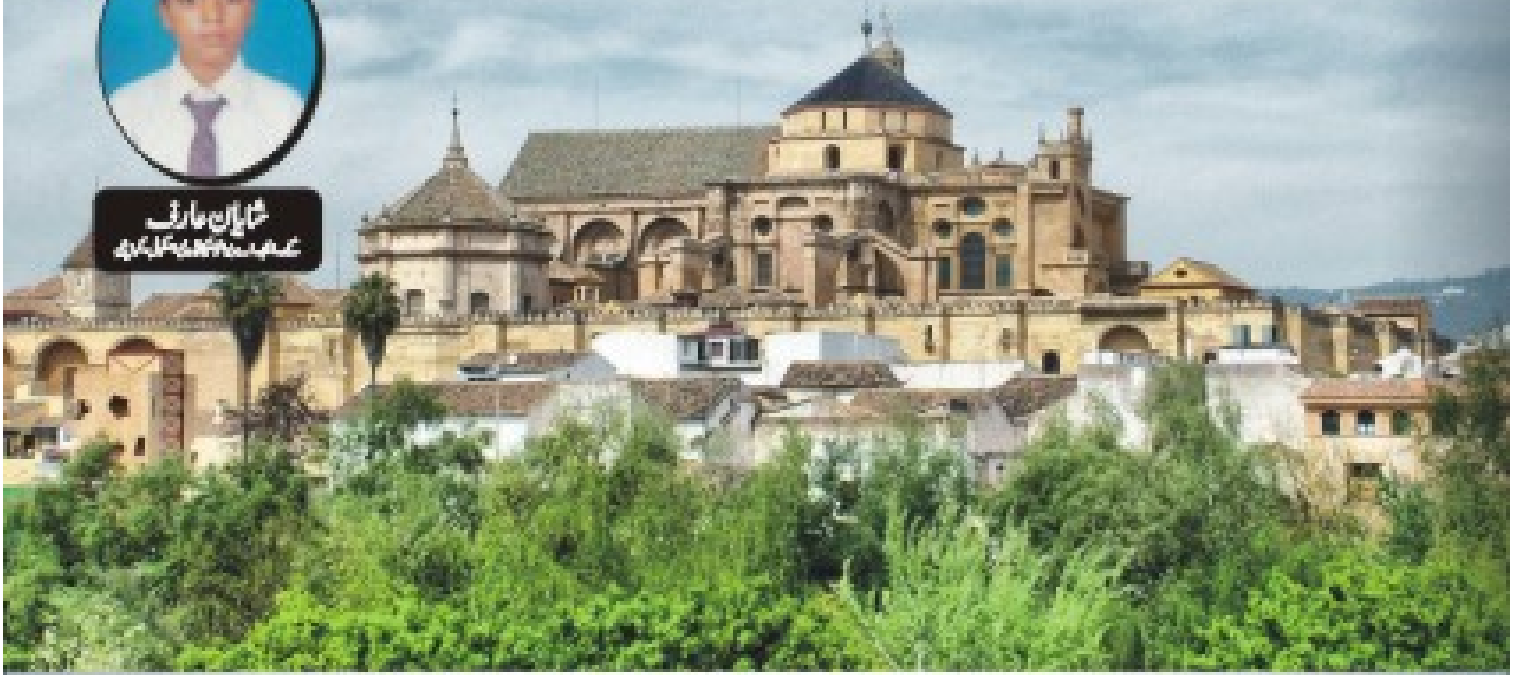
The Braille system is invented by Louis Braille a French man, who went blind himself following a childhood accident. Braille system is a method widely used by blind and visually impaired people to read and write this special system is based on "night talk" which was used by soldier to send short messages such as "enemy near" or "attack" during the night. Each letter, number or sign is made up of raised dots (cells) and there are sixty-four possible combinations. Blind people read Braille by moving their fingers over these cells feeling the letters, numbers or signs. These cells can also be done with a machine called "Braille Writer". We can see Braille on medicines, elevators, some special computer keyboards, different signs ... etc. Braille has adopted to write in

many different languages and is also used for musical and mathematical notation, chess, computing and science. There are many states who use this currency and many associations who had adopted this system. Louis Braille's work made it possible for blind people to read and understand many things through six magic little dots. He had an idea that changed the world for us but mostly for the blind people. I wish he could have known in his lifetime the significance of his great gift to human kind. I wish he were here today so we could thank him and let him know how important his creation is and reward him. I cannot imagine how the blind could acquire knowledge without this magnificent creation.





شاہین مارفات
مدرسہ اسلامیہ کراچی



مسجد قرطبہ

جیسا اقبال نے خود تالا ہے یہ ظلم سہو قرطبہ میں کہیں گئی۔ قرطبہ جس کا
پورنی نام کوردورا (Cordora) ہے۔

دیوانے کعبہ کے دروازوں کا لٹریچر اس کی نگاہوں میں نہیں نکل کی لہائی اور چھ نکل
چوڑائی میں نکلیں گی تھی شہر کے عمارتوں کی حوالی میں ہاتھوں نکلوں اور کھنوں کا
کوئی شمار نہ تھا ایک مسجد نے لکھا ہے کہ تاحس شہر کے مکانات ایک لاکھ چوبیس
ہزار تھے تاکہ اسے ہزار ہا سوسہویں سات عام، لوسو کارخانے پانچ ہزار
تاجروں کے گناہ چار ہزار تین سو دس نکل تک ایک سہی سڑک جاتی تھی،
جس کے دروازوں کا دروازوں پر سات کے وقت بہت روشنی ہوتی تھی۔

دہلی ہسپانیہ کا ایک شہر ہے ایک زمانے میں یہ بہت بڑا کعبہ تھا اور
مسلمانوں کے دور سے پندرہ ہسپانیہ کے بادشاہ کعبہ وقت اس وقت میں بھی
گزارتے تھے گویا یہ ان کا دور امر کی حکومت تھا۔ مسلمانوں نے ہسپانیہ کو فتح
کیا تو قرطبہ ہی کو دار الحکومت بنایا جب ہسپانیہ میں مہاجرین نے بادشاہی قائم
کی تو اس وقت قرطبہ کی عظمت کا نیا دور شروع ہوا وہ بہت تھوڑی مدت میں
نہ صرف ہسپانیہ بلکہ پورے کاسپ سے بڑا اور سب سے خوبصورت شہر بن گیا



Urfa Ahmed
Beaconhouse School Systems
Lahore

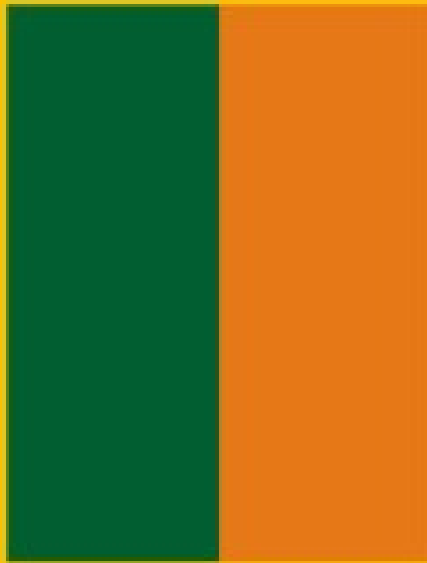
Cap'n Love

Blimey! Ye eyes me corsair,
Ye take me love and me prayer,
Alluring thrum of ye canorous heart,
That prevents us from break-in' apart.

Ye eyes azure as the sea can be,
This addle pate calls for ye to flee,
A place without the squall of pain,
A place with only us, me darling Jane.

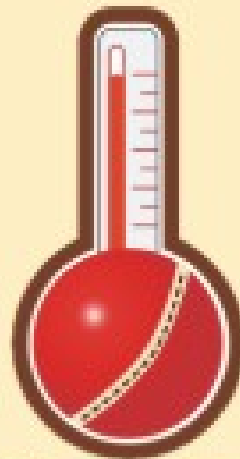
In me arms me loving lass,
Forever here until the souls would pass,
'Till t' shadows take us in,
Making endearment our only sin.

Gangway t' land where love's sin,
Piteous as it's always been,
Together we relish t' rum,
For our peregrination has just begun.



Information About Sri Lanka

- Sri Lanka is called an eye donor country.
- Sri Lanka pear shaped island lies off the south eastern coast of the Indian ...
- Sri Lanka land is similar in composition to southern India having heavy vegetation and the control region is hilly.
- Sri Lanka economy is based largely on agriculture, with over 75 percent of the population living in the rural areas.
- It's main products are rice, tea, rubber and coconuts, are also pressed and exported in large quantities.
- Textiles are also exported
- The goods imported by Sri Lanka are consumer goods, processed foods, drinks, daily use items, machinery and transport goods and petroleum.
- The highest peak in Sri Lanka is paturtalagala, 2518m.
- Sri Lanka was severely affected by the tsunami in the Indian Ocean in December 2004.



CRICKET FEVER

"Four! This time it's a lovely flowing on-drive and a hobbled Raina can't race the ball to the fence. The runs are flowing now. Last ball of the match Pakistan needs a four to win, Shahid Afridi is ready to hit the ball and here comes the ball, a tremendous hit by Shahid the ball is soaring and it's a SIX!"

This is one of those matches that no one can resist watching. The whole family gathers to watch in front of T.V, screenings go on in collages, people sit in cafes together, and people hear the commentary while coming back from work on radio. It's the thing that nobody can resist. It's Cricket!

Many people might think it is just a sport but no, it isn't just a bat and ball game played between two teams. It is the culture that unites everyone. It is a matter of dignity and respect for the citizens. Although cricket is not the official national sport in Pakistan, it begets much more excitement and a greater fan following than the official national sport, Hockey.

The most awaited match is always the Pakistan Vs.

India cricket rivalry. It continues on and on and a true Pakistani can never resist the urge to watch it. It glues the citizens in front of their television sets, nervously chipping their nails and praying for a win. The cricket fever isn't just a part of the male gender, females are as enthusiastic as the males and this fever keeps prevailing across the country. Cricket frenzy didn't just start now, it has been around for many years. Great cricketers such as Imran Khan, Shahid Afridi, Waseem Akram, Javed Mian Daad, Yonus Khan and the list goes on, have contributed to its popularity. There are some astonishing and mind-boggling world records held by Pakistan. Some of those overwhelming records are fastest century in ODI Cricket, Four International Hat-tricks, most wickets in a calendar year of ODIs, Fastest delivery bowled in International Cricket, furthest sixes and highest number of sixes and many more.

In the end, I would just like to say that if Pakistan is incomplete without cricket then cricket history is also incomplete without Pakistan, so keep calm and watch cricket.



عمدہ باتیں

ہر قدم پچھلے قدم سے زیادہ مشکل لیکن بلندی زیادہ ملتی ہے۔
 جلا آپ کو ورلڈ ٹریڈ سینٹر کی جہی کے بارے میں تو خبر ہوگی۔ تاریخ تھی
 09-11-2001۔ قرآن پاک کی ایک آیت میں عمارتوں کی جہی کا ذکر
 ہے۔ اور حیرت کی بات یہ کہ وہ قرآن پاک کے گیارویں پارے کی سورۃ
 نمبر 9 اور 110 آیت کا نمبر ہے، اور عمارت کی منزلیں بھی 110 تھیں جبکہ
 سورۃ توبہ کے کل الاٹا بھی 2001 ہیں اور اگر اللہ چاہتا تو یہ سب ہاتھ کسی
 اور سورۃ یا پارے میں بھی لکھ سکتا تھا۔

جلا حضرت ابن عباسؓ نے فرمایا: ”جہنم میں وہاں نامی ایک وادی ہے
 جسکی گری سے جہنم خود بھی پناہ مانگی ہے۔ اس میں وہ لوگ ڈالیں جائیں گے
 جس نے جانتے ہوئے بھی اپنی نماز کو دیر سے پڑھا۔“ سوچئے جس نے دیر
 سے پڑھا اس کو اس وادی میں ڈالا جائے گا اور جس نے نہ پڑھا اس کا کیا
 ہوگا؟
 جلا دنیا میں لوگوں کیلئے آسانیاں پیدا کر دتا کہ تمہارا رب قیامت کے دن
 تمہارے لیے آسانیاں پیدا کرے۔

جلا برائی کی مثال ایسی ہے جیسے پہاڑ سے نیچے اترنا، ایک قدم اٹھاؤ تو باقی
 خود ہی اٹھتے جائیں گے۔ اور نیکی کی مثال ایسی ہے جیسے پہاڑ کے اوپر چڑھنا،





Fahad Abdullah
The Punjab School System
Lahore

Do You Know



- Mona Lisa had no eye brows.
- Honey is the only food that doesn't spoil.
- A coconut is a seed.
- George Stephenson invented first steam engine.
- Hazrat Idrees (A.S) invented first needle.
- Dolphins sleep with one eye open.
- Camel can drink 130 liters of water in 10 minute.
- Norway is known as "the land of midnight sun"
- In North pole & South pole sun appears after 6 months.

Yes it is True:

- Slugs have four noses.
- Dragon fly has life span of 24 hours.
- A kangaroo can't jump if its tail is off the ground.
- Butter flies taste with their feet.
- Elephants are the only animal that can't jump.

Golden Qoutes



S. Abiha Arshad
Head Start School System
Karachi

The fruit of spirit is love, joy, peace, long suffering, gentleness, goodness, faith and temperance against these there is no law.

You should never be too busy to say "Please" and "Thankyou"

You are never a loser until you quit trying.

The hopeful man sees success where other see failure.

When you change your behavior, you change your performance, when you change your performance you change your life "We are what we choose to be"

Advice is something the wise don't need and the fools want take.

Admitting error cleans the score and proves you wiser than before.

Imagination is the highest kite one can fly.

Ask, and you will receive; seek and you will find; knock and the door will be open.

A human beings first responsibility is to shake hands with himself.

Difficulties are stepping stones to success.

Riddles



Anbalah Arif
Greenhouse School System
Karachi

1. What has a face and two hands but no arms and legs?
2. What word begins and ends with an 'e' but only has one letter?
3. What starts with 'P' ends with 'E' and has thousands of letters?
4. What begins with 'T' ends with 'T' and has 'T' in it?
5. I am tall when I am young and I am short when I am old what am I?
6. What travels around the world but stays in one spot?
7. What is the end of rainbow?
8. How do you make the number one disappear?

(A Clock)
(Envelop)
(Post office)
(Tea pot)
(Candle)
(Stamp)
(The letter 'W')
(Add letter 'G' and its gone)



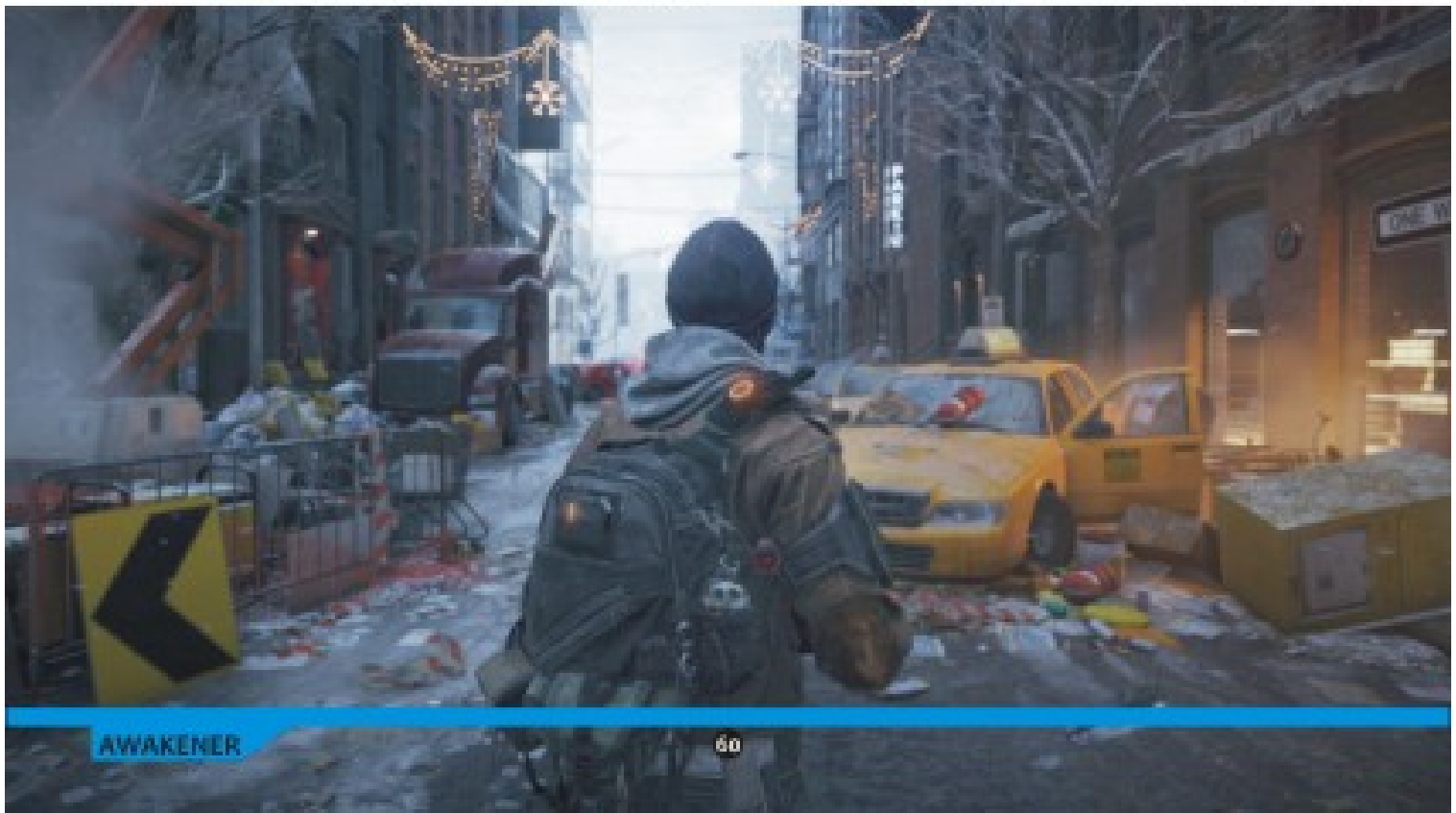
"What is PS4?"

- History of PS4.
 - Social features in PS4.
- What is PS4?

The PlayStation 4 (officially abbreviated as PS4), is a console from Sony Computer Entertainment., it

was launched on 15 November 2013, in North America, and 29 November 2013, in Europe and Australia. It competes with Nintendo's Wii U and Microsoft's Xbox One, as one of the eighth generation of video game consoles.

Moving away from the more complex Cell



Moving away from the more complex Cell architecture of its predecessor, the PlayStation 4 features a more familiar AMD x86-64 Accelerated Processing Unit, in hopes of attracting a broader range of developers and support for the system. The PlayStation 4's GPU can perform 1.843 teraflops, making it the world's most powerful games console. Sony intends more focus on social game-play, incorporating a "share" button on the new controller and enabling a view of in-game play streamed live from friends. The console enables interactivity with other services and devices through the following methods: PlayStation Now, a cloud-based gaming service that offers streaming video game content; PlayStation App, designed to enhance game-play by using smart phones and tablets as second; and PlayStation Vita's design for playing a majority of PlayStation 4 games through wireless Remote Play.

PS4 Specs

Main processor

"Single-chip custom processor

"CPU: low power x86-64 AMD

"Jaguar", 8 cores

"GPU: 1.84 TFLOPS, AMD Radeon™

Graphics Core Next engine

MemoryGDDR5 8GB

Hard Disk

DriveBuilt-in

Optical Drive

(Read only)"BD-6xCAV

"DVD-8xCAV

I/O Super-Speed USB (USB 3.0), AUX

Communication



"Ethernet (10BASE-T, 100BASE-TX, 1000BASE-T)

"IEEE 802.11 b/g/n

"Bluetooth® 2.1

(EDR)AV output"HDMI

"Digital Output (optical)

History of PS4.

According to lead architect Mark Cerny, development on Sony's eighth-generation video game console began as early as 2008 Less than two years earlier, the PlayStation 3 had launched after months of delays due to issues in production The delay placed Sony almost a year behind Microsoft's Xbox 360, which was already approaching 10 million units sold by the time the PS3 launched. PlayStation Europe CEO Jim Ryan said Sony wanted to avoid repeating the same mistake with PS3's successor.

Social Features in PS4

Sony is focused on "social" aspects as a major feature of the console. Although the PS4 has improved social functionality, the features are optional and can be disabled. Gamers have the option to use real names with friends, in addition to a nickname in other situations when anonymity is important game.

In the end

PS4 is modern technology, with facility of playing games in full HD, and many real effects, which entertains everyone. As every invention is both blessing and curse for world so it has many disadvantages too, it diverts attention of young boys and girls both so they negate to study.





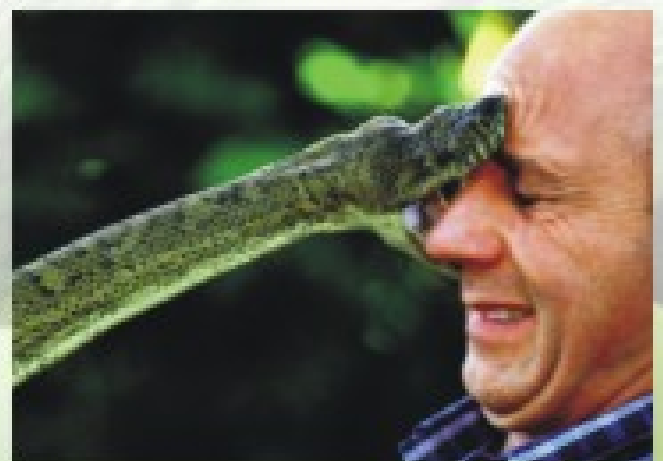
Seemal Sohail
Beachcroft School System
Kawalpindi



HOW TO RECOGNIZE A SNAKE BITE?

Snakes use two kinds of poison. One kind attacks the nervous system whereas the other kind causes pain and swelling. Cobra and some other snakes use nerve poison. Their bite isn't especially painful but after a while it becomes impossible to move then the victim can't breathe. That's because the poison goes to the nerves and the brain. When a

cobra bites, a person can die within ten minutes. The vipers use blood poison. Their bites are very painful and cause quick swelling. When the poison moves through the body the organs and different muscles are poisoned. Some cobras can also spit and it can cause permanent blindness.



FACTS

"Seas & Oceans"



Iqra Sarkhail
E.M.A. Girls School
Karachi

1. Oceans cover 70% of the earth's surface.
2. More than 90% of the planet's living biomass is found in the oceans.
3. Plastic waste kills up to one million sea birds 100,000 sea mammals and countless fish each year.
4. Forty % of the world's population lives within 60km of a coast.
5. Nearly 60% of the world's remaining reefs are at significant risk of being lost in the next three decades.

FACTS

of "Crabs" "Crab" Animals

1. A crab's teeth are in the stomach.
2. The crab's scientific name is "Callinectes sapidus", which means "beautiful swimmer".
3. An average crab lives for about three years.
4. Crabs are also called decapod. Decapod means 10 legs.
5. The biggest crab in Maryland, US was a male which measured nine inches.





ANGEL AND THE WOOD CUTTER

Once a wood cutter was cutting down a tree on the bank of a river. His axe slipped out of his hand and fell into the water. He began to cry as he was too poor to buy a new one. An angel appeared on the scene. The wood cutter asked for his help.

The Angel dived into the river and came out with a golden axe. But the wood cutter refused to take it. The angel dived again and brought a silver axe, but this too was refused by the wood cutter.

He dived for the third time. This time he brought an iron axe. The wood cutter accepted it very gladly. The Angel was very pleased with his honesty and gave him two more.

"Honesty is the best policy"





Minahil Fatima
Greenhouse School System
Rawalpindi

A Lesson Learned

Once there lived a very rich man named Saad. He lived in the biggest mansion of Europe. It happened so, that one day Saad was as usual having his five star breakfast, that suddenly the door bell rang. Saad was first astonished that who could it be so early. "He went to the door rather surprised to see a beggar standing in front of him." was what he was thinking. As he was kindhearted he let him in.

The poor beggar cried and said "Please help me" "Help me for god sake". Saad had good personality by which Saad has to be appreciated. For example: Friendly, caring, intelligent or not to be proud or selfish person. He gave charity and donated money to poor people. He donated things to people who were crippled. He was a poor man so he gave him three thousand and said "go". The

poor man said "Please you are a rich man, you have a huge mansion / Please give us a room to live". Oh god! Saad said "Ok". He did not ask their identity and gave them the room. He was a terrorist and next day he robbed the whole mansion.

The police force came and surrounded the whole mansion and said come with us but the man but the man was very clever, he put a gun on one of the officer's head and said "Let me go" so they let him go.

After one month the man was arrested and Saad became careful next time. Saad worked day and night and made a mansion again.

Message to us:

Do help others but think twice before taking any action or decision!



WORK AS CELEBRITY JOURNALIST

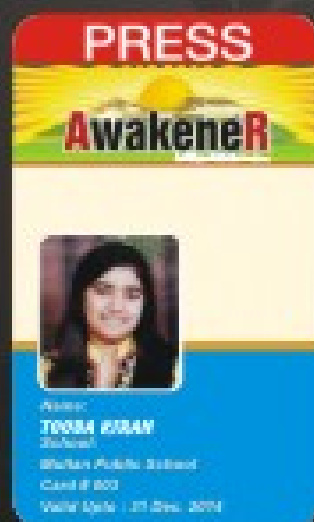
Do you want to become a Celebrity Journalist of
AWAKENER MAGAZINE



You can conduct interviews from movie and stage actors, musical artists, models and photographers, other notable people in the entertainment industry, as well as people who seek attention, such as politicians, entrepreneurs and journalists etc.

CORRESPONDENT

WORK AS CELEBRITY JOURNALIST



We will give full coverage in upcoming Awakener Magazine.
Please submit your interviews to Info@3npaktalent.com



Tooba Kiran
Multan Public School
Multan



UZAIR KHAN CHUGHTAI



Music - It has always been a soul-mate of a person. It makes our life undiminished. People who cherish music have always been eminent. Pakistan has a top-notch history of music. The most famous and illustrious singers belong to Pakistan. Those singers make us feel ceremonious. Pakistan music industry is blessed enough to be infused with new blood in the past few years. Uzair Khan Chughtai, a very talented and promising lyricist, vocalist, composer, hence a complete package is one of them.

Being born at 10 April 1988. His debut song, 'Ik Rat Hui Banaat Buhut' was a hefty hit which enabled his international fame. Limited singers have the ability to compose their own songs. Uzair is one of them. He is a

gem of person. Very down-to-earth. His first song was released in 2011. He was even revered by the world-wide famous singer: Bilal Saeed. Soon, their composition will also be released which is expected to be a massive hit.

Despite of the concerns raised by his family for opting music as a profession, he remained resolute and persistent. This can be evidenced by the fact that he has been working single mindedly for providing entertaining and theme oriented songs to his fans like, 'Ik Rat Hui, Ranjha Jogi, Sapna, Tera Intizar; a lot more is in pipeline.

Furthermore, it is said, "God helps those who help themselves"! Uzair strived even harder and now he got

his gift from God! 4 of his songs are released and all are fabulously sensational.

He is the only one from his family to enter the fold of music. But, everything is done in a disguise. As it goes, "The fruit of patience is luscious", he achieved his destination. Now, his 5th song known as "Nikki Nikki" will be released all over the world soon. As it can be seen from the name the it will be quite a hilarious song along with melodious music.

He is a social person and talks to his fans very comradely. I, as an individual, will definitely support the young aptitude of Pakistan. As Pakistan's talent has to be admired because the singers in Pakistan are of great talent.

Pakistani social media should encourage the hard work of youngsters. Uzair Khan Chughtai is a very melodious singer and Pakistan is so blessed to have him.

He has so much feeling within him that is waiting for expression. He knows full well that music is an expression of soul. It is not the mechanical thing that many people make it out to be. It is unfortunate that most music that exists today is merely mechanical and intended to be cheap and exploitative. Uzair Khan's music has unquestionably uplifted the spirit of listeners and players. That is why people always appreciate and adore his work which is very encouraging for him. His work will certainly pave a way of massive and huge international fame.

He, as an individual, is so humble that people always give his example as a role-model for us to follow. He is a great vocalist, a great lyricist and a great composer. In one of his interview he said, "I really don't like my music, even then, I try my level best to amuse my fans". This line said by him shows his bounty.

Q#1: What are your favorite colors?

Ans: White.

Q#2: Favorite food?

Ans: Barbeque.

Q#3: Favorite type of dressing?

Ans: Simple and decent type of dressing. Don't like funky dressing. Q#4: Favorite songs'(s)? Ans: I've many favorite songs. To tell one is very difficult: P

Q#5: Celebrity lady? Ans: Lady Gaga. Q#6: One who inspires you the most?

Ans: Critics inspire me the most to sing.

Q#7: Favorite perfume? Ans: Issi Myaki.

Pakistan is so blessed to have a talent like Uzair Khan Chughtai. Let's keep our fingers crossed, till a time when the youths like him have their day and are recognized as they deserve. Best of luck Uzair! To get his latest updates, you can also follow him on his face book page.

Link:<https://www.facebook.com/Uzair.Khan.Chughtai>





Hubbaan Rahim Shah
Beaconhouse School System
Karachi



Shan Abbas
Beaconhouse School System
Karachi



THE GIANT'S STEW

Once there was a giant named Jack. He lived in a forest, He was a very nice giant but all the animals thought that he is a very bad giant and he will eat us someday. Then one day he was making a carrot stew and all the animals were afraid. And when he finished making the stew and sat down on the chair. All the animals quickly ran to their houses. Then the giant thought eating alone is not fun. So he called all the animals to eat with him. The animals slowly came out from their houses and said "will you not eat us?" The giant said "No, I will not". Then the animals said, "We're sorry that we thought that you are a bad giant" "It's okay" the giant said. Then all the animals ate the stew and they all became friends. After that they all lived happily and friendly.

The Unhappy Bird

One sunny day Cheep (Bird) wants to make his nest but, he can't find dry leaves and sticks. Popy (Girl) looks at Cheep and wants to help. She goes to Mr. Tucker (Uncle) and tells him. He gets a big bin from the school and finds everything for Cheep. They together put all the things under a tree. Cheep was very happy that his nest was ready.



WORD SEARCH



Syed Khizar Alam
S.M. Public School
Karachi

X	Q	C	D	I	B	C	T	U	W	X	W
Z	U	V	C	D	U	D	C	A	Q	U	N
Z	X	Y	D	I	N	D	I	A	U	Z	V
E	A	S	I	A	R	D	T	K	H	U	Z
W	T	A	Z	P	O	U	N	D	A	N	D
P	C	J	G	U	O	R	S	E	Y	I	U
A	U	C	B	R	A	O	U	U	Z	O	A
K	G	E	U	A	O	U	N	L	U	C	C
W	U	G	X	L	U	D	I	B	B	D	U
H	A	N	D	L	N	D	U	A	C	U	D
I	D	W	A	O	U	C	T	E	N	A	A
T	E	X	X	D	W	A	B	U	R	U	C
E	F	Z	P	D	A	N	W	D	T	T	T

White
India
Dollar
Coin
Pound
Asia
Hand
Blue



The Lucky Couple

Once there lived and simran they were very poor and they had to starve many a time But they had one great treasure which was their faith and trust in God. Daily they used to visit the temple, both in the morning and in the evening. The neighbors wondered what the couple could be asking God for so regularly. But the poor couple did not ask the Lord for anything at all. They were happy with what they had.

One day the Lord decided to test their devotion. He sent an angle as a tired and hungry traveler at their doorstep The couple had just down for their simple meal of bread and butter milk .They happily shared their small meal with the tired traveler

.After the meal, the curious traveler asked them, "If you were to get some money, would you like to have it in your youth or in your old age?"

Karan replied, "I do not want riches t all. But if God so wishes I would prefer it in my old age. When young, we are hale and hearty. We can work and earn money for our living. But in old age we are not strong enough, and have to depend on others for our food and clothing"

The Lord was very much impressed by their devotion. He blessed them with enough money and clothes and they lived comfortably, still devoted to God.



Nimra Mulheem
Beacroft House School System
Lahore

The Graveyard

Every day, while coming back home from my college, I drive past a deserted graveyard. I never had a chance to stop near that desolated area but what happened just a few weeks back was enough to scare me to death. From that day forth, I never took the same route to reach back home.

It was just another normal day. I was going back home from college when blackness started creeping all over the crystal clear sky. It seemed as though it was going to rain heavily. I raced to my car and headed off in the direction of my home. The moment I moved out of the college premises, it began to rain heavily. The weather started to get worse every minute. Thunder roared as though it ruled the sky.

As per my routine, I was crossing the graveyard when my car began producing strange clattering

sounds. Opening the bonnet, I noticed that water had gone into the engine. I tried to call my brother, so that he could come to pick me up, and that's when I saw that the battery of my phone had exhausted. Instead of getting soaked in the rain, I got back in my car. Time seemed to pass really slowly. Not many people used this route so there was very little hope for me to get a lift. All I could do was just sit and wait. I tried not to look at the graveyard as the dead corpses in the dismal graves gave me goose bumps.

A high-pitched hoot made me look in the direction of those graves. When I moved my head, I noticed an owl, perched on a branch, making those noises, and that's when I saw a girl, aged not more than 22, dressed in white, rambling through the graves. She looked lost and scared. I could see the rain

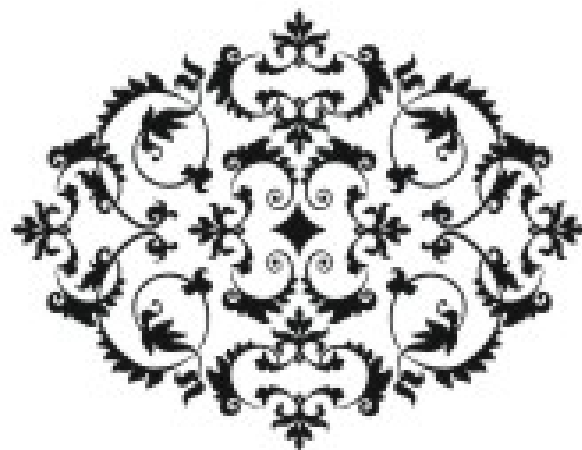
trickling down her beautiful face. I stepped out of the car, opened my umbrella and called out for her, "Excuse me, are you lost?" Seeing me come near her, she began to move in a totally opposite direction, towards the end of the graveyard.

I could hear the squelching sound of her shoes as she waded through the thick mud. There was an old damp cottage at the end of the graveyard in which the girl entered and disappeared. I became worried, but what petrified me greatly was a weak, old and croaky voice saying, "Come in my dear girl." My heart started palpitating. I couldn't see anyone, then how come that old woman had seen me? "I can see everything through my magic crystal ball," she replied. It seemed as though that woman could read my thoughts as well. I realized that this woman might be practicing witch-craft. Without wasting a single second, I sprinted towards my car. I could hear that old hag laughing hysterically behind my back.

I rushed past the graves and the trees. I felt as though that girl was chasing me. Suddenly, a feeling of chill ran through my spine. I could feel

her heavy moist breath on my neck. Stepping out of the graveyard, I could see my brother's car parked right beside my car, but only he wasn't there in it. Once again, I looked back towards the graveyard, to make sure if she was still there or not, but to my astonishment she wasn't. She had vanished into thin air as though by magic. By now it had stopped raining and the graveyard was now wrapped in a thick layer of mist. While I was still trying to figure out where that girl had gone, a hand patted me on the shoulder. Startled, I jumped and let out a shriek. It was Nathan, my brother, who was asking me where I had been as he had seen my car empty. My mind was in a state of shock, so without answering his question I just told him to take me back home.

Stepping in his car, I began shivering, as I could see that same girl through the rear-view mirror of the car, grinning at me wickedly. Worried, Nathan asked me, if I was okay? "Ye...yes, yes," I said stammering. From that day onward, I never went through that gloomy, desolated area ever again.





Fariha Inan
The City School
Karachi

Why am I Sad?

I am sad because my brother is bad
What is the use of being glad?
I work all day and get scolded in house
I squeeze myself in the corner like a mouse
I get scolded and shouted at.
Do they think I am a fool and I'm all bad?
I shine and alone and I'm full outside
Everything I touch bites and bites
Why am I like that?
If you know please tell me



“JUST THE WAY YOU ARE”

WORD SEARCH

A H E B A M A Z I N G H C U S N
E A E S W R E V E N P E A C E B
G R A C E E V A T H I N K N I R
N M T I S G N I I O G D E R A E
E O W E O R H U M B L E E H W E
D N N A M D E N E R A A E C L Z
E Y V B E A H E W T A R H O W E
L T U E O C O M P L I M E N T S
A B A A K Y N A I V H E T T I S
U A N U O C I G T I C N E E N N
G O C T Y L L I I V L T G N N W
H I N I E E T C D I G N I T Y H
I H G F I L N A E D D N A E L I
N A T U R A L L B I D E R C N S
G B A L A N C E I T S O M E H P
T N T R A N Q U I L I T Y E E E
B S A W H I T E L I G H T H S R
I H T S P A H R E W H O O S H P

Amazing
Awesome
Balance
Be
Beautiful
breezes
Compliments
Content
Cycle
Dignity
Endearment
Grace
Harmony
Humble
Laughing
Magical
Natural
Peace
Time
Tranquility
Vivid
Whisper
White light
Whoosh

The Donkey

The Little Dog

A man had a little dog, and he was very fond of it. He would pat its head, and take it on his knee, and talk to it. Then he would give it little bits of food from his own plate.

A donkey looked in at the window and saw the man and the dog.

"Why does he not make a pet of me?" said the donkey. "It is not fair. I work hard, and the dog only wags its tail, and barks, and jumps on its master's knee. It is not fair."

Then the donkey said to himself, "If I do what the dog does, he may make a pet of me."

So the donkey ran into the room. It brayed as loudly as it could. It wagged its tail so hard that it knocked over a jar on the table. Then it tried to jump on to its master's knee.

The master thought the donkey was mad, and he shouted, "Help! Help!" Men came running in with sticks, and they beat the donkey till it ran out of the house, and they drove it back to the field.

"I only did what the dog does," said the donkey, "and yet they make a pet of the dog, and they beat me with sticks. It is not fair."



Steeforth Joseph

I had been told off and on that my birth was a very unlucky one. My mother, Sophia, had always been weak in mind and body and so died immediately after giving birth to me. I wasn't happy that I had to take my mother's life to give myself one but my father, Joseph and my Aunt Betty, felt that I was nothing but a bad omen. They were not my real aunt and father. My mother had remarried after the death of my father only a few months after their marriage. So now, I stand before you, Steeforth Joseph, as one who suffered a lot in his life.

My childhood was not filled with happy memories of frolicking in the garden or playing with my friends. Instead I was imprisoned at home and day after day passed while I longed for the world outside. I knew from the beginning that I could only expect neglect from my father and so made no effort for his affection. My aunt, on the other hand, paid too much attention to me. Every day, I was forced to memorize a book and when I faltered during the recital, that book would be added to my pile of failures which had grown quite large during the past few weeks.

At such times, the only comfort I had were the books that my late father had left for me. I read

them again and again trying to escape from the harsh reality. Days and weeks and months passed in that stuffy little house with no sign of me being released from my imprisonment but then their came a faithful day when I finally heard something other than an insult come out of my Aunt's mouth. She informed me with much glee that I would be going to a boarding house from now on. I could see by her face that she was as happy with this arrangement as me. I quickly packed what little things I owned and set out on a journey towards a new life.

When I reached my destination, I could see that the school was a very old and worn down building but for the twelve year old me, at that time anything was better than my own home. I soon got accustomed to my life at the boarding school. I made wonderful friends with whom I could share my feelings and enjoy talking to my heart's content. Even though I had everything I could wish for, sometimes I felt that something much more horrifying was soon going to happen.

One dreadful day, I was summoned to the Headmaster's office, saying that my father had come to visit me. This was a peculiar thing as my father had never even greeted me but now I

suddenly received a visit from him. Somewhere in my heart, I had an ill-foreboding that I was going to be called back home so I quickly took a little sob before I entered the office. As I entered the room, I saw what I hated the most. My father was sitting in a chair, banging the table with his feet; his face flushed due to excitement. He ran towards me and said, "Oh Steeforth! How nice to see you my son. Oh my! How you've grown. Let's go home. I have a cab waiting outside." "Bu-but father, what about my school?" I stammered. My father looked irritated at my question or so it seemed and said nothing but, "You don't need to worry your little head off on such things. I have taken care of everything."

I quickly obeyed for the fear of getting beaten and soon found myself in an unknown place. My father and the driver got off the cab, leaving me behind

tied up in ropes. I struggled to get out but was unsuccessful. My father snarled and said, "Poor, poor child! No use wriggling about. Yesterday, I found a document in your mother's drawer saying that if she died, the whole property would go to you. What a joke. As if I'd let that happen. Now you stay here while I enjoy a fortune."

After a long time, the house of Mr. Joseph was visited by someone. One by one, each family member went to Mr. Joseph and told him how sorry they felt that their thirteen year old son had died when the cab crashed into a tree. Mr. Joseph frowned, his eyes welling up with tears but inside he was laughing. He did not feel guilty but instead he rejoiced in the innermost parts of his heart on the fortune that he had earned by killing little Steeforth Joseph.

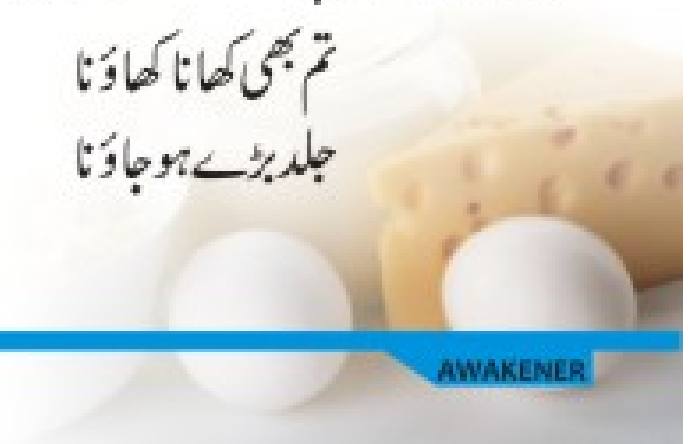
مُنے تم بھی کھاؤنا



سُتّا چھوٹا چھوٹا ہے
بلا موٹا موٹا ہے
کو اکتنا پیاسا ہے
طوطا پیڑ پہ بیٹھا ہے
چڑیا ننھی منی ہے
مُتار و تاز زیادہ ہے
مُنے سن لو بات مری
کھانا زندہ رکھتا ہے

اپنا کھانا کھاتا ہے
ڈٹ کے کھانا کھاتا ہے
تل سے پانی پیتا ہے
میٹھا سیب کترتا ہے
دانہ دتکا چگلتی ہے
کھانا کم کم کھاتا ہے
طاقت کا ہے راز یہی
صحت اچھی کرتا ہے

تم بھی کھانا کھاؤنا
جلد بڑے ہو جاؤنا



Horror Story

I was almost over with my after-school detention. The teacher overlooking me had left in an emergency and I was left alone in the school building at the mercy of the guards at the gate.

I was tired to the limit and I started to pack my things. Just then, I heard the locker slam. I froze in my position for I knew I was alone. Then the lights flickered and again I heard another slam. It felt as if the chunk of metal had pierced my stomach as I tried to figure out what was going on. Finally, I heard them; loud, clear and definitely there...footsteps.

It was then that I started running as far as my jelly legs could take me. Running as fast as a tired body could, I hit a dead end at the end of the corridor. I turned in another direction and the fraction of my senses that worked took me inside a classroom. I slammed the door shut and locked it as I heard the footsteps getting closer. I realized that I was trapped and so I waited either for help or death.

I was lost in plotting a plan on how to escape when the doorknob started to turn. My stomach knotted with dread as I screamed.

"Stop screaming. It is me," said Janitor McGill.

I stopped immediately, trying to pull a brave face over my embarrassment.

"I thought I was alone ... I heard noises." My voice dimmed with each word.

Janitor McGill chuckled, "Detentions can drive you

batty, eh?"

He told me, while we made our way to the exit, that he was on a leave but he returned anyway and had told the guards to get some dinner. He had told them that I won't be left alone, now that he was here. He also said that he had a hard time finding me.

As I thanked him, I noticed that he had warm brown eyes and an affectionate smile. He waved me goodbye as I turned to leave and went out through the gate.

But without any reason, almost driven by an impulse, I turned around. Janitor McGill was still waving at me from the front door but there was someone else on the school terrace. I peered closely... I felt the tension rise in my legs as I decided whether to run or stand. My throat became dry as I tried to build a decent scream and chills ran down my spine.

It was the same man. The one on the terrace and the one on the ground. The one on the terrace and the one on the ground. The same expression plastered on their faces and waving in the same rhythm. The smile that had appeared affectionate was a curled up smirk. The eyes radiated coldness and the hands moved like a pendulum telling me my time had come. The last thing I remember was a falling sensation and then blackout.

A Beautiful Day

One day I saw the sky,
and also the butterfly,
what a day was that,
I thought that was just my
I thought it was not a dream,
but as the time pass it seam,
not anything like that,
so I ate ice cream.
The birds tweet,
oh how sweet,
now I saw that,
all the birds meet.
Oh the flowers were singing,
and the clock was ringing,
it was a dream,
and no body was singing.





Ayla Ahmed Syed
Beachcroft School System
Rawalpindi

HOPE

Leads To Reward

Many years ago, in an old village lived two sisters who were very different from one another. One was named "Sally" who never smiled, never worked but always taunted her sister "Kenny". Kenny was the youngest but very sweet, caring and a hard working girl.

One day, a hard storm struck them and they mysteriously ran out of food. The girls were devastated and could only HOPE for things to get any better. But Sally refused and asked in anger, "Why do you be such a baby. Most importantly why do you even HOPE." But Kenny didn't reply.

In the morning, Kenny rushed to the woods crying and met a beautiful Swan by the lake which could actually talk. Kenny sat down by the magical Swan and asked, "Oh dear! What should I do, we ran out of food". The Swan gave her a magical key and said,

"Cut some woods and sell them in the market. The money you earn, give it to me and throw the key in the pond".

Kenny rushed to her home and bought her saw to cut woods. Then she sold them in the market and bought the money to the Swan and threw the key in the pond. Suddenly the Swan turned into a beautiful fairy and said, "Well-done, this was a test and you've done very well". And the water started to glow and a luxurious house appeared from the water. The fairy then added a bit more, "This house will protect you from evil and that [Never lose hope]".

Soon Kenny settled in that house. Sally begged to come but she ended up in that old house and she had to work hard to live with her sister. Truly, hope and hard work really do bring reward.



Komal Tahir
Gracehouse School System
Rawalpindi

MOMENTS

How quickly time goes
You were just a toddler few days ago
The tiny bangles you wore
I know how you got them on shore
I still remember the way you cried

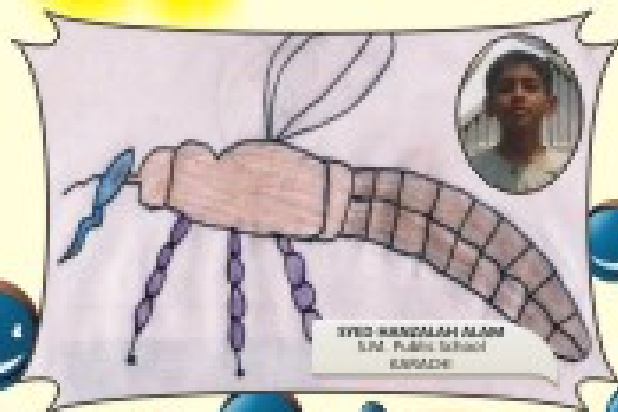
When you were unable to play 'seek and hide'
How beautiful was that night
We all went to see the lights
Between the city's outskirts
You got scared by the fireworks

And started crying with a loud voice
So I bought you an ice-cream cup
Now that you are a grown-up
You have forgotten what we did together
However, I'll always treasure them forever!

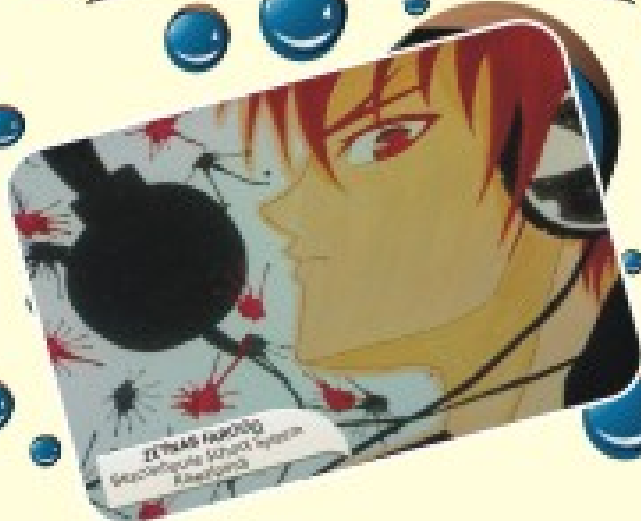
Water Color



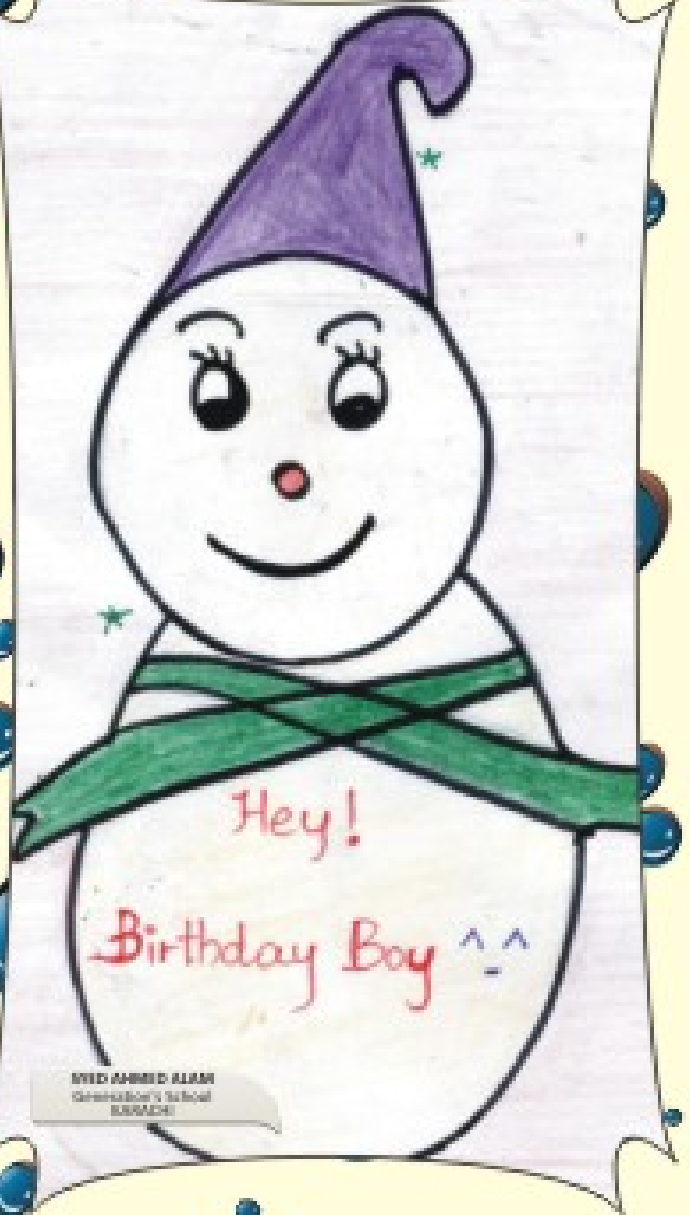
SELAMA FURNA
KIB OTI KONGKA, KRAMARAO



EYED KANDAMAH ALAM
S.M. Public School
KRAMARAO



ZETIAN HAROOG
Sriwijaya School System
KRAMARAO



EYED AMRUD ALAM
Gresik's School
KRAMARAO



SARA DUA,
DAR-U-BILADIN SCHOOL, LAHORE

Sara Dua - 6 (B)



JYESHA KHAN
International School System
KARACHI



MEERA
THE CITY SCHOOL
KARACHI



Rubina Iftikhar
National Grammar School
Lahore

Health

A Gift from Allah!

Preventions are must for a healthy life. When you fall ill, you not only feel discomfort but also become unable to perform daily chores. Even it makes difficult for you to walk. Being ill also costs you to much money. So it is better to adopt certain preventions to avoid prescription. Here are some ways for you to stay healthy:

Defeat Germs:

Hands should be washed before and after a meal and after being in contact with animals. The duration of washing should be at least 20 seconds.

Adopt frequent bathing:

Our skin helps encounter many chemicals germs and bacteria while you perform daily activities. Bathing washes away dirt and gives you a soothing sensation.

Benefits of exercise:

Exercising improves our blood circulatory system and keeps us fit. Obese people can reduce their weight since exercise includes burning of body

fats.

Value your eyes:

Vitamin A and C are very good for your eyes. Sitting continuously in front of the T.V, laptop or iPods will badly affect your eyes. Keep at least 3-4 feet distance while watching television.

Care for your oral health:


Brushing your teeth at least twice a day will keep cavities away. Eating less surgery foods will avoid visiting the dentist's clinics.

Make your bones strong:

Drinking 2 glasses of milk daily will improve the conditions of the bones and make you healthier. Calcium is vital to make them strong which are found in milk, orange juice etc.

Eat healthy:

A balanced diet is essential fro good health. The food must be well cooked before we eat it. Drinking boiled water protects against many diseases.



Cavities

Hiba Zubair
Generation's School
Karachi

Chocolates, candies and lollipop, are enough to make a young one mouth watered about. I am sure you might be aware of them; after all they are so piquant, luscious and palatable to eat.

I vividly remember those days when I tip toed in the bright hot sunny afternoon to refrigerator and quietly grab a handful of chocolates and devoured them all in one gulp.

By a study it is proven that more than 90 percent of the world population loves to eat chocolates and candies specially the young one, who find them eating, more salient, than having a proper meal. Apart from all this, have you ever ponder why dentists not recommend eating too much of chocolates, because it can cause cavities in your teeth. People take cavities very lightly but they aren't aware of the painful procedures and the damage done due to cavity. After all who wants to waste their money by giving expensive fees to the dentist? So I'll ease your task and share some home remedies which will prevent cavities.

(1) CONSUMPTION ONION AND GARLIC

Both garlic and onions are anti-fungal and anti-bacterial in nature. Consuming them regularly keeps a command against cavities. For instant effects you may take a slice of onion and keep it near the painful tooth. Make a paste with garlic and rock salt and apply it on your teeth as garlic releases a chemical allicin which provides strength to the teeth and prevents cavities

(2) USE WARM WATER FOR CLEANING TEETH

Bacteria in mouth are temperature sensitive hence, using warm water during brushing or even drinking warm water prevents bacteria from growing. The entire mouth must be cleaned thoroughly, including the affected areas. Holding warm salt water in your mouth over the infected tooth will also help in reducing the pain experienced by cavities.

(3) USE LEMON WITH ASAFOETIDA

Cavity pain can be eased by chewing a lemon slice. The other alternative is mixing asafoetida powder in lemon juice. Make a paste of this. Now, soak cotton in slightly heated mixture and mop your teeth with it especially the cavity part. This will bring instant relief to your painful cavities.

(4) GARGLE WITH SALT WATER

The benefits of gargling are not appreciated by most people. When you gargle frequently, you maintain a good oral hygiene. Gargling also helps in knocking off the foul breathe and kills bacteria in mouth and throat. People suffering from cavities should regularly gargle with salt water, at least 3 times a day

(5) WHEAT GRASS JUICE

Wheat grass has many medicinal properties. Drinking its juice is good for oral health and it also helps in reducing pain. Cavities are a breeding ground for bacteria, and you must restrict the growth of bacteria to solve your cavity problems. Consuming wheat grass juice helps in reducing the growth of bacteria

(6) USE A FLUORIDE BASED TOOTHPASTE

Fluoride provides strength to the enamel which keeps it from getting corroded and ultimately saves you from further problems. You must use a fluoride based toothpaste or mouthwash to protect your teeth from cavities. There are some toothpaste which have both fluoride as well as clove oil. This is the ideal toothpaste which you must use to deal with cavities. Cavities can be caused by a variety of reasons including poor oral hygiene, unhealthy diet and poor eating habits. Therefore in addition to following the above home remedies, you must also remember to eat the right food and maintain proper oral hygiene to deal with cavities.



SANIYA MUBASHER
Beaconhouse School System
Rawalpindi

SAY NO TO TOBACCO!

World No Tobacco Day (WNTD) is observed around the world every year on May 31. This day is observed in Schools also, poster making competition, speeches and articles regarding No Tobacco Day has been arranged. Here are some disadvantages of smoking:-

HEALTH EFFECTS OF TOBACCO SMOKING:

It is a known fact that tobacco smoking has many disadvantages. Medical research has found that smoking is a major factor for developing several health problems such as lung cancer, emphysema and cardiovascular disease.

EYES:

It is proven that different chemicals in tobacco can cause damage to the macula, which represents the most sensitive part of the retina. Digestive system Smoking is a risk factor for all cancers associated with the larynx, oral cavity and esophagus. There is no doubt that heavy smokers have laryngeal cancer mortality risks 20 to 30 times greater than non-smokers.

HEART AND CIRCULATION:

The two main effects smoking has on the heart and circulation are: o an increase in your heartbeat rate, o a sharp rise in blood pressure

LUNGS:

There is no doubt that the tar content of the cigarette smoke directly damages the cells in the airways of the lung. This can eventually cause cancer of the lung or larynx.

LIVER AND PANCREAS:

Almost half of all the bladder and kidney cancers in men are caused by smoking.

Beside the fact that smoking causes damage to the health, it can be a very expensive habit! Smoking a pack of cigarettes a day can cost up to Rs 40 to Rs 150 or depend on the country you live in. In spite buying a pack of cigarettes you can buy fruits, vegetables, for your children, or buy things you need.



NAUGHTY CHOCOLATE

Naughty chocolate, dirty teeth
More calories, lead physique

Wastage of money without honey
Do not insist for this to mummy

Naughty chocolate does not suit
Leave this food and eat fruits

Do not try more to eat its crunchy
Otherwise it will give you an unhealthy punch

How to make a Sandwich?



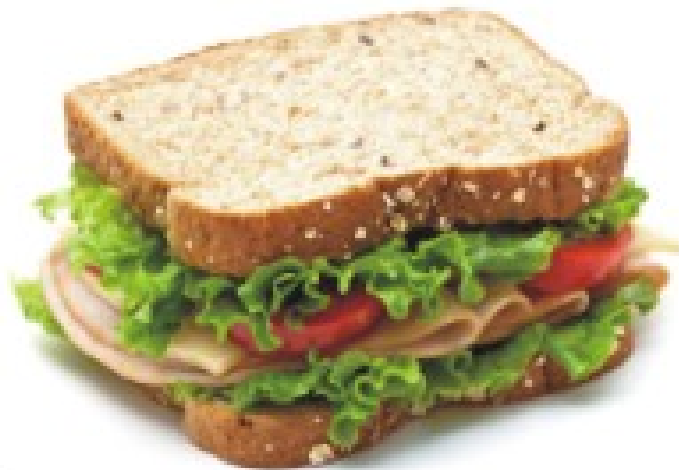
Eruj Rehman
Gracehouse School System
Karachi

Ingredients/ Equipments:

- *1 Bowl
- *1 Plate
- *1 Knife
- *1 Fork
- *1 pack of bread
- *2 boiled eggs
- *4 pieces of chicken
- *Butter
- *Mayonnaise
- *Salt
- *Pepper

Method:

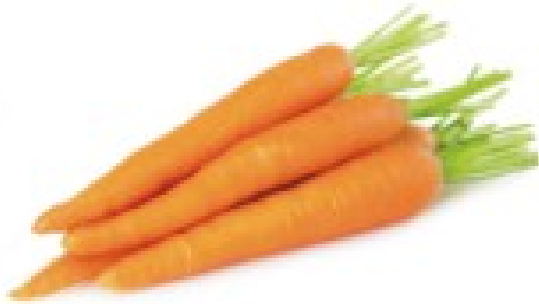
- *First, take a bowl.
- *Take a knife and fork.
- *Take 2 slices of bread.
- *Shred chicken in the bowl.
- *Add boiled eggs, butter and mayonnaise.
- *Now add salt and pepper according to the required taste.
- *Mix everything with the help of fork.
- *Put the mixture on the slices of bread.
- *Finally, your sandwich will be ready.
- *Keep nicely on a plate and cut diagonally.
- *Serve with hot tea.





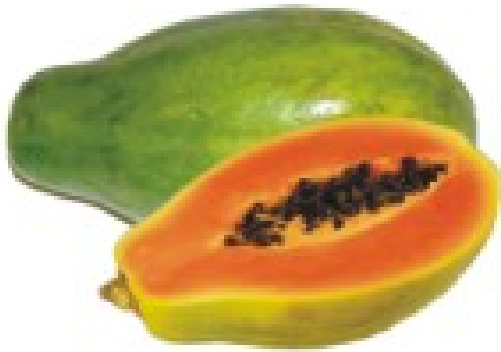
صحت

گاجر جلد کو خوبصورت بناتی ہے



ماہرین کا کہنا ہے کہ جلد خوبصورت اور دلکش رکھنا ہے تو گاجروں کا خوب استعمال کریں۔ ماہرین کے مطابق گاجر کا استعمال آنکھ اور جلد کے لئے مفید ہے۔ گاجر میں وٹامن اے کی بڑی مقدار میں ہوتا ہے جو جلد کی بیرونی تہہ میں غلیبوں کو بڑھنے سے روکتا ہے۔ ماہرین کے مطابق وٹامن اے جلد میں کیلرس کے غلیبوں کی افزائش کم کرنے میں بے حد مفید ہے۔ اس لئے ضروری ہے کہ گاجر کو اپنی روزمرہ خوراک میں شامل کیا جائے۔

پپیتا وزن کم کرنے میں مفید ہے



اگر آپ اپنا وزن کم کرنا چاہتے ہیں تو پپیتا کھائیں اور وزن گھٹائیں۔ طبی ماہرین کا کہنا ہے کہ پپیتے میں کیلوریز کی نہایت کم مقدار پائی جاتی ہے۔ ماہرین کے مطابق پپیتے میں پائی جانے والی وٹامن سی اور ای پیٹ کے امراض اور جلد کے کیل مہاسوں کا دور کرنے میں مدد فراہم کرتی ہیں۔

اسٹرابیری کا استعمال جلد کی دلکشی اور چمک میں اضافہ کرتا ہے



بچاؤ کی ٹیکہ اسٹرابیری کا استعمال جلد کی قدرتی دلکشی اور چمک میں اضافہ کرتا ہے، برطانوی تحقیق کے مطابق اسٹرابیری میں پائے جانے والے اجزاء انسانی جسم میں موجود زائیکو پیکٹائی کو شرم کرنے کا باعث بنتی ہیں۔ ساتھ ہی اس میں موجود فائبر کیلوریز کنٹرول کرنے میں مددگار ثابت ہوتی ہیں۔ اسٹرابیری کا باقاعدہ استعمال یادداشت بہتر بنا سکتا ہے۔

JOKES



- A patient with low sugar goes to a doctor for advice. The doctor gives him medicine and advises him to check his sugar daily. He every morning opens his sugar jar and after seeing it puts it back in the kitchen. One day a guest came to his house and saw him opening the jar and closing it. The guest asked him why he was doing that? The man replies that the doctor has advised him to check his sugar daily.

- **Student's classification by age**

1st to 3rd class: Hey! I studied everything for exam.
4th to 6th class: Hey! That question was very hard so I leave only that question.
7th to 10th class: Hey! Read only important questions.
11th class: I think four chapters are enough to get pass.
12th class: Which paper do we have tomorrow?
University: you fool, why you not told me that we have an exam to take today. I don't even have a pen.

- **University Drive**

It had been snowing for hours when an announcement came over the high school intercom: Will the students who are parked on University drive please move their cars so that we may begin plowing.
Twenty minutes later there was another announcement:
Will the twelve hundred students who went to move 26 cars, return to class.

- **Wrong way**

As a senior citizen was driving down the freeway, his car phone rang.
Answering, he heard his wife's voice urgently warning him, "Herman, I just heard on the news that there's a car going the wrong way on highway 401. Please be careful! Darn!" said Herman, "it's not just one car. It's hundreds of them!"

نہا ایک صاحب سبزی خریدنے گئے۔

سبزی فروش ان کی جانب متوجہ ہونے کے بجائے مسلسل سبزیوں پر پانی چھڑکتا رہا۔

تھوڑی دیر گزرنے کے بعد وہ صاحب ٹھسے سے بولے۔ سب سبزیاں ہوش میں آ جائیں تو ایک ٹکڑا کر ٹیلے سے دینا۔

نہا ایک پاگل نے دوسرے پاگل سے کہا:

میں بھجن میں جینا پاکستان سے گر گیا تھا، دوسرے پاگل نے پوچھا، تو پھر تم زخمی رہے یا مر گئے؟
پاگل بولا: مجھے کج طرح یاد نہیں اس وقت میں بہت چھوٹا تھا۔

نہا ماں (بیٹے سے) جلدی! تھوڑا لڑا گیا ہے بیٹا۔

ماں: لڑنا کیسے آ گیا میں تو دروازہ بند کر کے سویا تھا۔

نہا راجیل نے راوی سے پوچھا: راوی! ماں آپ جینک کیوں لگاتی ہیں؟

راوی! ماں نے جواب دیا جینا: اس سے ہر چیز بڑی اٹھرتی ہے۔

تو پھر آپ مجھے مضامنی دیتے وقت جینک اتار لیا کریں۔

GET A DREAM TO MAKE IT COME TRUE



Danish Kamran
The Fahim School System
Karachi

How the hell people become successful and why can't everyone be successful? Why only one student from the class comprising thirty-five students gets the top position? Why all and sundry is not rich and the proportion of poor is too high? Have you ever bear in mind it or still thinking about it, or just overlooked this fact? Everyone wants to figure out the logic executing in background. Are you thinking that it depends on Luck? If yes, then you are in great illusion because it is not the game of luck. According to a legend, "Luck comes before hard work, just in the dictionary"

Yes, striving hard is the fact. This sentence seems quite traditional, and now ineffective. Exactly, that's the matter that today's youth do not understand this traditional saying according to its context, that's why it seems ineffective to them. The continuation will explain some primary steps to be taken to be successful in goal accomplishment.

Firstly, set your target and be firm on it. Firmness is the first step in the history of success. Set your success criteria as it varies with mindsets. Everyone possesses a different perception regarding success. One person studies with the

objective to get the degree to earn high, while other in the same field would probably study in order to leave the world a bit better by means of serving the humanity. Have a look around successful personalities and you would get to know only a few ones having same success criteria. Secondly, train your brain to get acquainted with what you know as failure. It is the strategic contribution to success. Failure of one time would be the success of the other time. Don't get exasperated by criticism; keep rotating your angle of vision according to the development which best outfits it.

Thirdly, plan your measures to approach the success. If to you, success is to transform yourself into a influential political personality, have a start with social work, have sits with the public and try to influence them by your character. Don't get clutched by misconception of miracle to come about. Opt for remedy instead of prayers.

Lastly, keep trying the world is not going to end. Failure is the process of being successful, embrace failure. If you accomplish one target seek for the other one. After all, the human wishes are never-ending.

SURE SUCCESS CENTRE

CHANGE YOUR LIFE FOREVER...

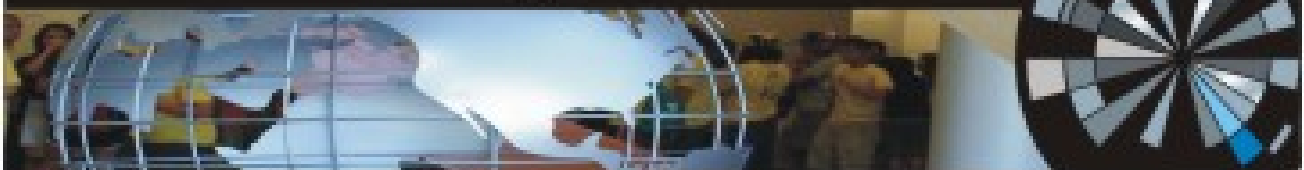
- IELTS / TOEFL
- GMAT / LMAT
- GRE / GAT / LGAT
- SAT / LSAT
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- A/O LEVEL ENGLISH
- BUSINESS ENGLISH
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From the team at 3P Learning, Australia



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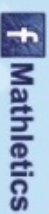
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- بچوں اور بڑوں کے لئے یکساں مفید
- اس میں شائل کنڈیشنر بالوں کو نرم و ملائم اور خوبصورت بناتا ہے